

TALK TRASH NEWSLETTER

FOR MULTI-FAMILY TENANTS & PROPERTY OWNERS

HOLIDAY COOKING: REDUCE FOOD WASTE



The holiday season is here!

Instead of throwing out your food scraps here are some creative ways you can reduce your food waste:

- To reuse the amount of food wasted, shop and plan wisely
 - Plan ahead and serve just enough food to feed the amount of people enjoying the holiday meal.
- Freeze or reuse leftovers
 - Freezing leftovers to use them for future meals, helps use up most of the food.
 - There are many ways to reuse leftovers, such as making vegetable stock or bone broth with turkey/ham carcasses.
- Compost
 - Place any food scraps or non-edible leftovers into the organics cart in the trash enclosure.
 - The City of Lakewood and EDCO Disposal gives away free kitchen caddies to all Lakewood residents (one per household). Show proof of residency at City Hall to pick one up.

TIPS FOR RECYCLING CARDBOARD

Cardboard is one of the most common recyclable materials, but a large amount ends up in the landfills. With the rise of online shopping cardboard accumulation is continuously increasing. **See below for steps to recycle cardboard correctly:**

1. **Reuse it:** the best thing you can do before putting your cardboard in a recycling container is to try and reuse the material.
2. **Break it down:** Flatten cardboard boxes as much as you can. This will conserve space in recycling containers.
3. **Keep it dry:** Once cardboard gets wet, it becomes extremely difficult to recycle, so try to keep it as dry as possible.
4. **Keep it clean:** Cardboard that contains grease or other contaminants cannot be recycled in the blue container, please avoid combining those greasy boxes with dry, noncontaminated cardboard.



RECYCLE HOLIDAY DECORATIONS

If you have perishable decorations, such as pumpkins. Roast the seeds and place the scraps into the organics cart located near or in your trash enclosure.

No plastic bags of any kind are allowed in the organics cart.

HOW TO GET RID OF BULKY ITEMS

Bulky item pick-ups is an additional charge for multi-family complexes.

Multi-family tenants will need to contact your property management company to schedule a bulky item pick up with EDCO Disposal. Or contact EDCO Disposal directly and pay the additional charge to have the item(s) removed.

**EDCO can be contacted at:
(562) 531-3054**

HOW TO DISPOSE OF BATTERIES

All batteries and electronic waste must be properly recycled or taken to a household hazardous waste disposal facility or event and NEVER placed in the trash, recycling or organics containers!

Lakewood Residents can also bring their household batteries to City Hall for proper disposal. Proof of residency is required.

SAFE DISPOSAL OF SHARPS AND PHARMACEUTICALS

The safest way to collect and dispose of sharps waste is to use only state-approved sharps containers. Check availability at distribution sites or ask your pharmacist or doctor for one. **Residents can obtain sharps collection containers at Lakewood City Hall.**

Unwanted or expired medications may not be flushed down the drain. There are drop-off locations for expired medications located at Walgreens and CVS. You can also check with your doctors office if they can take your expired medication and sharps. You can also take your medications to the EDCO facility.

EDCO has hazardous waste collection events every 2nd and 4th Saturday from 9:00am to 2:00pm at 2755 California Avenue Signal Hill, CA 90755.



HAZARDOUS WASTE DISPOSAL

FOR MORE INFORMATION ON WHAT IS CONSIDERED HAZARDOUS WASTE AND HOW TO DISPOSE OF YOUR ITEMS PROPERLY, CHECK OUT THE CITY WEBSITE (LINK BELOW) OR SCAN THE QR CODE

<https://www.lakewoodcity.org/Residents/Trash-recycling-and-hazardous-waste/Special-Trash-and-Hazardous-Waste>

