

The following **Community Groups** serve the City of Lakewood and offer a variety of volunteer opportunities for adults and/or youth.

**Boy Scouts 562-427-0911**

Volunteers are trained to help in the office and serve as scout troop leaders. Website: [longbeachbsa.org](http://longbeachbsa.org)

**Campfire 562-421-2725**

Adult volunteers work with students from grades K-12 mentoring boys and girls who participate in activities, community service, camping, and homemaking. Website: [campfirelb.org](http://campfirelb.org)

**Friends of the Lakewood Libraries**

This organization benefits Lakewood's libraries. Volunteers work in the bookstore, conduct twice-yearly book sales, and assist with other library special events. For information contact Margene Stevens at 562-714-2815.

Website: [lakewoodlibraryfriends.org](http://lakewoodlibraryfriends.org)

**Food Finders 562-283-1400**

Food Finders is a food recovery program that collects food and distributes it to local pantries. Volunteers are needed to pick up, deliver and sort and pack food.

Website: [foodfinders.org](http://foodfinders.org)

**Girl Scouts 562-421-8456**

Girl Scout volunteers lead troops, organize activities for girls, and meet new friends, all while making a difference for today's girls. Volunteer positions available include troop leaders, council volunteers, trainers, and board members.

Website: [girlscoutsla.org](http://girlscoutsla.org)



**Meals on Wheels of Long Beach 562-439-5000**

Volunteers are needed to assist as a driver or friendly visitor delivering meals to homebound Lakewood clients. Food packers are also needed at the kitchen in Long Beach.

Website: [mowlb.org](http://mowlb.org)

**Lakewood Little League, ASA Girls Fastpitch, AYSO Soccer, & Pop Warner**

Youth sports organizations need volunteers as coaches, board members, and to assist with fundraising events. Call 562-866-9771, ext. 2408 for specific contact information.

**Lakewood Regional Medical Center 562-602-5014**

Volunteers assist the hospital with or without patient interaction. Assignments vary according to immediate needs of the medical center. Must be 16 or older to volunteer. Contact Liz Chavez.

Website: [lakewoodregional.com](http://lakewoodregional.com)

**Ombudsman Program 562-925-2346**

Volunteers are trained to protect the rights of residents in nursing homes and other facilities that serve adults. They investigate resident complaints and assist in creating solutions.

Website: [wiseombudsman.org](http://wiseombudsman.org)

**Pathways Volunteer Hospice 562-531-3031**

Pathways Volunteer Hospice trains volunteers to serve as hospice companions, volunteer caregivers for the frail or elderly, and grief support group facilitators. Volunteers are also needed to assist in the office and at special events. Website: [pathwayshospice.org](http://pathwayshospice.org)

**School Volunteers**

Schools use volunteers to assist in the office, in the classrooms, and for special events.

**ABC Unified School District — 562-926-5566**

**Bellflower Unified School District — 562-866-9011**

**Long Beach Unified School District — 562-997-8000**

**Lakewood Sheriff's Station 562-623-3500 - Ask for the Community Relations Deputy**

Volunteers can assist in a variety of ways which include field patrol, front desk support, clergy and clerical services. Visit [lasd.org/volunteer](http://lasd.org/volunteer) for a full list of opportunities and how to apply.

**Su Casa 562-421-6537**

Volunteers receive 40 hours of training and then work with women who are victims of domestic violence.

Website: [sucasadv.org](http://sucasadv.org)

**Lakewood Family YMCA 562-425-7431**

Volunteers serve on the policy boards, as youth sports coaches, and at special events. Website: [lbyanca.org](http://lbyanca.org)

# Lakewood Volunteer Opportunities



**Get involved and make a difference in your community!**

[lakewoodcity.org/volunteer](http://lakewoodcity.org/volunteer)



Updated: June 2023

The following **City of Lakewood Programs** offer volunteer opportunities for adults and/or youth.

Some of the programs are seasonal.

#### **Adaptive Recreation Programs 562-865-1717**

Adaptive recreation is designed to provide equal recreation and leisure opportunities for people with special needs. Volunteers assist staff with supervision.

