

City of Lakewood
Recreation and Community Services

SPRING 2025

Recreation Catalog



- ▶ Classes and park activities begin Monday, February 3, 2025
- ▶ Residents can register at [Lakewoodcity.org/ecatalog](https://lakewoodcity.org/ecatalog) beginning Thursday, January 16

Parks Make Life Better!

The City of Lakewood's Spring Catalog features an exciting schedule of programs, classes and events to enhance the lives of community members. The six key messages listed below explain how Lakewood parks and recreation opportunities make your life better.

GATHERING PLACES – By providing places for learning and socializing.

FOREVER – Parks and community centers enrich our lives by providing memories for a lifetime.

PLAY – By offering safe playgrounds and play spaces.

NATURE – By providing beautiful landscaping and open space.

EXERCISE – By providing opportunities for healthy exercise.

POSITIVE SPACES – By offering supervised places for our community.



CITY OF LAKEWOOD RECREATION & COMMUNITY SERVICES

WHAT'S INSIDE

Community Events & Activities	3	Youth Special Interest	
		Spring Break Camps	24
Adult Fitness, Sports & Dance		Fine Arts Instruction	24
Fitness Classes	8	Educational Classes	25
Tennis Classes	9	Arts & Crafts	25
Pickleball Classes	9		
Dance Classes	10	Teen and Youth Dance	26
Lakewood Adult Sports	11		
		Teen & Youth Fitness and Sports	
Adult Special Interest		Lakewood Youth Sports	27
Workshops & Classes	12	Gymnastics Classes	28
Arts & Crafts	12	Tennis Classes	29
Music Instruction	13	Sports Instruction	29
Older Adult Programs & Services	14	Pre-Summer Aquatics	32
Active+ at Burns	16	Preschool Programs	
		Dance Classes	34
Adaptive Programming	18	Educational Classes	35
		Gymnastics Classes	35
Travel Programs	19	Sports Instruction	36
		Fine Arts Instruction	37
Family Programs	20		
		Registration Information	38
Teen Scene	22		

Park Hours of Operation can be found on page 8.

The City of Lakewood Recreation and Community Services Department invites you to "Jump into Fun" with the many activities, programs and classes that have been planned to create a memorable spring season for the entire family.

Lakewood special events feature something for everyone, from rides and attractions at the Pan Am Fiesta (back cover), to earth-friendly activities at Earth Walk (pg. 20) or the opportunity to assist seniors and disabled members of the community with home fix-up projects at Volunteer Day (pg. 5).

Exciting travel trips (pg. 19) featured this spring include a trip to see "Harry Potter and the Cursed Child" at the Hollywood Pantages Theatre, as well as trips to the San Diego Zoo, Huntington Library, Art Museum and Botanical Gardens and the California Strawberry Festival.

The family friendly Play at Palms series (pg. 21) continues this spring with "Ranger Jack's Music and Puppet Show" on January 10, Valentine's Day Parent's Night Out, Kids Night In on February 14, Family Bingo Night on March 14 and the Spring Community Car Show on April 11.

Spring Break is just around the corner so be sure to check out our unique Spring Break Day Camp opportunities (pg. 24). Also be sure to get a jump on summer planning as Summer Day Camp registration will be available beginning on Tuesday, April 1, 2025, see page 25 for more information.

For additional information on Lakewood's classes and events, call the Recreation and Community Services Department at 562-866-9771, ext. 2408.

SPRING CALENDAR

Resident Registration begins:
Thursday, January 16

Non-Resident Registration Begins:
Monday, January 27

Most Classes Begin Week Of:
Monday, February 3



Scan Me

Scan the QR code to view the Spring Catalog online!

Public Funds at Work

to Maintain & Improve Our City of Lakewood

In 2020, Lakewood voters approved Measure L to provide locally controlled funding to safeguard Lakewood's financial future; for improvements to public safety; and for repairs and upgrades to city parks, community buildings and other aging infrastructure.

City staff have also worked hard to secure county, state and federal grant funds to further improve Lakewood parks and community centers thanks to grant funds secured for new projects from Los Angeles County Measure A and the Los Angeles County Regional Park and Open Space District, and California State Proposition 68. Additionally, your federal and state legislative offices have earmarked tax-payer funds to return to their local districts—California State Assembly Member Anthony Rendon, United States Representative Robert Garcia and United States Representative Nanette Barragan have each earmarked money for Lakewood.

Completed Projects

- New Tot Lot playground and two new picnic shelters at San Martin Park.
- Two renovated restrooms (1-ADA Accessible) at Rynerson Park.
- Disabled parking curb cutouts at Biscailuz, Del Valle & San Martin parks.
- Two new picnic shelters at Rynerson Park.
- Lighting, electrical and carpet upgrades to the Weingart Ballroom at The Centre.
- Upgrades to game courts at Palms Park, including new basketball standards, upgraded LED lighting and new court surfacing.
- New Tot Lot playground at Biscailuz Park, and new combination Tot Lot and School Age playgrounds at Boyar and Cherry Cove parks.

Projects on the Horizon

- Roofing, plumbing and HVAC upgrades at several Lakewood facilities.
- Electrical upgrades at Biscailuz, Bloomfield and San Martin parks, the Burns Community Center and The Centre.
- Remodel and modernization of Weingart Senior Center.
- Major upgrade to Palms Park community building.

The Lakewood City Council and city staff remain committed to ensuring Measure L funds are spent as intended and as such, the Measure L Citizens Oversight Committee has been appointed to guarantee responsible stewardship of these public funds. Likewise, funds from the county, state and federal government are monitored and spent only on those projects for which they have been approved. Lakewood remains fiscally responsible with all funding sources and ensures our residents benefit directly from these granted funds.

Look for signs like the graphics below at your local parks and community centers to see your tax dollars at work.



RECREATION & COMMUNITY SERVICES DEPARTMENT

WE'RE HIRING



Aquatics Cashier/Clerk*

Part-Time \$17.14/hour

Lifeguard/Swim Instructor I-IV*

Part-Time \$18.31-\$20.77/hour

Senior Lifeguard*

Part-Time \$21.81-\$23.83/hour

**Positions operate May - September.*

Maintenance Trainee - RCS

Part-Time / Limited Term

\$21.50 - \$22.58/hour

Maintenance Services Aide II-IV

(Parks/Landscape and Custodial Service)

Part-Time \$18.69 - \$21.50/hour

Recreation Leader II

Part-Time \$18.69/hour

DASH Transit Driver II

Part-Time \$20.48/hour

Youth Sports Official*

Part-Time \$26.44/hour

**Typical dates of seasonal operation:*

Baseball/Softball: June - Aug

Volleyball/Flag Football: Sep - Nov

Basketball: Jan - March

APPLY ONLINE
www.lakewoodcity.org/jobs



Public Safety Information

How to do the
9PM Routine

Lock up at Home

Lock Car Doors

9pm Every Night

Turn Lights On

READY TO HELP PREVENT CRIME?

Crime prevention is up to all of us! Make new friends and reconnect with your neighbors by joining Lakewood's Neighborhood Watch program. Block captains and their neighbors are supported in their crime prevention efforts by Lakewood's Public Safety Department and members of Lakewood's Special Assignment Officer (SAO) team. If you and your neighbors are interested, all you have to do is make the call! Training and support are offered year round. When you're ready to join, or if you'd like more information, call the Public Safety Department's message line at 562-866-9771, ext. 2114 or email crimeprevention@lakewoodcity.org.



CRIME STOPPERS
LOS ANGELES REGIONAL
"MAKE THE CALL... STAY ANONYMOUS"
Call 1-800-222-tips (8477)
or Send a Tip at
www.LACrimeStoppers.org

Want to Get Emergency
LA County Updates? Sign up Now!

ALERT
LA COUNTY
ALERT.LACOUNTY.GOV
Visit Alert.LACounty.gov
to Register

POWER OUTAGE? LOCAL DISASTER?
TUNE INTO
KLWD 1620 AM
LAKEWOOD'S EMERGENCY RADIO STATION



Lakewood Sheriff Station
Non-Emergency Line:
562-623-3500
For Emergencies Dial: 9-1-1

2025 LAKEWOOD RUN 5K Walk/Run, 5K Ruck, 10K Run Saturday, March 1

Are you ready to *Unleash your Inner Champion*? This year's 5K/10K Lakewood Run is more than a race; it's a celebration of personal achievement, excellence, and community spirit. Run, Compete, and Conquer! The Lakewood Run returns on Saturday, March 1, 2025. Runners of all levels are welcome, from seasoned runners to beginners, walkers, and ruckers. Whether you're aiming for a personal best or just here for fun, our race caters to it all. Dress up as your favorite Legend or Champion, and you might even win our costume contest! After crossing the finish line, join us for a legendary after-party near the stage in our Expo area. There will be delicious food, refreshments, live music, and race results, including a medal ceremony. Also, stick around and visit all our amazing vendors for a chance to participate in an opportunity drawing with great prizes! This event isn't just a race; it's an unforgettable celebration of music, fitness, and embracing the champion within us all. The Lakewood Run is presented by the Lakewood Sheriff's Station and Soroptimist Int'l of Lakewood/Long Beach. Proceeds from the race benefit both charity organizations.

Pricing is as follows:

Pre-registration from January 1 - January 31:
5K Walk/Run - \$43.40 • 5K Ruck - \$54.00 • 10K Run - \$54.00

Registration from February 1 - February 28:
5K Walk/Run - \$48.70 • 5K Ruck - \$59.30 • 10K Run - \$59.30

Race day registration:
5K Walk/Run - \$54 • 5K Ruck - \$64.60 • 10K Run - \$64.60

To register or for more information visit:

www.lakewoodrun.com

or scan here:



APRIL IS VOLUNTEER MONTH

Make a Difference and Volunteer

What are you looking for in a volunteer opportunity? Do you like sports, art or dance? Do you want to work by yourself, with a group, or with your family? Whether you are looking for an ongoing commitment or a one-time event, we have a volunteer job for you.

✓ **Lakewood Volunteer Day:** Join your family, friends, or coworkers on April 12, and plan to be a part of over 400 residents who volunteer to assist with yard and outside home maintenance repair at homes of low income, disabled or senior residents. Call (562) 925-7512 for more information.

✓ **Block Captain, Neighborhood Watch:** Be the volunteer link in your neighborhood. Serve as a liaison with the City and the Sheriff's Department. Call (562) 866-9771, ext. 2135 for more information.

✓ **Special Olympics:** Coach children and adults with intellectual and physical disabilities or volunteer at tournaments. Coaches and volunteers are needed for team and individual sports, as well as tournaments and other related events. A certified volunteer form is necessary to participate. Call (562) 865-1717 for information.

✓ **LYS-Lakewood Youth Sports:** Make a difference in a child's life. Receive training and coach youth ages 4-17 in volleyball, flag football, softball, baseball or basketball. Call (562) 866-9771, ext. 2408 for information.

✓ **Senior Center Special Events and Classes:** Share your talents and skills by volunteering as a performer or class instructor at the Weingart Senior Center. Contact (562) 630-6141, for additional information.

In addition to city volunteer programs, the following agencies offer volunteer opportunities in Lakewood. Contact them directly for more specific information.

✓ **Friends of the Lakewood Libraries:** Volunteers work in the bookstore, conduct book sales, and assist with special events. Call (562) 866-1777.

✓ **Meals on Wheels of Long Beach, serving Lakewood residents:** Volunteers pack food, deliver meals and assist with community outreach. Call (562) 439-5000.

✓ **Auxiliary of Lakewood Regional Medical Center:** Volunteers work with patients, assist in departments and gift shop, and help with fundraisers. Call (562) 531-2550.

✓ **Weingart-Lakewood Family YMCA:** Volunteers serve on policy boards, work as youth sports coaches, and help at special events. Call (562) 425-7431.

✓ **Pathways Volunteer Hospice:** Volunteers serve as hospice companions, volunteer caregivers for frail elderly and grief support facilitators. Call (562) 531-3031.

✓ **Su Casa:** Volunteers work in a variety of ways supporting survivors of domestic violence. Call (562) 421-6537.

Lakewood's volunteers strengthen our community, foster human development, and provide recreational experiences. You can make a difference in your own backyard. Contact the Burns Community Center at (562) 925-7512 to request a comprehensive brochure that explains these and many additional opportunities that are available.

LAKEWOOD VOLUNTEER DAY



Lakewood will host the 28th Annual Volunteer Day on Saturday, April 12, an event that has attracted many volunteer groups over the years to come out to work on a variety of clean-up projects at private homes, schools, and parks.

Is there someone in your neighborhood who needs help with their home?

Qualifying sites would consist of private homes in Lakewood owned by someone who:

- Needs help with outside jobs such as weeding, light painting, yard work or trimming.
- Is unable to complete the work themselves (due to age or disability).
- Is unable to afford to hire someone to do it.

If you meet the selection criteria, or if you have a friend, family member or neighbor who would benefit from a clean-up project call Burns Community Center by **March 14** to have your home considered.

If you'd like to volunteer at a project site, please visit www.lakewoodcity.org/volunteerdaysite or call Burns Community Center at (562) 925-7512.



EVENTS BY

TGiS
thank goodness
it's sofia



FOOD | EVENTS | WEDDINGS

562-804-4434

Make it an event to Remember!



Two incredible
event sites

**The Centre &
Monte Verde
Park**



 **THE CENTRE**
5000 Clark Avenue



Monte Verde Park | 4626 N. Shadeway Road

Mother's Day Brunch


Let TGIS Catering and The Centre
celebrate and pamper your mom
on Sunday, May 11, 2025
at the annual Mother's Day
Champagne Brunch.

Mother's Day Brunch is a
delicious family-friendly,
all-you-can-eat brunch featuring
a variety of culinary delights, a
complimentary photo booth, and
so much more!

For reservations, call TGIS
Catering at (562)804-4434.

TGiS
thank goodness
it's sofia
FOOD | EVENTS | WEDDINGS

 **THE CENTRE**
EVENTS BY TGIS



Lakewood Civic Center

BLOCK PARTY

Save the date of Saturday, June 28, for the
The Civic Center Block Party.
This event features live entertainment,
"On the Block" food court, children's
amusements, and more.

Look out for more information in the
Summer Recreation Catalog.

www.lakewoodcity.org/blockparty



LeadHer Lakewood

A Women's Success & Empowerment Event

In celebration of **Women's History Month—March 2025**—the City of Lakewood is eager to engage, empower and bring together the strong and amazing women of our community.

The **2025 LeadHer Lakewood** event welcomes the active and involved women of Lakewood to participate in the second annual event celebrating the diverse and strong women in the community. This year's event features a panel discussion from several influential and dynamic business women in the city, with a culminating key note speaker who will offer a story of success and triumph for the audience. Networking, vendors and heavy hors d'oeuvres will complete the evening in The Ballroom at The Centre.

Thursday, March 27 at The Centre
5000 Clark Avenue
5:30-8:30 p.m.

For more information and to register, call the Recreation and Community Services Department at 562-866-9771, ext. 2408.



Adult Fitness, Sports & Dance



Lakewood Parks are... *Safe, Clean and Fun!*

The Recreation and Community Services Department is dedicated to keeping Lakewood parks safe, clean and fun for kids to enjoy after school. Providing healthy spaces for youth to gather and engage in self-directed activities is a top priority. These spaces provide opportunity for you to be creative, stay active and socialize with friends.

Recreation staff monitor parks and amenities, establishing a presence that promotes safety. Staff are available to provide play equipment and supplies upon request. This includes playground equipment, board games and arts and crafts supplies. Check out equipment with a Recreation Leader and please be sure to return it when you're done enjoying the park. Park supervision hours adjust to school schedules to provide additional supervision on early dismissal days and on holidays. Check in with your local park staff to see what other fun opportunities and programs are offered.

Supervised Lakewood Parks

Biscailuz Park • Bloomfield Park
Bolivar Park • Boyar Park
Del Valle Park • Mayfair Park
Palms Park • San Martin Park

Park Supervision Hours: January 2 - March 8

Monday - Friday • 3 - 5 p.m.
Saturday • 9 a.m. - 5 p.m.
Sun./School Holidays • 12 noon - 5 p.m.

Park Supervision Hours: March 9 - June 15

Monday - Friday • 3 - 6 p.m.
Saturday • 9 a.m. - 6 p.m.
Sun./School Holidays • 12 noon - 6 p.m.

School Vacation Hours

Parks are open for extended hours
during school vacation periods.
Check park program
schedules for specifics.

Fitness Classes

Aqua Aerobics (Pre-Summer)

Get a head start on your summer fitness with a splash! Come join the fun at the pool and stay healthy at the same time. Burn fat while doing moves that will shape and sculpt your body with zero stress to the joints! The intensity of this water aerobics class is determined by how hard you decide to work! Instructor: Kick It Up Staff

30196 T,Th 6:10pm-7:00pm 5/27-6/12 MPL \$52/6 Mtgs

Basic Yoga

Yoga is designed to bring union to body, mind and spirit through flexibility, strength, full range of motion, balance, fullness of breath and relaxation. Individual needs are addressed and this style is gentle and appropriate for all ages and all levels.

Instructor: Barbara McEnroe

• Please bring a yoga mat.

• No class February 17, March 13 and June 5.

• Class on June 12 meets at 6:30 p.m.

30358	M	6:00pm-7:00pm	2/3-2/24	MAY	\$39/3 Mtgs
30360	Th	6:00pm-7:00pm	2/6-2/27	MVP	\$52/4 Mtgs
30362	M	6:00pm-7:00pm	3/3-3/24	MAY	\$52/4 Mtgs
30370	Th	6:00pm-7:00pm	3/6-3/27	MVP	\$39/3 Mtgs
30371	Th	6:00pm-7:00pm	4/3-4/17	MVP	\$39/3 Mtgs
30363	M	6:00pm-7:00pm	4/7-4/21	MAY	\$39/3 Mtgs
30372	Th	6:00pm-7:00pm	5/8-6/12	MVP	\$65/5 Mtgs
30364	M	6:00pm-7:00pm	5/19-6/16	MAY	\$52/4 Mtgs

Recreation Scholarships are available through Lakewood Project Shepherd. Call 562-925-7512 for more information.

Bellydance Fitness

Bellydance Fitness is a core strengthening, glute tightening, cardio dance party all in one! Combining the best of belly dancing with stomach and leg strengthening, this class will burn calories, blast away the fat and tone your 'core' section and legs. And it won't even feel like you're working out because you'll have so much fun!

Instructor: Kick It Up Staff

• Location: Kick It Up, 8129 E. Wardlow Rd., Long Beach.

30150	T	9:30am-10:30am	2/4-3/11	Off Site	\$54/6 Mtgs
30165	F	9:30am-10:30am	2/7-3/14	Off Site	\$54/6 Mtgs
30164	T	9:30am-10:30am	3/18-4/22	Off Site	\$54/6 Mtgs
30166	F	9:30am-10:30am	3/21-4/25	Off Site	\$54/6 Mtgs

Pilates

Pilates is not just for your core. Pilates is a system that integrates movements that work your entire body. Exercises can be adapted for beginners to more advanced students. Fun and hard work,

Pilates is a time-tested discipline that delivers. Please bring a mat and long belt or strap to class. Instructor: Elizabeth Markley

30396	W	7:15pm-8:15pm	2/5-2/26	CTR	\$65/4 Mtgs
30397	W	7:15pm-8:15pm	3/5-3/26	CTR	\$65/4 Mtgs
30398	W	7:15pm-8:15pm	4/2-4/23	CTR	\$65/4 Mtgs
30399	W	7:15pm-8:15pm	4/30-5/21	CTR	\$65/4 Mtgs
30400	W	7:15pm-8:15pm	6/4-6/25	CTR	\$65/4 Mtgs

For all fitness classes, please wear comfortable, breathable clothing and supportive shoes. You may want to bring a towel or exercise mat to class. Also, please consult your doctor before beginning any exercise program.

Yin Yoga

A gentle, slow paced style of yoga with postures held for longer periods of time, Yin yoga works with the connective tissues of the body; the tendons, fascia and ligaments, with the aim of increasing circulation in the joints and improving flexibility. Sequences are aligned with the meridians in the body, as found in Chinese medicine and acupuncture. This healing yoga is suitable for all levels, ages and body types, as well as those with prior injuries.

Instructor: Barbara McEnroe

• **Please bring a yoga mat.**

• **No class February 17, March 13 and June 5.**

• **Class on June 12 meets at 7:30 p.m.**

30359	M	7:00pm-8:00pm	2/3-2/24	MAY	\$39/3 Mtgs
30361	Th	7:00pm-8:00pm	2/6-2/27	MVP	\$52/4 Mtgs
30367	M	7:00pm-8:00pm	3/3-3/24	MAY	\$52/4 Mtgs
30373	Th	7:00pm-8:00pm	3/6-3/27	MVP	\$39/3 Mtgs
30374	Th	7:00pm-8:00pm	4/3-4/17	MVP	\$39/3 Mtgs
30368	M	7:00pm-8:00pm	4/7-4/21	MAY	\$39/3 Mtgs
30375	Th	7:00pm-8:00pm	5/8-6/12	MVP	\$65/5 Mtgs
30369	M	7:00pm-8:00pm	5/19-6/16	MAY	\$52/4 Mtgs

Zumba

Zumba is a Latin inspired dance workout, but more like a dance party than a workout! Come join the fun with music from around the world - sweat, laugh, burn calories and tone your body. Instructor: Isabel Moses-Caldera

• **Bring a towel and water.**

30109	W	5:45pm-6:45pm	2/5-2/26	CTR	\$40/4 Mtgs
30114	W	5:45pm-6:45pm	3/5-3/26	CTR	\$40/4 Mtgs
30115	W	5:45pm-6:45pm	4/2-4/30	CTR	\$50/5 Mtgs
30116	W	5:45pm-6:45pm	5/7-6/11	CTR	\$60/6 Mtgs

Tennis Classes

Beginning Tennis Class (Adult)

This beginner tennis class is your entry point to a world of fun, fitness, and friendly competition. No prior experience? No worries! We'll guide you through the basics, step-by-step, in a supportive and encouraging environment. What you'll learn: the forehand and backhand, the serve, footwork and movement, rallying, scoring and rules. But it's not all about drills and practice. We'll also focus on: making new friends, getting active and boosting your confidence. So, what are you waiting for? Sign up today and unleash your inner champion! We also offer intermediate and advanced classes, so you can keep growing your game as you progress. Instructor: X-Spin Staff

• **Location: Lakewood Tennis Center, 4212 Clubhouse Dr., Lakewood.**

• **Bring tennis racket and two unopened cans of heavy duty balls.**

• **Proper tennis shoes required - no basketball or running shoes.**

30246	Sa	9:00am-10:00am	2/8-3/22	Off Site	\$126/7 Mtgs
30255	Sa	9:00am-10:00am	3/29-5/3	Off Site	\$108/6 Mtgs
30256	Sa	9:00am-10:00am	5/10-6/14	Off Site	\$108/6 Mtgs



Intermediate/Advanced Tennis (Adult)

Take your tennis to the next level in this dynamic class designed for intermediate and advanced players. This program is ideal for those who can consistently rally, possess strong strokes, and are eager to refine their game for competitive play. In this class you will sharpen your technique, elevate your strategy, condition for performance and participate in match play and drills. This class is perfect for you if you can confidently rally from the baseline, have a strong foundation in all strokes, are looking to elevate your game and enjoy a challenging and fast-paced environment. Join us and take your tennis to the next level! Instructor: X-Spin Staff

• **Location: Lakewood Tennis Center, 4212 Clubhouse Dr., Lakewood.**

• **Bring tennis racket and two unopened cans of heavy duty balls.**

• **Proper tennis shoes required - no basketball or running shoes.**

30248	Sa	10:00am-12:00pm	2/8-3/22	Off Site	\$280/7 Mtgs
30257	Sa	10:00am-12:00pm	3/29-5/3	Off Site	\$240/6 Mtgs
30258	Sa	10:00am-12:00pm	5/10-6/14	Off Site	\$240/6 Mtgs

Pickleball Classes

Pickleball: Adult Beginning

This class is designed for adults with no experience playing pickleball. Basic foundational and fundamental skills will be introduced in a large group setting. Such skills include: safety, etiquette, sportsmanship, rules, scoring, serves, volleys, forehand, backhand, and basic strategies. Once completed, players can play comfortably in games. Paddles and balls are provided. Flat outdoor court specific footwear recommended.

Instructor: Performance Pickleball LLC Staff

30054	W	11:00am-1:00pm	2/5-2/26	MAY	\$165/4 Mtgs
30058	F	1:30pm-3:30pm	2/7-2/28	BOL	\$165/4 Mtgs
30059	F	3:30pm-5:30pm	3/14-4/4	BOL	\$165/4 Mtgs
30057	W	11:00am-1:00pm	4/23-5/14	MAY	\$165/4 Mtgs
30060	F	1:30pm-3:30pm	4/25-5/16	BOL	\$165/4 Mtgs

Adult Pickleball



Mayfair Park
Mondays, Wednesdays & Fridays, 9-11 a.m.
Tuesdays & Thursdays, 6-8 p.m.*

Bolivar Park
Wednesdays & Fridays, 6-8 p.m.*

*Evening schedule resumes on March 18, 2025.

Players are encouraged to bring their own paddles and balls. A limited number will be available for checkout.

Adult Fitness, Sports & Dance



Pickleball: Adult Intermediate

This class is designed for anyone who has completed the Pickleball: Adult Beginning class, or has experience playing pickleball and are in the process of developing their game. This class expands on optimizing your game plan, court strategies, and the next steps to improve your game. Improve your existing skills, court movement, court positioning, consistency, ball placement and control. Be prepared to elevate your game! Flat outdoor court specific footwear recommended.