#### **Burns Community Center Volunteers 562-925-7512**

Volunteers are needed to teach recreation classes for active seniors. Teen volunteers are also needed every other Thursday for the year-round Tech Talk Program. This program shows older adults how to use their electronic devices (phone, tablet, laptop, etc.).

#### **Halloween Carnivals 562-866-9771, ext. 2408**

Free Carnivals are offered at eight Lakewood parks. Volunteers run game booths and haunted houses.

#### **Lakewood Teen Action Committee (LTAC) 562-429-7472**

LTAC is a teen run community service program for all teens in the Lakewood area. Members participate in community service projects, activities and workshops to develop responsibility, build self-esteem and encourage pride in the Lakewood community. Program runs September through May.

#### **Lakewood Volunteer Day 562-925-7512**

On one Saturday, each April, volunteers are needed to assist with yard and outside home maintenance repair at homes of low income, senior or disabled residents. Call as early as February to sign up to volunteer or suggest a site.



#### **Lakewood Youth Sports 562-866-9771, ext. 2408**

Volunteer coaches are needed to coach baseball, softball, flag football, volleyball, volleyball and basketball programs.



#### **Neighborhood Watch 562-866-9771, ext. 2135**

Volunteers share crime prevention information with their neighbors through organizing neighborhood meetings and starting conversations.

#### **Project Shepherd 562-925-7512**

This is a holiday food assistance program for Lakewood residents. Volunteers are needed to sort donations, pack boxes of food, assist with home deliveries, and help with paperwork during the months of November and December.

#### **Special Olympics 562-865-1717**

Staff and volunteers help with coaching and general supervision of children, teens and adult participants with special needs in the year-round Special Olympics Program.

#### **Tax Assistance Program 562-630-6141**

This program provides free assistance in preparing state and federal income tax returns. Volunteers are trained in late January and then volunteer through April. Program takes place at the Weingart Senior Center.

Website: [aarp.org/taxvolunteer](http://aarp.org/taxvolunteer)

#### **Teen Volunteers 562-429-7472**

Teen volunteers assist with a variety of programs and special events. Teen volunteers must be at least 12 years of age and have an interest in serving the community. Opportunities are available through the Lakewood Youth Center.

#### **Weingart Senior Center Volunteers 562-630-6141**

Volunteers assist staff in a variety of areas including: working the information desk and light clerical duties, helping with a variety of special events, assisting with the senior lunch program, assisting with food distribution for the brown bag program twice a month, and helping with general facility maintenance.

The following **Lakewood Service Clubs** offer a variety of year-round volunteer opportunities.

#### **Lakewood Jaycees**

The Lakewood Jaycees provide leadership training through community service for adults 18-40. Jaycee sponsored events include the Miss Lakewood Pageant and the Teens in Lakewood Care (TLC) program. For more information, contact Caren Spilsbury at 562-822-4985, or [cselines@aol.com](mailto:cselines@aol.com).

#### **Lakewood Lions Club**

The Lakewood Lions Club focuses on issues involving eyesight, whether it is refurbishing used glasses, providing eye exams for children who cannot afford it, or raising awareness. For more information go to [lionsclubs.org](http://lionsclubs.org), or contact Andy Muniz at 562-920-9667.

#### **Pan American Association**

This service organization provides diverse cultural and educational opportunities for the Lakewood community. Email: [info@lakewoodpanam.org](mailto:info@lakewoodpanam.org), [lakewoodpanam.org](http://lakewoodpanam.org)

#### **Rotary Club of Lakewood**

The Rotary Club presents opportunities to do service for others. Rotary meets weekly for lunch and fellowship to plan various community service activities. For additional information go to [rotaryoflakewood.org](http://rotaryoflakewood.org).

#### **Soroptimist International of Lakewood/Long Beach**

Soroptimist of Lakewood/Long Beach is a group of professional women who, through volunteer services and fundraising activities, work to improve the lives of women and girls. For information on membership, or volunteering email [silakewood.longbeach@soroptimist.net](mailto:silakewood.longbeach@soroptimist.net).

Website: [soroptimist-longbeach.org](http://soroptimist-longbeach.org)

\* Fingerprinting and background check may be required for some volunteer positions