Instructor: Performance Pickleball LLC Staff

30062	F	3:30pm-5:30pm	2/7-2/28	BOL	\$165/4 Mtgs
30055	W	11:00am-1:00pm	3/12-4/2	MAY	\$165/4 Mtgs
30063	F	1:30pm-3:30pm	3/14-4/4	BOL	\$165/4 Mtgs
30061	W	11:00am-1:00pm	5/21-6/11	MAY	\$165/4 Mtgs

Pickleball: Match Play - Round Robin Format (All Levels)

Match play in a round robin format is designed for adults with experience playing pickleball games. Experience educational play in a round robin setting with a rotating partner team and individual performance challenge play. Individual scores are calculated and award winners will be recognized at the end of the class series. Flat outdoor court specific footwear recommended.

Instructor: Performance Pickleball LLC Staff

Instructor: Performance Pickleball LLC Staff

• No class May 23.

30056	F	3:30pm-5:30pm	5/9-6/13	BOL	\$99/5 Mtgs
-------	---	---------------	----------	-----	-------------

NON-RESIDENTS ADD THE FOLLOWING FEES FOR EACH CLASS ENROLLMENT.

IF CLASS FEE IS:

\$0 - \$10	NO ADDITIONAL FEE
\$11 - \$29	ADD ADDITIONAL \$5 NON-RESIDENT FEE
\$30 - \$59	ADD ADDITIONAL \$10 NON-RESIDENT FEE
\$60 AND OVER	ADD ADDITIONAL \$15 NON-RESIDENT FEE

Fees listed represent the registration cost for Lakewood residents. Non-residents should refer to the chart on page 38 for additional fees.

Dance Classes

Belly Dance

Fahiem, a World-Renowned, Award-Winning Master Instructor and performer shares her vast knowledge and expertise in Belly Dance. With this ancient art, you can look forward to increasing self-esteem, trim and tone your body with graceful movements and get a fun aerobic workout. Visit www.fahiem.com. All ages welcome.

30297	W	6:30pm-7:30pm	2/5-3/5	BLM	\$49/5 Mtgs
30298	W	6:30pm-7:30pm	3/19-4/16	BLM	\$49/5 Mtgs
30299	W	6:30pm-7:30pm	4/30-5/28	BLM	\$49/5 Mtgs

Lehua Hula (Beginning)



This class is strictly for beginners (0-1 year of experience). Come learn the basics of hula at a leisurely pace, and without the pressure of preparing for shows. We will dance to beautiful Hawaiian music using simple choreography while learning the proper forms of this graceful cultural art. A great way to get some steps in while having fun! Instructors: Ms. Willie Villa-Real and Mrs. Stephanie Fontela

• Lovely sarongs available for purchase at class.

• No class on April 15.

• Classes on April 22 meet at Monte Verde Park.

30133	T	7:30pm-8:15pm	2/4-2/25	PLMS	\$35/4 Mtgs
30134	T	7:30pm-8:15pm	3/4-3/25	PLMS	\$35/4 Mtgs
30135	T	7:30pm-8:15pm	4/1-4/29	PLMS	\$35/4 Mtgs
30136	T	7:30pm-8:15pm	5/6-5/27	PLMS	\$35/4 Mtgs

Kiele Polynesian Dance (Intermediate/Advanced)

Kiele, Hawaiian for the gardenia flower, symbolizes love and romance. The dance of hula and the Aparima of Tahiti both express love and romance, as well as a fun and low-impact form of exercise. This class is appropriate for dancers who already know the basics of both dances, and are ready for some challenging choreography. Instructors: Ms. Willie Villa-Real and Mrs. Stephanie Fontela

• Students will need to purchase a costume for performances, dates and cost TBA.

• Dance implements (poi balls) may be purchased through the instructor.

• No class April 17.

30123	Th	7:45pm-8:45pm	2/6-2/27	BLM	\$39/4 Mtgs
30147	Th	7:45pm-8:45pm	3/6-3/27	BLM	\$39/4 Mtgs
30148	Th	7:45pm-8:45pm	4/3-5/1	BLM	\$39/4 Mtgs
30149	Th	7:45pm-8:45pm	5/8-5/29	BLM	\$39/4 Mtgs



LAKWOOD



Spring Season - Registration dates: January 6 - 24
Summer Season - Registration dates: April 28 - May 16

Women's Volleytennis

Women's volleytennis is a fast-paced game played with a tennis-height net with a volleyball on a volleyball court. Teams play Monday nights at various parks on outdoor courts. League games start at 7 p.m.

Adult Softball

Adult softball leagues are scheduled and organized as follows:

Men's Single Wall Bat: Friday evenings
Co-ed Single Wall Bat: Thursday evenings and Sunday afternoons

Online Registration is available for all adult sports leagues. Go to www.lakewoodcity.org/eCatalog, click on Activities-Sports League. Teams may also register in person at the Recreation and Community Services Department at City Hall.

Registration/Information packets available online at www.lakewoodcity.org/sports. Teams may also obtain registration packets at the Recreation and Community Services Department, or call (562) 866-9771 ext. 2408. Fees and other details are available in the packets.

Hoover Middle School Gym Activities

Come out to the Hoover Middle School Gymnasium and get your game on! Drop in play will be organized and monitored by recreation staff. Players must check-in at the gymnasium.

Active+/Adult/Teen Basketball



Active+
Mondays

beginning Jan. 6, 2025

6:30-8:30 p.m.

Adult/Teen
Wednesdays

beginning Jan. 8, 2025

6:30-9 p.m.

Adult/Teen Volleyball

Thursdays

beginning Jan. 9, 2025

6:30-9 p.m.

School events require occasional changes to scheduled activities at the Hoover Middle School Gym. Up-to-date gym schedules are available through Lakewood Online at lakewoodcity.org/sports.

No gym programming on Jan. 20, Feb. 10 & 17, April 14, 16 & 17, May 26 and June 19.

Workshops & Classes

Community CPR Class

Through lecture and hands-on skill sessions, you will learn CPR (for adults, children and infants), first aid skills, and how to use an AED. Participants must be able to get on the floor to demonstrate correct CPR skills, as well as pass the written exam. Certification will be through the American Red Cross and is valid for two years. Instructor: City Staff

- Please arrive on time. Late participants will not be allowed to enter.
- Participants will be given a 30-minute lunch break. Bring a lunch or enjoy lunch at a local eatery.

30072 Sa 7:30am-2:00pm 4/26 BCC \$40/1 Mtg

Holistic Conversational Spanish

This class provides a safe zone to practice Spanish. The goal is to create a judgement-free zone where everyone can relax, breathe, play, practice and learn. Conversation prompts, games and common vocabulary will be available. We will connect, review and share. So bring on the long pauses, the thinking faces, and the Spanish dictionaries. All levels and abilities are welcome. Instructor: Xochitl Brizuela

- Please register early! Classes will only be held if minimum registration is met.
- No class February 17, April 21, May 12 & 26.

30389 M 6:30pm-7:30pm 2/3-3/24 PLMS \$175/7 Mtgs
30390 M 6:30pm-7:30pm 4/7-6/9 PLMS \$175/7 Mtgs

Arts & Crafts

Bake Shop Basics - Buttercream Piping Techniques

Add the perfect finishing touches to your cakes and cookies with this borders and flowers class. Learn simple buttercream borders, including the shell and bead border, then learn how to make your cake blossom with buttercream rosettes, leaves, and more! No experience needed. Cookies and supplies for the class will be provided. Visit www.plumforest.com to see photos of class samples. Ages 18 and up. Instructor: Lakyn Wynn.

- A \$15 materials fee (exact cash only) is due to the instructor at the beginning of class.
- Refunds will not be issued for same day cancellations.

30403 M 6:30pm-8:00pm 5/19 MAY \$30/1 Mtg

Bake Shop Basics - Cookie Decorating

Learn tips and tricks for making perfectly decorated Spring themed cookies at home. By learning creative techniques from outlining, to flooding, and then adding details, you will impress yourself and others. No experience needed. Cookies and supplies for the class will be provided. Visit www.plumforest.com to see photos of class samples. Ages 18 and up. Instructor: Lakyn Wynn.

- A \$15 materials fee (exact cash only) is due to the instructor at the beginning of class.
- Spring themed cookies.
- Refunds will not be issued for same day cancellations.

30402 M 6:30pm-8:00pm 4/7 MAY \$30/1 Mtg

Beginning Macramé

Discover the art of macramé and unleash your inner creativity in our Beginning Macramé class. Whether you're a crafting enthusiast or a beginner, this workshop offers a welcoming environment where you can learn the essential knots and techniques to create stunning macramé pieces for your home or as heartfelt handmade gifts. No experience needed. All supplies for the class will be provided. For ages 18 and up. Visit www.plumforest.com to see photos of class samples. Instructor: Lakyn Wynn.

- A \$10 materials fee (exact cash only) due in class.
- Refunds will not be issued for same day cancellations.

30409 M 6:30pm-8:00pm 5/5 BCC \$30/1 Mtgs

Building Buttercream Skills (Course 1)

Fresh inspiration and trendy cake decorating techniques are presented in this four-week class. Learn core buttercream decorating skills that will give you extraordinary results. Supplies not included. Instructor: Lakyn Wynn.

- Class supply list available at PlumForest.com/cake-courses.
- \$5 materials fee for handouts (exact cash only) due in class.
- Refunds will not be issued for same day cancellations.
- This course is a pre-requisite to Courses 2 & 3.

30411 M 6:30pm-8:00pm 2/24-3/17 MAY \$120/4 Mtgs

Candle Making

Come see how easy it is to create your own candles for yourself or as gifts! You will see soy candles made from start to finish. You will also learn about gel and wax candle making techniques. No experience needed. All supplies for the class will be provided. For ages 18 and up. Visit www.plumforest.com to see photos of class sample. Instructor: Lakyn Wynn.

- A \$10 materials fee (exact cash only) due in class.
- Refunds will not be issued for same day cancellations.

30410 M 6:30pm-7:30pm 4/21 MAY \$30/1 Mtg

Crochet 102 - Granny Squares

You have seen these squares everywhere from sweaters to bags, hats and more. This class will build on the skills learned in Crochet 101. For those who have not taken 101, you will need to know the following before taking this class: slip knot, foundation chain, single crochet, turning chain and increase. No experience needed. All supplies for the class will be provided. Visit www.plumforest.com to see photos of class samples. For ages 18 and up. Instructor: Lakyn Wynn.

- A \$15 materials fee (exact cash only) due in class.
- Refunds will not be issued for same day cancellations.

30404 M 6:30pm-8:00pm 6/2 MAY \$30/1 Mtg

Cutting Creatively with Cricut

Come learn some of the many project possibilities that can be created with your Cricut Explore Air or Maker. Learn the basic components such as making simple designs, setting your materials, aligning cutting mats and using your tools. Ready to make personalized projects? Learn how the Cricut Design Space software and tools help you modify images and fonts. No experience needed. Supplies not included. For ages 18 and up. Instructor: Lakyn Wynn.

- Refunds will not be issued for same day cancellations.
- The supply list can be found at www.plumforest.com/calendar.
- Select your class date and the supply list can be found within the class description.

30401 M 6:30pm-8:00pm 2/3 MAY \$30/1 Mtg



Cutting Creatively with Silhouette

Welcome to the world of making Pinterest-perfect party décor and other personalized items! Get started with your Silhouette CAMEO and its latest design software. We will explore the machine's various features and how to work with the most popular materials: paper, vinyl, heat-transfer vinyl and sticker paper. Learn troubleshooting tips and tricks so you can make perfect cuts and designs every time. No experience needed. Supplies not included. For ages 18 and up. Instructor: Lakyn Wynn.

- Refunds will not be issued for same day cancelations.
- The supply list can be found at www.plumforest.com/calendar.
- Select your class date and the supply list can be found within the class description.

30405	M	6:30pm-8:00pm	2/10	MAY	\$30/1 Mtgs
-------	---	---------------	------	-----	-------------

Morning Sewing Circle

Come join us for a casual, unstructured sewing circle. This class is a gathering of sewing enthusiasts. The gathering will be what you want it to be. Bring your sewing projects to start or finish and hang out for some awesome camaraderie. This is "not" an instructional class, but if you need help on a project, there will be plenty of opinions on "HOW TO"! Please bring all the necessary materials to work on your project, including sewing machine. Irons, cutting mats and rulers provided. Instructor: Diane Wamba

- At times an extra \$10 fee will be required as well as a minimal copying fee payable to the instructor in class.
- No class February 25 and May 13.

30103	T	9:00am-2:00pm	2/4-4/8	CTR	\$29/9 Mtgs
30104	T	9:00am-2:00pm	4/15-6/10	CTR	\$29/8 Mtgs

Paper Quilling

This Paper Quilling course is designed to make learning this captivating art form both fun and accessible. Quilling is a versatile art form that allows you to create intricate designs and decorations. Come learn the fundamentals along with inspiration to craft your own unique quilled decorations and gifts. No experience needed. All supplies for the class will be provided. For ages 18 and up. Visit www.plumforest.com to see photos of class samples. Instructor: Lakyn Wynn.

- A \$10 materials fee (exact cash only) due in class.
- Refunds will not be issued for same day cancelations.

30406	M	6:30pm-8:00pm	4/28	MAY	\$30/1 Mtg
-------	---	---------------	------	-----	------------

Party DIYs - Paper Flowers

Let's make flowers! In this step-by-step class you will learn how to create paper flowers with card stock. This class is perfect for beginners or anyone who wants to learn the art of paper flower making for a party DIY. Whether you're planning a birthday bash, a bridal shower, a baby shower, or any event. No experience needed. All supplies for the class will be provided. For ages 18 and up. Visit www.plumforest.com to see photos of class samples. Instructor: Lakyn Wynn

- A \$10 materials fee (exact cash only) due in class.
 - Refunds will not be issued for same day cancelations.
- | | | | | | |
|-------|---|---------------|------|-----|------------|
| 30408 | M | 6:30pm-8:00pm | 5/12 | BCC | \$30/1 Mtg |
|-------|---|---------------|------|-----|------------|

Plum Forest Paint Party

Come have some fun and let your artistic side free! Painting is proven to relieve stress and calm the mind. Follow along and create something you'll be proud to hang on the wall. Follow step by step or let your inner creativity run wild. No supplies or experience needed. For ages 18 and up. Instructor: Lakyn Wynn.

- \$15 materials fee (exact cash only) due in class.
- Refunds will not be issued for same day cancelations.

• March 24 - Spring Theme

• June 9 - Summer Theme

30412	M	6:30pm-8:30pm	3/24	MAY	\$20/1 Mtg
30413	M	6:30pm-8:30pm	6/9	MAY	\$20/1 Mtg

Pottery Workshop (Beg.)

Learn to appreciate wheel-thrown or hand-built pottery by trying it yourself. Class is a workshop atmosphere, with a glaze firing each session. Over 15 glazes from which to choose. For ages 18 and up. Instructor: Barbara Hass

- A \$50 materials fee is payable to the instructor in class.

30421	T	6:45pm-9:00pm	3/4-4/1	CTR	\$75/5 Mtgs
30426	T	6:45pm-9:00pm	5/20-6/17	CTR	\$75/5 Mtgs

Pottery (Int./Adv.)

Learn to appreciate wheel-thrown or hand-built pottery by trying it yourself. Class is a workshop atmosphere, with a glaze firing each session. Over 15 glazes from which to choose. For ages 18 and up. Instructor: Barbara Hass

- A \$50 materials fee is payable to the instructor in class.

30420	W	6:45pm-9:00pm	3/5-4/2	CTR	\$75/5 Mtgs
30425	W	6:45pm-9:00pm	5/21-6/18	CTR	\$75/5 Mtgs

Soap Making

Come see how easy it is to create your own bath soaps for yourself or as gifts. You will learn basic soap making techniques, including scenting, coloring, embossing, herbs, wrapping and more! No experience needed. All supplies for the class will be provided. For ages 18 and up. Instructor: Lakyn Wynn.

- \$10 materials fee (exact cash only) due in class.

- Refunds will not be issued for same day cancelations.

30407	M	6:30pm-7:30pm	4/14	MAY	\$30/1 Mtg
-------	---	---------------	------	-----	------------

Tole Painting Workshop

Refine your intermediate/advanced skills in the traditional art of tole painting. In this class you may work on individual projects of your own or group projects selected by the class. Painting surfaces can be wooden, metal or canvas. This class is designed for competent painters who wish to advance their skills and learn from other skilled painters. Instructor: Bonnie Brown

30201	Th	10:00am-12:30pm	1/30-3/13	CTR	\$29/7 Mtgs
30202	Th	10:00am-12:30pm	3/20-5/1	CTR	\$29/7 Mtgs
30203	Th	10:00am-12:30pm	5/8-6/19	CTR	\$29/7 Mtgs

Music Instruction

Drums for Fun (Adult)

Learn the basic techniques of drumming from a professional musician. Instruction includes proper grip positions, hand and wrist development, sight-reading, hand and foot coordination, rudimental training and drumset techniques. Students will have the opportunity to play on a drumset. The instructor provides sticks, practice pads and music sheets during group lessons. Visit Drumvillestudios.com. Ages 13 and up. Instructor: Lenny 'Gee' Giachello

- A \$7 materials fee for drum sticks and folder is due in class.
- | | | | | | |
|-------|---|---------------|-----------|-----|-------------|
| 30205 | T | 8:30pm-9:30pm | 2/11-3/25 | BOL | \$85/7 Mtgs |
| 30206 | T | 8:30pm-9:30pm | 4/1-5/13 | BOL | \$85/7 Mtgs |

Older Adult Programs & Services

The Weingart Senior Center is located at 5220 Oliva Ave., Lakewood. Recreational activities are open to adults age 50 or older. For more information on senior programs, please call (562) 630-6141.



Senior Country Western Line Dance

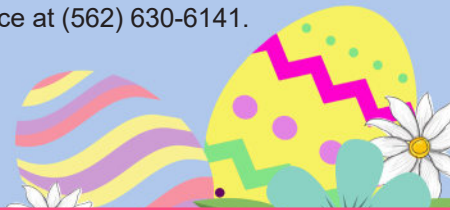
Get your feet moving and bring out the Country Western in you. Instructor Jackie will teach you a variety of line dances. Come and meet new people. No partner is necessary. For ages 50 and up. Instructor: City Staff

• No class May 12.

30462	M	12:00pm-1:30pm	2/3-2/24	MAY	\$20/4 Mtgs
30463	M	12:00pm-1:30pm	3/3-3/31	MAY	\$25/5 Mtgs
30464	M	12:00pm-1:30pm	4/7-4/28	MAY	\$20/4 Mtgs
30465	M	12:00pm-1:30pm	5/5-5/19	MAY	\$10/2 Mtgs
30466	M	12:00pm-1:30pm	6/2-6/30	MAY	\$25/5 Mtgs

Annual Grandparents Easter Party

The Weingart Senior Center will hold its annual Easter Eggstravaganza on Thursday, April 17th from 3:30-5 p.m. Grandparents are welcome to bring grandchildren and great-grandchildren 10 years old and younger to join in the fun. Pre-registration is required. Please bring hard boiled eggs for dyeing. To register, or for more information, call the Weingart Senior Center office at (562) 630-6141.



Older Adult Programming Hours:

Weingart Senior Center (WSC)
Monday-Friday 9 a.m.-5:30 p.m.
Saturday 9 a.m.-1 p.m.

Fitness Class Schedule

Day	Class	Time
Mondays	Cardio Salsa	9-10 a.m.
	Stretch & Meditate	10:15-11:15 a.m.
Tuesdays	Low Impact Aerobics	9-10 a.m.
	Chair Exercise	10:30-11:30 a.m.
Wednesdays	Mat Exercise	9-10 a.m.
Thursdays	Low Impact Aerobics	9-10 a.m.
	Chair Exercise	10:30-11:30 a.m.
Fridays	Mat Exercise	9-10 a.m.
Saturdays	Low Impact Aerobics	9-10 a.m.
	Chair Exercise	10:30-11:30 a.m.

Improve Balance, Stamina and more Fitness Room Hours:

Monday-Friday 9 a.m.-3 p.m. / Saturday 9 a.m.-12:30 p.m.

Equipment includes: four computerized stationary bikes, two treadmills, a multi-weight station all of which can be used free of charge. Participation form required.





The Weingart Senior Center is scheduled to be **REMODELED IN 2025!** During the remodel most of Weingart Senior Center programming will move to Mayfair Park. Watch for more information to be posted and distributed at Weingart.

Human Services

DASH Transit

DASH Transit offers FREE rides to Lakewood residents (age 60 and older) who are without transportation or to residents with a physical or mental disability. Eligible residents can use DASH for any purpose within the City of Lakewood. Transportation is also provided within limited extended boundaries for medical purposes and to Cerritos College and Long Beach City College for certain educational programs. DASH vehicles accommodate multiple passengers and are wheelchair accessible. For more information about this free service, or to download the application, visit www.lakewoodcity.org/DASH. For questions, call the DASH office at (562) 924-0149, Mon.-Fri., 7:30 a.m.-5 p.m.



Congregate Lunch Program

Come enjoy a wonderful meal and spend time with friends at the Weingart Senior Center. Lunches are provided by Human Services Association for seniors 60 and older and their spouses for a voluntary contribution of \$3.00 per meal. Persons 59 and younger are required to pay a \$7.00 fee. Everyone is welcome with a reservation made 24 hours in advance.

For more information, please call:
Weingart Senior Center Nutrition Site
5220 Oliva Ave., Lakewood • (562) 630-6210

Additional Offsite Programs

Multipurpose Senior Services Program: Free Social and Health Care Management Program assisting older adults who are at risk of nursing home placement due to frailty or inability to manage without assistance. Services include case management, in-home care, meals, respite, adult day care, and more. Must be 65 or older and be MediCal eligible with no share of cost. Call 626-358-1185 x 508.

Supportive Services Program: Eligible Seniors (60+) receive free ongoing case management, assessments, client advocacy and service coordination. Eligible clients must live within city service area, call 562-806-5400 x 214.

Meals on Wheels of Long Beach Serving Lakewood residents

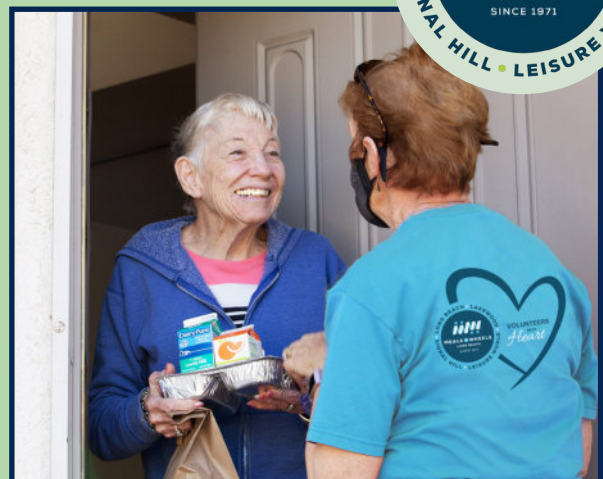
Meals on Wheels of Long Beach provides services for Lakewood residents including delivery of nutritious meals to individuals who are unable to shop and cook for themselves and who live alone; allowing the chronically ill, seniors, veterans and disabled to remain independent and safe in their homes for as long as possible.

Meals on Wheels of Long Beach not only provides freshly prepared meals each day, they also provide clients with friendly visitors and a connection to a multitude of needed services that lead to improved quality of life and safety.

For more information, including registration, donations and volunteer opportunities, visit:

www.lakewoodcity.org/mealsonwheels

or call 562-439-5000





The Burns Community Center is located at 5510 Clark Ave., Lakewood. Active adults ages 50 and over can find a slate of various class offerings to keep both mind and body sharp! For more information on Active+ programs, please call (562) 925-7512.

**Burns Community Center
Hours of Operation
Monday-Friday, 7 a.m.- 6 p.m.**

Bunco Party

Come out for a fun Friday night and play Bunco at the Burns Community Center! This social dice game involves 100% luck and no skill, anyone can play. Prizes will be awarded to players with the most buncos, the most wins and the most losses. Snack while you play with treats from our nacho and dessert bar. Instructor: City Staff

30084	F	5:30pm-8:00pm	3/14	BCC	\$5/1 Mtg
30085	F	5:30pm-8:00pm	5/23	BCC	\$5/1 Mtg

Burns Quilters Club

One Wednesday per month, 9 a.m. - 3:30 p.m.
Dates: February 19, March 19, April 23 and May 28. Come join this friendship group to socialize and work on your favorite quilting project. Participants will need to bring their own fabric and supplies. Bring your own lunch as the group works through the lunch hour.

Canvas and Cupcake Party

If you are interested in a fun night out and releasing some creativity, join us for our canvas painting party! With step by step instructions you don't have to be an artist to succeed in this class. Supplies will be provided, just paint, snack on some treats, and bring home your masterpiece! Instructor: City Staff

- A \$5 materials fee is payable to the instructor at the beginning of class.
- February 28 - "Queen of the Pasture"
- April 4 - "Dutch Flower Field"
- May 30 - "Lakeside Camping"

30086	F	6:30pm-8:30pm	2/28	BCC	\$10/1 Mtg
30087	F	6:30pm-8:30pm	4/4	BCC	\$10/1 Mtg
30088	F	6:30pm-8:30pm	5/30	BCC	\$10/1 Mtg



Fitness Class Schedule

Mondays	Cardio Circuit	9-10 a.m.
	Pickleball at Mayfair Park	9-11 a.m.
Tuesdays	Walking Club	8:30-9:30 a.m.
	Stretch & Tone	10-11 a.m.
	Pickleball at Mayfair Park	6-8 p.m.
Wednesdays	Pickleball at Mayfair Park	9-11 a.m.
	Chair Volleyball at Mayfair Park	9-11 a.m.
	Pickleball at Bolivar Park	6-8 p.m.
Thursdays	Walking Club	8:30-9:30 a.m.
	Stretch & Meditate	10-11 a.m.
	Pickleball at Mayfair Park	6-8 p.m.
Fridays	Pickleball at Mayfair Park	9-11 a.m.
	Chair Volleyball at Mayfair Park	9-11 a.m.
	Pickleball at Bolivar Park	6-8 p.m.

*Evening Pickleball will resume March 18.



Seasonal Cookie Decorating

This class will teach you how to decorate beautiful royal icing cookies with piping, flooding and detail work. At the end of the class you'll be able to take home your delicious cookies and extra materials! Cookies and supplies needed for the class will be provided. Instructor: City Staff

• **A \$10 materials fee is due to the instructor at the beginning of class.**

- February 7 - Valentine Cookies
- March 15 - St. Patrick's Day Cookies
- May 2 - Cinco De Mayo Cookies

• **Registration closes the Wednesday prior to class.**

30091	F	6:30pm-8:30pm	2/7	BCC	\$10/1 Mtg
30092	Sa	10:00am-12:00pm	3/15	BCC	\$10/1 Mtg
30093	F	6:30pm-8:30pm	5/2	BCC	\$10/1 Mtg

Tech Talk

Every other Thursday, 4-5 p.m.

Dates: February 6 & 20, March 6 & 20, April 3 & 17, May 1, 15 & 29, June 12. Do you have a gadget (smartphone, ipad, etc.) that is making you crazy? Bring it in and let our technological experts show you some tricks to make life with your gadget easier.

Texas Hold 'Em Poker Club

Mondays and Thursdays, 12:30-2:30 p.m.

Join the Active+ Poker Group! New poker players are wanted to expand the group. Just bring your poker skills; chips and poker table are provided.

• **No class Feb. 17 & May 26.**

Trivia Night

Join us for an evening of fun and friendly competition at Trivia Night! Teams will test their knowledge and battle for the top spot answering a variety of trivia questions. Prizes will be awarded to the team with the most points at the conclusion of the night.

Snacks and drinks will be provided. Instructor: City Staff

30089	Th	6:00pm-8:00pm	3/27	BCC	\$5/1 Mtg
30090	Th	6:00pm-8:00pm	5/8	BCC	\$5/1 Mtg

Active+ Basketball Free Play

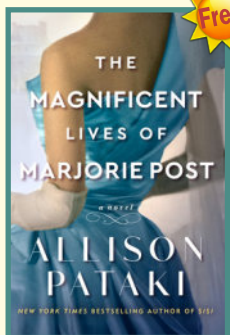
Come out to the Hoover School Gymnasium and get your game on! Drop in play will be organized and monitored by recreation staff. Players must check-in at the gymnasium.

Mondays, beginning January 6, 2025 - 6:30-8:30 p.m.

Burns Book Club

Feb. 5, March 5, April 2, May 7 & June 4
1-3 p.m.

Come have stimulating conversation with others who love to read. Please read The Magnificent Lives of Marjorie Post by Allison Pataki before the first class. The remaining books will be selected by the class each month.



AARP Smart Driver Course

This two-part class will teach you the newest safety features in vehicles, strategies that can reduce your likelihood of having a crash, increase your confidence when driving, and much more. Must attend both days. Please bring a pen. Fee must be paid by check or money order to AARP, and will be collected at the beginning of the first class. AARP Certified Instructor: Jim Jang.

Fee: \$20 for AARP Members, \$25 for Non-AARP Members

March 11 & 12 from 12 - 4 p.m.

April 29 & 30 from 12 - 4 p.m.

June 10 & 11 from 12 - 4 p.m.

AARP Smart DriverTEK Workshop

Advanced vehicle technology is keeping us safer on the road. Learn about the latest advances in the Smart DriverTEK workshop. Free to participate. Registration required.

April 16 from 12 - 1:30 p.m.

* Please call Burns Community Center at 562-925-7512 to register, space is limited.

PROJECT SHEPHERD



Year Round Assistance

Families in need may apply any time of year for help with the emergency food pantry or utility bill payment assistance. Residents will receive non-perishable food items and personal care items.

Project Shepherd applicants must be Lakewood residents (determined by current Lakewood mailing address and utility bill).

To apply for assistance, please call the center that serves the zip code of your residence:

Resident Zip Code	Facility	Call
90712 or 90713	Burns Community Center	562-925-7512
90715	Palms Park	562-865-6414

Registration is taken over the phone. Items are distributed by appointment only.

Recreation Scholarships

Lakewood Project Shepherd offers one-time scholarships for recreation program registration such as day camp, swim lessons, Daddy/Daughter Date Night, Mother/Son Date Night, classes, etc.

For more information or to see if you qualify, call 562-925-7512.

Fees listed represent the registration cost for Lakewood residents. Non-residents should refer to the chart on page 38 for additional fees.

Adaptive Recreation

The Adaptive Recreation Program meets at Bloomfield Park, Tuesdays from 3:30-5:30 p.m. Adaptive Recreation is designed to provide equal recreation and leisure opportunities for people with special needs, for participants 8 years of age through adult. Activities include arts and crafts, food preparation, mini trips and sports training. Special events and excursions are offered throughout the year.

The program will offer a winter and spring session. A small registration fee of \$20 per session is required:

Winter Session: **January 7 - March 11**
Activity # 30186

Spring Session: **March 25 - June 3**
Activity # 30187



Three sports seasons are offered:

Spring: Basketball & Bocce Ball

Summer: Bowling*

Fall: Softball, Soccer, Golf* & Tennis

**Bowling/Golf practice dates vary, and are held off-site.*

Program registration and medical clearance is required prior to participating.

Please contact Bloomfield Park for the most up to date information regarding our Special Olympics Program at 562-865-1717.



ARP Events Spring 2025

January 18
Long Beach State
Basketball Night • \$10
Activity # 30189

February 21
Valentine Dance
6-9 p.m. • \$5
Activity # 30188

March 8
Long Beach State
Basketball Night • \$10
Activity # 30192

April 18
ARP Bowling Night
6-10 p.m. • \$20
Activity # 30190

May 16
ARP Prom Dance
6-9 p.m. • \$5
Activity # 30191

Special Olympics

Lakewood partners with Special Olympics Southern California to provide a year-round athletic program for individuals with intellectual and developmental disabilities.



WELCOME TO THE CITY OF LAKEWOOD'S TRAVEL PROGRAM

Please follow registration procedures listed in the back of the catalog. Trip registration is through the Recreation and Community Services Department at Lakewood City Hall. **All trips depart from the Burns Community Center, 5510 Clark Ave. in Lakewood unless otherwise noted.** Participant parking is available in the southeast parking lot of Burns. All destinations are wheelchair accessible unless indicated otherwise. **Please notify us when registering if you use a wheelchair or other mobility aid.** It is recommended that participants visit each venues' website for a complete list of restrictions and policies. Departure and return times may be adjusted due to certain circumstances beyond our control. Please register early as seating is on a first come, first served basis. Registration is non-transferable. No walk-ins. **If you have questions concerning registration, call (562) 866-9771 ext. 2408 or for questions concerning trip details call (562) 924-0149.**

Refunds will be granted only if the City is notified, the trip is full, and the space can be resold by the City of Lakewood prior to the day of the trip. All three of these conditions must be met to authorize a refund. There is also a \$5 administrative fee per person.



Harry Potter and the Cursed Child

Broadway's spellbinding spectacular HARRY POTTER AND THE CURSED CHILD is coming to Pantages Theater in Los Angeles. Join us as we see the next adventure and experience the wizarding world like never before at this record-breaking hit and winner of six Tony Awards including Best Play. "It's one of the most defining pop culture events of the decade" (Forbes). When Harry Potter's head-strong son Albus befriends the son of his fiercest rival, Draco Malfoy, it sparks an unbelievable new journey for them all, with the power to change the past and future forever. Prepare for a mind-blowing race through time, spectacular spells, and an epic battle, all brought to life with the most astonishing theatrical magic ever seen on stage. According to the New York Times, It's a "marvel of imagination" (The New York Times). So join us as we experience this marvel of Broadway. Please arrive at 5 p.m. The bus will leave promptly at 5:30 p.m. An adult must accompany children of all ages. Accessible seating is limited and based on availability. Please call before registering if accessible seating is needed.

• **Last day to register is Friday, March 7, or until filled.**

30197 Th 5:00pm-11:45pm 3/13 BCC \$86 Per person

Dodger Stadium Tour

As baseball's third-oldest stadium, Dodger Stadium remains one of the game's most beautiful and historic venues. This exclusive, private behind-the-scenes tour lets fans visit some of the most restricted and non-public areas of Dodger Stadium and get a view from a completely new perspective. We will get a guided, one-of-a-kind opportunity to peek inside the Dodger Clubhouse, the Dodger Bullpen, the Interview Room, the Dodger Weight Room and Batting Cage, and more exclusive areas and surprises! We will top off the tour with a boxed lunch on the Top Deck before heading home. Please arrive at 8:30 a.m. for check in. The bus will leave promptly at 9 a.m. An adult must accompany children of all ages.

• **Last day to register is Monday, April 14, or until filled.**

30198 Sa 8:30am-4:00pm 4/19 BCC \$75 Per person



Getty Villa

With breathtaking views of Malibu, the collection and changing exhibitions at the Getty Villa offer 7,000 years of ancient art, from the end of the Stone Age to the fall of the Roman Empire. The Getty Villa houses the J. Paul Getty Museum's collection of approximately 44,000 Greek, Roman, and Etruscan antiquities. Over 1,200 works are on view in 23 galleries devoted to the permanent collection, with five additional galleries for changing exhibitions. With objects dating from 6,500 B.C. to A.D. 400, the collection contains monumental sculptures as well as artifacts of everyday life. There are two onsite eateries for lunch (on your own). Please arrive at 8:15 a.m. for check in. The bus will leave promptly at 8:30 a.m. An adult must accompany children of all ages.

• **Last day to register is Monday, May 12, or until filled.**

30199 Sa 8:00 am-5:30pm 5/17 BCC \$36 Per person



Family Programs

Family Camp

Bring your children and spend a night out under the stars. It's a great outdoor experience for everyone. Participate in fun activities including games, crafts, nature walks, roasting marshmallows and singing around the campfire. Camp guides will be there to help you set up camp and help your children enjoy the fun. All meals and snacks are prepared so parents can sit back, relax and enjoy nature. Pets, BBQ grills, cooking apparatuses and alcohol are not permitted. Instructor: April Berg

- A \$20 per person materials fee for meals is payable to the instructor at camp.
- The supply list is available online at the Family Camp registration page.

30366 Sa,Su 1:00pm-12:00pm 5/17-5/18 MVP \$10

Disney · PIXAR RATED PG

ELEMENTAL

Friday, March 7 • Biscailuz Park

Event area opens at 6 p.m.
 Movie begins at 7 p.m.
 Bring your own lawn chairs and blankets.
 Serving hot chocolate and popcorn, while supplies last.




FREE **EARTH WALK**



SATURDAY
MARCH 15 - 10 a.m. to 1 p.m.
MONTE VERDE PARK

Grab your "Passport to Planet Earth" and learn what you can do to help keep the earth beautiful and protected. Adults and children are invited to take a nature walk, plant seeds, create nature themed crafts, make s'mores, learn about recycling and protecting our environment, meet "Woody the Tree" and much more! Visit the stations along the trail and get your passport stamped with specialty Earth Walk stamps. With a completed passport, you'll receive a special Earth Walk giveaway.

DATE NIGHTS

Mother/Son Mayhem "It's Game Day" Saturday, March 22

Mothers, grandmothers, aunts, and special guests, get your game faces ready! Bring your sons or special guys to this fun-filled evening featuring outdoor games, contests, and a delicious dinner. Moms and sons are encouraged to dress in the game day spirit and represent their team! All guests will be entered into the Homecoming Queen and Prince raffle. The Mother/Son duo with the most spirited attire will also receive a prize! All guests will receive a keepsake mother-son photo and frame. Registration is required for all guests in attendance.

30169 Sa 5:00-8:00 p.m. MVP \$25 per person

Daddy/Daughter Date Night "Friday Night Lights" Friday, April 4

Dads, grandfathers, and specials guests, get ready for kickoff and bring your best gal along for a night full of fun! Each father-daughter couple can put on their game day uniforms and dress in their best football and cheerleader outfits. Dads and daughters are encouraged to dress in the game day spirit and represent their team! Enjoy a semi-formal affair featuring a fabulous dinner followed by an evening of dancing to a popular DJ. There will be contests throughout the evening, including the annual crowning of this year's Homecoming King and Princess! All guests will receive a keepsake daddy-daughter photo and frame.

30168 F 6:00-9:00 p.m. CTR \$45 per person

EACH PARTICIPANT ATTENDING MOTHER/SON AND DADDY/DAUGHTER DATE NIGHTS MUST BE INDIVIDUALLY REGISTERED

FUN-TASTIC FAMILY NIGHT

Every day is a wonderful day to spend with your family! Come to The Centre in Lakewood and join your neighbors and friends at FUN-Tastic Family Nights. Each event includes a light meal and fabulous entertainment for the entire family.



March 21- Children's Magic Show by the Imaginators

Come join us as a mysterious magician leads the audience through an immersive children's magic show. Unexplainable tricks and illusions will keep the audience guessing. This show will leave you spellbound while exploring the curiosities of magic.

- Seating will be on a first come basis.
 - Doors open at 6 p.m.
 - Orange chicken, white steamed rice, lemonade and dessert will be served prior to the show.
 - Last day to register is March 14 or until filled.
 - \$15 per person/\$12 Children ages 1-3/ Children under 1 free
- 30171 F 6:30-8:00 p.m. CTR

February 21 - Adventure of Lost Treasure

Join in on this "treasure hunting" experience where the audience participation will help the performer act out a tale within the jungle. Events within the story will explore exciting science concepts. This interactive STEM program teaches science through stimulating stories everyone in the family will love.

- Seating will be on a first come basis.
 - Doors open at 6 p.m.
 - Chicken fingers, mashed potatoes, lemonade and dessert will be served prior to the show.
 - Last day to register is February 14 or until filled.
 - \$15 per person/\$12 Children ages 1-3/ Children under 1 free
- 30170 F 6:30-8:00 p.m. CTR

April 25 - Get Active with Bert Badger

Join Bert Badger as he leads an interactive performance highlighting the benefits of movement and exercise. His songs embrace a healthy lifestyle through high-energy dance anyone can follow. This show is a great way to get active, move the body, and guaranteed to put a smile on your face!

- Seating will be on a first come basis.
 - Doors open at 6 p.m.
 - Teriyaki chicken skewers, white steamed rice, lemonade and dessert will be served prior to the show.
 - Last day to register is April 18 or until filled.
 - \$15 per person/\$12 Children ages 1-3/ Children under 1 free
- 30172 F 6:30-8:00 p.m. CTR

PLAY Free!

at Palms

14 FEBRUARY

VALENTINE'S DAY - 6-10 P.M.
PARENT'S NIGHT OUT, KIDS NIGHT IN

Parents, do you need a date night? What better day than Valentine's Day. Bring the kids to us. The highly qualified Palms staff will supervise your children while parents get a much needed night out! Enjoy a local restaurant or a movie while the kids have a pizza dinner, snacks, games and an indoor movie featuring **Spider-Man: Across The Spider-Verse**. This event is for ages 3 and older (children must be potty trained). Pre-registration is required. Visit www.lakewoodcity.org/ecatalog and register using **Activity #30095**.

10 JANUARY

RANGER JACK'S MUSIC & PUPPET SHOW

Come out for an unforgettable, entertaining, and amazing night as **Ranger Jack** performs fun songs and participants can interact with his hilarious puppets. Pre-registration for this free event is required. Visit www.lakewoodcity.org/ecatalog and register using **Activity #28842**. Check-in begins at 6 p.m. and show runs 6:30-7:30 p.m.

FAMILY BINGO NIGHT

Come and join us for a fun Family Bingo Night along with friends and family. You can win **fabulous prizes** and enjoy free snacks courtesy of the Recreation Department. Pre-registration for this free event is required. Visit www.lakewoodcity.org/ecatalog and register using **Activity #30094**. Check-in begins at 6 p.m. and bingo runs 6:30-8 p.m.

14 MARCH

SPRING COMMUNITY CAR SHOW 6-8:30 P.M.

11 APRIL

A variety of cars will be displayed along with a food truck, vendors and a kid's zone. All cars are welcomed and no entry fee is required.

This is a free event to the public.
To register a vehicle please visit:

www.lakewoodcity.org/CarShowRegistration

PALMS PARK | 12305 207TH STREET, LAKEWOOD

For questions regarding these events, contact the Recreation & Community Services Department at (562) 866-9771, ext. 2408

Lakewood Youth Center (LYC)

Monday-Friday • 3-7 p.m. 562-429-7472

SPRING KICKBACKS FREE!

Join us on the **first Wednesday** of the month from 4-6 p.m. for an afternoon of fun at Del Valle Park. Play kickball or whiffle ball, compete in games and contests, and enjoy delicious snacks. Open to teens in grades 6-12. Check in at the Youth Center.

Fusion Fridays Free!

Meet at the Youth Center every **Friday from 3-7 p.m.** for a fun Friday full of food, arts & crafts, games and movies!!

Teen Book Club MONDAYS FROM 5-6 P.M.

Gather to discuss, dissect, and delve into the pages of our latest literary adventures.

Teen Art Club THURSDAYS ■ 5-6 P.M.

Explore art by expressing your creativity through unique projects, while connecting with others who share your passion!

FREE! Summer Kick-Off

Friday, June 6 • 4-7 p.m.

Kick-off summer with a party at the LYC! Food, sno-cones, an inflatable, music and more!

Teen Paint & Sip

10 a.m. - 12 p.m.

Participants will create their own artist masterpiece while enjoying hot cocoa!
February 15 - Activity #30101
April 19 - Activity #30102

LEGO DAYS 10 a.m. - 12 p.m.

Try out a new set or build a creation of your own. You bring the ideas, we bring the fun!

March 8 - Activity #30099
May 17 - Activity #30100

Teen Life Skills

Monthly sessions teach teens the basics to prepare to be independent, responsible adults. 5-6 p.m.

Pre-registration required.

February 18

Jobs: Interview Prep & Resumes

Activity #30096

FREE

Sign up now!

March 18

Clothing: Basic Sewing, Ironing & Fabric Care

Activity #30097

April 15

Food: Budgeting, Nutrition, Kitchen Tools and Cooking Basics

Activity #30098

TEEN VOLUNTEER PROGRAM LTAC

Middle School and High School students can join the **Lakewood Teen Action Committee** and earn community service hours. Meet teens from other schools, gain work



experience through volunteering at parks and at special events, learn life skills and plan events for teens.

Join us for our 2025 volunteer meeting on **Saturday, February 1** from 10 a.m.-12 p.m. at the Lakewood Youth Center.

Call the Lakewood Youth Center at 562-429-7472 to RSVP or for more information.

Teen Resource Center @ Bloomfield Park (TRC)
Monday-Friday • 2:30-7 p.m. 562-865-1717



WEEKDAY PROGRAMS AT THE TRC

The Teen Resource Center offers a safe social environment for teens to hang out after school, as well as an array of assistance programs for teens seeking help with:

- Homework and School Assignments
- College Research and Applications
- Job Search and Applications
- Interview Prep and Resume Building

FREE!

If seeking assistance, please contact Bloomfield Park to schedule an appointment with a staff member!

SUPER SATURDAYS
5-8 P.M.
@ the TRC

Pre-Registration Required.
Visit:
www.lakewoodcity.org/eCatalog
and use the activity #
listed with each event.

FEBRUARY 8, 5-8 P.M.
AIR HOCKEY TOURNAMENT

Challenge yourself to a fun night of competition against your friends and staff! Refreshments and snacks to be provided. Pre-registration is required for this activity.
Activity #30268

April 12, 5-8 p.m.
Art Workshop

Enjoy a fun night filled with opportunities to paint, draw and design your own tote bags, canvases and more! Materials and refreshments provided. Pre-registration is required.
Activity #30267

January 11, 5-8 p.m.
Paint Night

Come out with your friends for a fun night of painting, snacks and refreshments! Pre-registration is required for this activity.
Activity #30266

May 17, 5-8 p.m.
Career Development Workshop

Join us for resume building, networking, and searching for jobs! Pre-registration is required.
Activity #30265

St. Patty's Basketball Tournament

Saturday, March 15 • 2-6 p.m.

Middle & High School Divisions
Come out with your friends to play in a winner takes all basketball tournament!

Pre-registration required
Middle School Activity #30264
High School Activity #30263



Spring Break Day Camp is a program for children ages 6-12 and will be offered at Mayfair and Palms Park. The program will include a variety of arts and crafts, outdoor sports, indoor games, and specialized activities.

- An excursion to **Medieval Times** will take place each week.

Mayfair Park April 14-18	Palms Park April 21-25
Excursion - Thurs., April 17	Excursion - Friday, April 25
#30454	#30455

Fees:
\$180 for residents
\$195 for non-residents

Spring Break Camps

Kids Creative Spring Camp New

Students will make a number of projects including fine art, craft decor, upcycled and crafting through nature. Skills learned will be drawing, painting, sculpture, and creative thinking. Ages 7-12. Instructor: Barbara Hass

• **A \$50 materials fee is payable to the instructor in class.**
 30422 M,W,F 9:30am-11:00am 4/14, 4/16, 4/18 CTR \$95/3 Mtgs
 30423 M,W,F 9:30am-11:00am 4/21, 4/23, 4/25 CTR \$95/3 Mtgs

Spanish Bilingual Spring Break Camp New

In this safe, fun, and interactive environment, children can be exposed to, hear, and practice Spanish in a no pressure environment. Children will participate in open play, science experiments, board games, cooperative games and learn different art languages. Ages 5-17. Instructor: Xochitl Brizuela

• **Sibling discount available. Please call the Recreation and Community Services Department at 562-866-9771 ext. 2408 for more information.**
 30385 M-F 9:00am-2:00pm 4/14-4/18 PLMS \$500/5 Mtgs

Youth Evolution Basketball Spring Break Camp (Level 2) New

Using our progressive curriculum and focusing on the whole player, this one-week basketball camp will teach your child the skills they need both on and off the court. Our coaches will focus on respect, teamwork and responsibility. We will start each day with a 'skill of the day' and progress to drills and games, making this an unforgettable camp experience for your young athlete. After a week of passing, shooting, and dribbling, your player will enjoy improved confidence in their basketball skills. Each participant will receive a complimentary jersey. Ages 5-7.

Instructor: Youth Evolution Basketball Staff
 30082 M-F 9:00am-12:00pm 4/14-4/18 SM \$169/5 Mtgs

Youth Evolution Basketball Spring Break Camp (Level 3) New

Using our progressive curriculum and focusing on the whole player, this one-week basketball camp will teach your child the skills they need both on and off the court. Our coaches will focus on respect, teamwork and responsibility. We will start each day with a 'skill of the day' and progress to drills and games, making this an unforgettable camp experience for your young athlete. After a week of passing, shooting, and dribbling, your player will enjoy improved confidence in their basketball skills. Ages 8-11. Each participant will receive a complimentary jersey.

Instructor: Youth Evolution Basketball Staff
 30083 M-F 9:00am-12:00pm 4/14-4/18 SM \$169/5 Mtgs

Fine Arts Instruction

Descendants Dance Workshop New

Dance and create magic in this one day workshop. Upbeat dance with a focus on jazz and hip hop styles, this one day workshop is great for beginning dancers who love to move and have fun. The workshop will include dance, crafts and a parent show and tell during the last five minutes of the workshop. Ages 4-8. Instructor: Kick It Up Staff

• **Location: Kick It Up, 8129 E. Wardlow Rd., Long Beach.**
 • **Please note: parents are to remain outside of the classroom during instruction time.**
 30163 Sa 1:00pm-2:30pm 2/15 Off Site \$20/1 Mtg

Drums for Fun (Youth)

Youth ages 6-12 can learn the basic techniques of drumming from a professional musician. Instruction includes proper grip positions, hand and wrist development, sight reading, hand and foot coordination, rudimental training and drumset techniques. Students will have the opportunity to play on a drumset. The instructor provides sticks, practice pads and music sheets during group lessons. Visit Drumvillestudios.com. Instructor: Lenny 'Gee' Giachello

• **A \$7 materials fee for drum sticks and folder is due in class.**
 30204 T 7:30pm-8:30pm 2/11-3/25 BOL \$85/7 Mtgs
 30207 T 7:30pm-8:30pm 4/1-5/13 BOL \$85/7 Mtgs



NEW! Resident registration opens April 1!

Monte Verde Day Camp is offered Monday through Friday, June 9-August 22, 2025. Camp is designed for children ages 6-12 years of age that can participate in a group setting of 1 adult to 10 children. Each week offers a special event or exciting excursion and camp activities centered around a different weekly camp theme. Resident registration opens April 1 and non-resident registration opens April 15. Visit www.lakewoodcity.org/ecatalog to register.

Musical Theatre (Beginning)

Your child will get their chance to shine while learning the basics of singing, acting and dancing! Students will enjoy learning such things as basic vocal technique, improvisation, Broadway musical songs, how to perform for an audience, as well as character development. Add in some fun acting games and choreography to boot and your child will be singing and dancing all day long! Ages 5-8. Instructor: Kick It Up Staff

• **Location:** Kick It Up, 8129 E. Wardlow Rd., Long Beach.

• **Please note:** parents are to remain outside of the classroom during instruction time.

30161 Sa 11:30am-12:30pm 2/8-3/22 Off Site \$70/7 Mtgs

Musical Theatre (Intermediate)

Your child will get their chance to shine while learning the basics of singing, acting and dancing! Students will enjoy learning such things as basic vocal technique, improvisation, Broadway musical songs, how to perform for an audience, as well as character development. Add in some fun acting games and choreography to boot and your child will be singing and dancing all day long! Ages 9-12. Instructor: Kick It Up Staff

• **Location:** Kick It Up, 8129 E. Wardlow Rd., Long Beach.

• **Please note:** parents are to remain outside of the classroom during instruction time.

30158 Sa 10:30am-11:30am 2/8-3/22 Off Site \$70/7 Mtgs

Musical Theatre (Advanced)

Your child will get their chance to shine while learning the basics of singing, acting and dancing! Students will enjoy learning such things as basic vocal technique, improvisation, Broadway musical songs, how to perform for an audience, as well as character development. Add in some fun acting games and choreography to boot and your child will be singing and dancing all day long! Ages 9-14. Instructor: Kick It Up Staff

• **Location:** Kick It Up, 8129 E. Wardlow Rd., Long Beach.

• **Please note:** parents are to remain outside of the classroom during instruction time.

30156 Sa 9:30am-10:30am 2/8-3/22 Off Site \$70/7 Mtgs

Princess Pop Up Workshop

Dance and have fun in this one day workshop. Ballet, hip hop, jazz and other fun princess-like dance styles are perfect for beginning dancers who love to move and have fun. The workshop will include dance, crafts and a parent show and tell during the last five minutes of the workshop. Ages 4-8. Instructor: Kick It Up Staff

• **Location:** Kick It Up, 8129 E. Wardlow Rd., Long Beach.

• **Please note:** parents are to remain outside of the classroom during instruction time.

30167 Sa 1:00pm-2:30pm 5/10 Off site \$20/1 Mtg

Educational Classes

Reading Development (Grades K-1)

Individualized to your student's needs. Improves comprehension, vocabulary, spelling and fluency. Specially trained teachers test, structure and implement your child's program. For children ages 4.5-7. Instructor: Readwrite Educational Solutions Staff.

• **\$20 materials fee payable to the instructor at the first class meeting.**

30376	T,Th	3:30pm-4:15pm	2/13-3/11	BOY	\$89/8 Mtgs
30379	T,Th	3:30pm-4:15pm	3/18-4/10	BOY	\$89/8 Mtgs
30380	T,Th	3:30pm-4:15pm	4/29-5/22	BOY	\$89/8 Mtgs

Reading Development (Grades 2-6)

Individualized to your student's needs. Improves comprehension, vocabulary, spelling and fluency. Specially trained teachers test, structure and implement your child's program. For children ages 6.5-11. Instructor: Readwrite Educational Solutions Staff

• **\$20 materials fee payable to the instructor at the first class meeting.**

30377	T,Th	4:20pm-5:05pm	2/13-3/11	BOY	\$89/8 Mtgs
30381	T,Th	4:20pm-5:05pm	3/18-4/10	BOY	\$89/8 Mtgs
30382	T,Th	4:20pm-5:05pm	4/29-5/22	BOY	\$89/8 Mtgs

Math Development (Grades 2-6)

Students' skill gaps are identified through comprehensive testing. Trained teachers structure and implement a program to reinforce identified skills in primary facts (addition, subtraction, multiplication, division), fraction operations, prime numbers, factoring concepts, decimals, algebra, geometry skills and increased confidence. For children ages 6.5-12. Instructor: Readwrite Educational Solutions Staff

• **\$20 materials fee payable to the instructor at the first class meeting.**

30378	T,Th	5:10pm-5:55pm	2/13-3/11	BOY	\$89/8 Mtgs
30383	T,Th	5:10pm-5:55pm	3/18-4/10	BOY	\$89/8 Mtgs
30384	T,Th	5:10pm-5:55pm	4/29-5/22	BOY	\$89/8 Mtgs

Spanish After School

This class is for children 6-17 and is designed as an afterschool safe place to practice Spanish through joy and games. There will be music, stories, discussions and games, art, science and movement. Teacher practices a student-centered and constructivist self-guided curriculum, with the main focus on social and emotional development. Instructor: Xochitl Brizuela

• **Please register early! Classes will only be held if minimum registration is met.**

• **No class February 17, March 31, and May 12 & 26.**

30388	M	3:30pm-5:30pm	2/3-4/7	PLMS	\$320/8 Mtgs
30395	M	3:30pm-5:30pm	4/28-6/9	PLMS	\$200/5 Mtgs

Arts & Crafts

Creative Clay

Create great pots on the wheel and by hand. Children ages 5-12 will have a great time discovering their talents in this fun and messy class. These items make excellent gifts. Instructor: April Berg

• **A \$30 materials fee is payable to the instructor in class.**

• **No class April 7.**

30365	M	4:45pm-5:45pm	3/17-4/21	CTR	\$35/5 Mtgs
-------	---	---------------	-----------	-----	-------------

Recreation Scholarships
are available through Lakewood Project Shepherd.
Call 562-925-7512 for more information.

Teen & Youth Dance

Ballet/Tap Combo (Intermediate)

Have fun exploring both types of dance - ballet and tap. Appropriate shoes required. Ages 5-8. Instructor: Kick It Up Staff

- **Location:** Kick It Up, 8129 E. Wardlow Rd., Long Beach.
- **Please note:** parents are to remain outside of the classroom during instruction time.

30160 Sa 11:30am-12:30pm 2/8-3/22 Off Site \$70/7 Mtgs

Beginning Lokelani Hula

Learn about the Polynesian cultures through dance in this introductory class for ages 6-10 years. Students will learn the basics of hula, Tahitian, and Maori poi balls. Exercise, the art of dance, and having FUN - all rolled into one! Instructors: Ms. Willie Villa-Real and Mrs. Stephanie Fontela

- **Students will need to purchase a costume for performances, dates and cost TBA.**
- **Dance implements (poi balls) may be purchased through the instructor.**
- **No class on April 15.**
- **Classes on April 22 meet at Monte Verde Park.**

30119 T 6:45pm-7:30pm 2/4-2/25 PLMS \$35/4 Mtgs
30130 T 6:45pm-7:30pm 3/4-3/25 PLMS \$35/4 Mtgs
30131 T 6:45pm-7:30pm 4/1-4/29 PLMS \$35/4 Mtgs
30132 T 6:45pm-7:30pm 5/6-5/27 PLMS \$35/4 Mtgs

Cutie Pies

Your dancer will learn tap, ballet, jazz and creative movement while having a good time. Ages 5-9. Instructor: Isabel Moses-Caldera

- **Sibling discount available. Contact Recreation & Community Services for more information.**
- **No class February 17, April 14 and May 26.**
- **Spring recital will be held on June 13. To participate in the recital, students will need to enroll in both 8-week sessions and will also need to purchase a costume.**

30107 M 6:30pm-7:15pm 2/3-3/31 BLM \$96/8 Mtgs
30112 M 6:30pm-7:15pm 4/7-6/9 BLM \$96/8 Mtgs

Dancing Divas

Your dancer will learn ballet and jazz while having a good time. Ages 10-13. Instructor: Isabel Moses-Caldera

- **Sibling discount available. Contact Recreation & Community Services for more information.**
- **No class February 17, April 14 and May 26.**
- **Spring recital will be held on June 13. To participate in the recital, students will need to enroll in both 8-week sessions and will also need to purchase a costume.**

30108 M 7:15pm-8:00pm 2/3-3/31 BLM \$96/8 Mtgs
30113 M 7:15pm-8:00pm 4/7-6/9 BLM \$96/8 Mtgs

Recreation Scholarships are available through Lakewood Project Shepherd. Call 562-925-7512 for more information.

Hip Hop (Intermediate)

Move and groove to the latest music and maybe some tunes from the past too. Hip Hop is great for having a fun dance party and building rhythm and coordination. Ages 8-14. Instructor: Kick It Up Staff

- **Location:** Kick It Up, 8129 E. Wardlow Rd., Long Beach.
- **Please note:** parents are to remain outside of the classroom during instruction time.

30185 Th 3:45pm-4:45pm 2/6-3/20 Off Site \$70/7 Mtgs

Performing Ilima Hula

This intermediate Polynesian dance group will be performing at various community events. Students will learn dances from Hawaii, New Zealand, Tahiti, and more. Ages 8-12.

- Instructors: Ms. Willie Villa-Real and Mrs. Stephanie Fontela
- **Students will need to purchase a costume for performances, dates and cost TBA.**
 - **Dance implements (poi balls) may be purchased through the instructor.**
 - **No class April 17.**

30120 Th 5:15pm-6:00pm 2/6-2/27 BLM \$35/4 Mtgs
30137 Th 5:15pm-6:00pm 3/6-3/27 BLM \$35/4 Mtgs
30138 Th 5:15pm-6:00pm 4/3-5/1 BLM \$35/4 Mtgs
30139 Th 5:15pm-6:00pm 5/8-5/29 BLM \$35/4 Mtgs

Performing Melia Hula

This advanced Polynesian dance group will be performing at a number of community events. Students will learn dances from Hawaii, New Zealand, Tahiti, and Samoa, using various dance implements. Ages 13-17. Instructors: Ms. Willie Villa-Real and Mrs. Stephanie Fontela

- **Students will need to purchase a costume for performances, dates and cost TBA.**
- **Dance implements (poi balls) may be purchased through the instructor.**
- **No class April 17.**

30122 Th 6:45pm-7:45pm 2/6-2/27 BLM \$39/4 Mtgs
30144 Th 6:45pm-7:45pm 3/6-3/27 BLM \$39/4 Mtgs
30145 Th 6:45pm-7:45pm 4/3-5/1 BLM \$39/4 Mtgs
30146 Th 6:45pm-7:45pm 5/8-5/29 BLM \$39/4 Mtgs

Performing Okika Hula

This intermediate/advanced Polynesian dance group will be performing at a number of community events. Students will learn dances from Hawaii, New Zealand, Tahiti and more, using various dance implements. Ages 10-14. Instructors: Ms. Willie Villa-Real and Mrs. Stephanie Fontela

- **Students will need to purchase a costume for performances, dates and cost TBA.**
- **Dance implements (poi balls) may be purchased through the instructor.**
- **No class April 17.**

30121 Th 6:00pm-6:45pm 2/6-2/27 BLM \$35/4 Mtgs
30141 Th 6:00pm-6:45pm 3/6-3/27 BLM \$35/4 Mtgs
30142 Th 6:00pm-6:45pm 4/3-5/1 BLM \$35/4 Mtgs
30143 Th 6:00pm-6:45pm 5/8-5/29 BLM \$35/4 Mtgs



*Lakewood Parks will host
Baseball & Softball Leagues for
children ages 4-17 this summer.*

Children in the 4-5 and 6-7 age divisions will play in non-competitive T-Ball and Coach Pitch leagues, respectively. The T-Ball and Coach Pitch leagues will focus on the development of fundamental baseball skills, and will emphasize participation, fun and individual/team growth. Scores and standings will not be kept in the T-Ball and Coach Pitch leagues. Competitive Baseball and Softball leagues will be offered for children ages 8-17, where scores and standings will be kept. Competitive divisions will be organized into four age groups; 8-9, 10-11, 12-14 and 15-17. While competition will be a part of the 8-17 divisions, the emphasis will still be placed on participation, sportsmanship and enjoyment.

T-Ball, Coach Pitch, Baseball & Softball

SEASON DATES:

Practices Begin: May 27

**Opening Day Ceremony at Mayfair Park:
June 14**

**League Games Played:
June 16 – July 31**

Awards Ceremony & Family Day: Aug. 2

*Playoffs for competitive divisions
will conclude by Aug. 9.*



Registration will run April 19 – May 3, and can be found online at www.lakewoodcity.org/ecatalog. Age divisions will be determined by the player's age before June 1, 2025. There is no registration fee for Lakewood residents. Non-residents will be required to pay a \$20 fee at the time of registration. Players will be required to provide a birth certificate to park staff on May 17, and cannot participate until their age has been verified.

Teen & Youth Fitness and Sports

Gymnastics Classes

Boys Novice

This beginning level class will introduce boys to basic gymnastics skills and fundamentals in all six Men's Olympic events. Our coaches will focus on developing strength, flexibility and coordination in a positive environment, filled with energy. Gymnastics skills are useful in all sports and build confidence, agility, balance, strength and boost self esteem! Ages 7-12. Instructor: Tumble-N-Kids, Inc.

• No class April 17.

30326	Th	5:30pm-6:30pm	2/6-3/27	PLMS	\$154/8 Mtgs
30346	Th	5:30pm-6:30pm	4/10-5/29	PLMS	\$135/7 Mtgs

Cartwheel-N-Fun New

Everyone loves a cartwheel! At home, on the beach, in the yard or just at the spur of the moment. Girls and boys learn the proper technique of a cartwheel and the many skills that come from it, round offs, far arm cartwheels, side aerials and other variations. A lively, energetic class that incorporates cartwheel skills integrated in tumble runs and obstacle coursed. Ages 6-12.

Instructor: Tumble-N-Kids, Inc.

• No class April 18.

30356	F	4:30pm-5:15pm	2/7-3/28	PLMS	\$115/8 Mtgs
30357	F	4:30pm-5:15pm	4/11-6/6	PLMS	\$115/8 Mtgs

Cheernastics

All levels welcome! Need to learn tumbling skills? Need to learn cheer skills? This is the class for you. A great combination of cheer and gymnastics in a lively, fun, positive atmosphere. Experienced coaches safely teach stunts, jumps, cheers, arm motions and gymnastic skills. Primary tumbling skills include cartwheels, roundoffs, back handsprings, walkovers and routines! Ages 6-12. Instructor: Tumble-N-Kids, Inc.

• No class February 17, April 14 and May 26.

30314	M	5:30pm-6:30pm	2/3-3/24	PLMS	\$135/7 Mtgs
30335	M	5:30pm-6:30pm	4/7-6/9	PLMS	\$154/8 Mtgs

Gymnastics Academy 3

Skilled gymnasts with advanced skills are pre-approved for this class by progressing through the Advanced Level classes or by scheduling a tryout to assess their skill level. Curriculum will focus on more difficult skills in floor tumbling and all apparatuses including uneven bar, low and high balance beam and vault. Take your skills to the top level with our experienced coaches instructing you to maximize your individual talents. Email info@tumblenkids.com to schedule a tryout. Ages 7-14. Instructor: Tumble-N-Kids, Inc.

• No class April 16.

30324	W	5:00pm-6:00pm	2/5-3/26	PLMS	\$154/8 Mtgs
30352	W	5:00pm-6:00pm	4/9-6/4	PLMS	\$154/8 Mtgs

Gymnastics: Advanced Level 1

Advanced gymnastics curriculum consists of more difficult skills including round-offs, back walkovers, aerial cartwheel drills, back handspring basics along with practice on the gymnastics apparatus - uneven bars, balance beams and vault. Strength and conditioning and flexibility practice help gymnasts in developing new skills. Ages 5-8. Instructor: Tumble-N-Kids, Inc.

• No class April 15.

30319	T	4:30pm-5:30pm	2/4-3/25	PLMS	\$154/8 Mtgs
30347	T	4:30pm-5:30pm	4/8-6/3	PLMS	\$154/8 Mtgs



Gymnastics: Beginner Level 1 & 2

Beginner gymnast (Level 1: ages 5-8/Level 2: ages 9-13) curriculum consists of introductory skills including forward rolls, jumps, basic understanding of cartwheels, handstands, and backward rolls and more advanced progressions as they master gymnastics basics. Beginner class includes fundamentals on bars, vault and beam with an emphasis on body shaping, conditioning and flexibility to increase body awareness, build strength and coordination, and boost self-esteem! Instructor: Tumble-N-Kids, Inc.

• No class February 17, April 14 & 17 and May 26.

• Level 1 (ages 5-8): Mondays at 3:30 p.m. or Thursdays at 4:30 p.m.

• Level 2 (ages 9-13): Mondays at 4:30 p.m.

30312	M	3:30pm-4:30pm	2/3-3/24	PLMS	\$135/7 Mtgs
30313	M	4:30pm-5:30pm	2/3-3/24	PLMS	\$135/7 Mtgs
30325	Th	4:30pm-5:30pm	2/6-3/27	PLMS	\$154/8 Mtgs
30332	M	3:30pm-4:30pm	4/7-6/9	PLMS	\$154/8 Mtgs
30333	M	4:30pm-5:30pm	4/7-6/9	PLMS	\$154/8 Mtgs
30334	Th	4:30pm-5:30pm	4/10-6/5	PLMS	\$154/8 Mtgs

Jammin' Gymnasts

Girls and boys learn age-appropriate gymnastic skills including floor-tumbling, cartwheels, rolls, jumps, handstands and more, all levels welcome! Students ages 6-12 years old will experience the benefits of healthy exercise, strength, coordination, agility, and balance while building self-confidence. Music and obstacle courses make learning FUN while progressive skill instruction enhances individual accomplishment. Instructor: Tumble-N-Kids, Inc.

• No class April 15.

30327	T	5:30pm-6:30pm	2/4-3/25	PLMS	\$154/8 Mtgs
30348	T	5:30pm-6:30pm	4/8-6/3	PLMS	\$154/8 Mtgs

Ninja Gymnastics

This is the perfect class for children ages 7-12 who want to learn awesome gymnastics ninja skills. We'll do obstacle courses, swing on the bars, jump on trampolines, play fun ninja games and build strength with age appropriate physical conditioning, gymnastics skills and confidence. Your child will love seeing what they are capable of achieving! Instructor: Tumble-N-Kids, Inc.

• No class April 16.

30323	W	4:15pm-5:00pm	2/5-3/26	PLMS	\$115/8 Mtgs
30351	W	4:15pm-5:00pm	4/9-6/4	PLMS	\$115/8 Mtgs

Tennis Classes

All-Levels Tennis Class (Youth)

Craving some court action, regardless of your experience? Our all-levels tennis class is the perfect blend of challenge and fun, designed to elevate your game to the next level! Beginners will get personalized guidance to solidify their foundation and build confidence. Intermediate players will hone their strokes, explore advanced techniques and learn to strategize like a pro. Advanced players will sharpen their game through competitive drills, tactical exercises and match play. If you're ready to level up your tennis game, sign up today and join our vibrant community of players who are passionate about pushing their limits and having fun on the court! For ages 6-17. Instructor: X-Spin Staff

- **Location: Lakewood Tennis Center, 4212 Clubhouse Dr., Lakewood.**
- **Bring tennis racket and two unopened cans of heavy duty balls.**
- **Proper tennis shoes required - no basketball or running shoes.**
- **No class May 26.**

30244	M	5:00pm-7:00pm	2/3-3/10	Off Site	\$198/6 Mtgs
30245	F	4:30pm-6:30pm	2/7-3/21	Off Site	\$231/7 Mtgs
30249	M	5:00pm-7:00pm	3/17-4/21	Off Site	\$198/6 Mtgs
30251	F	4:30pm-6:30pm	3/28-5/2	Off Site	\$198/6 Mtgs
30250	M	5:00pm-7:00pm	4/28-6/9	Off Site	\$198/6 Mtgs
30252	F	4:30pm-6:30pm	5/9-6/13	Off Site	\$198/6 Mtgs

Beginning Tennis Class (Youth)

Join our beginner-friendly class designed to transform you from a curious newcomer into a confident court commander! Master the fundamentals, learn proper grips, footwork and swing mechanics for forehand, backhand and serve. Expert coaching led by a certified and experienced instructor who will guide you every step of the way. Don't wait! Serve up your chance to learn, have fun and get active with this beginner tennis class. Ages 6-17.

- Instructor: X-Spin Staff
- **Location: Lakewood Tennis Center, 4212 Clubhouse Dr., Lakewood.**
 - **Bring tennis racket and two unopened cans of heavy duty balls.**
 - **Proper tennis shoes required - no basketball or running shoes.**

30247	Sa	9:00am-10:00am	2/8-3/22	Off Site	\$126/7 Mtgs
30253	Sa	9:00am-10:00am	3/29-5/3	Off Site	\$108/6 Mtgs
30254	Sa	9:00am-10:00am	5/10-6/14	Off Site	\$108/6 Mtgs

Sports Instruction

Beginning Karate

This class is designed for youth who are interested in learning self defense. Additionally students will learn hand eye coordination and improve their motor functions. Ages 5-15.

Instructor: Sensei Bryce Watanabe

- **\$18 materials fee for first time students.**
- **Discount available if registering for both Tuesday and Thursday class sessions. Contact the Recreation and Community Services Department for details.**
- **No class March 25 & 27 and April 1, 3 & 10.**

30429	T	4:30pm-5:15pm	2/4-3/4	CTR	\$45/5 Mtgs
30432	Th	4:30pm-5:15pm	2/6-3/6	CTR	\$45/5 Mtgs
30436	T	4:30pm-5:15pm	3/11-4/29	CTR	\$54/6 Mtgs
30438	Th	4:30pm-5:15pm	3/13-5/1	CTR	\$45/5 Mtgs
30437	T	4:30pm-5:15pm	5/6-6/10	CTR	\$54/6 Mtgs
30439	Th	4:30pm-5:15pm	5/8-6/12	CTR	\$54/6 Mtgs

Intermediate Karate

This class is for kids who have taken the Beginner Karate class. Students will continue to learn more kata and a small amount of kumite. There will be a larger focus on discipline and concentration. Ages 5 and older. Instructor: Sensei Bryce Watanabe

- **Discount available if registering for both Tuesday and Thursday class sessions. Contact the Recreation and Community Services Department for details.**
- **No class March 25 & 27 and April 1, 3 & 10.**

30430	T	5:15pm-6:00pm	2/4-3/4	CTR	\$45/5 Mtgs
30433	Th	5:15pm-6:00pm	2/6-3/6	CTR	\$45/5 Mtgs
30440	T	5:15pm-6:00pm	3/11-4/29	CTR	\$54/6 Mtgs
30442	Th	5:15pm-6:00pm	3/13-5/1	CTR	\$45/5 Mtgs
30441	T	5:15pm-6:00pm	5/6-6/10	CTR	\$54/6 Mtgs
30443	Th	5:15pm-6:00pm	5/8-6/12	CTR	\$54/6 Mtgs

Advanced Karate

This class is for those who have previously taken the Intermediate Karate class, or new adults who are interested in learning self defense. Ages 10 to adult. Instructor: Sensei Bryce Watanabe

- **Discount available if registering for both Tuesday and Thursday class sessions. Contact the Recreation and Community Services Department for details.**
- **No class March 25 & 27 and April 1, 3 & 10.**

30431	T	6:00pm-7:00pm	2/4-3/4	CTR	\$45/5 Mtgs
30434	Th	6:00pm-7:00pm	2/6-3/6	CTR	\$45/5 Mtgs
30444	T	6:00pm-7:00pm	3/11-4/29	CTR	\$54/6 Mtgs
30446	Th	6:00pm-7:00pm	3/13-5/1	CTR	\$45/5 Mtgs
30445	T	6:00pm-7:00pm	5/6-6/10	CTR	\$54/6 Mtgs
30447	Th	6:00pm-7:00pm	5/8-6/12	CTR	\$54/6 Mtgs

Family Karate

This class is for families who would like to learn karate together. Work on their physical and team-building skills, and have fun building up a sweat with their families. Ages 5 to adult.

Instructor: Sensei Bryce Watanabe

- **Discount available if registering for both Tuesday and Thursday class sessions. Contact the Recreation and Community Services Department for details.**
- **No class March 25 & 27 and April 1, 3 & 10.**

30448	T	6:00pm-7:00pm	2/4-3/4	CTR	\$45/5 Mtgs
30449	Th	6:00pm-7:00pm	2/6-3/6	CTR	\$45/5 Mtgs
30450	T	6:00pm-7:00pm	3/11-4/29	CTR	\$54/6 Mtgs
30451	Th	6:00pm-7:00pm	3/13-5/1	CTR	\$45/5 Mtgs
30452	T	6:00pm-7:00pm	5/6-6/10	CTR	\$54/6 Mtgs
30453	Th	6:00pm-7:00pm	5/8-6/12	CTR	\$54/6 Mtgs

3-Sport Multi Sport (Youth)

During this course, participants will learn the fundamentals of three fantastic sports: soccer, baseball/softball and track. Participants will learn how to kick and control a soccer ball, how to hit, catch, throw and run the bases, running, jumping and building strength and endurance in track and field. The goal and focus is to maintain an energetic and highly active program that will teach, encourage and advance your young players regardless of their skill level. Ages 5-8. Instructor: Beginners Edge Sports Staff

- **Please bring an age-appropriate soccer ball for the first week of class. A hitting tee and plastic bat are needed later in the session.**
- **Class will meet near the playground.**
- **No class May 24.**
- **For more information visit best-sports-usa.com.**

30279	Sa	12:30pm-1:15pm	2/8-3/29	RYN	\$150/8 Mtgs
30282	Sa	12:30pm-1:15pm	4/12-6/7	RYN	\$150/8 Mtgs

Teen & Youth Fitness and Sports

D-Up Basketball Ballers

D-Up Ballers will challenge participants mentally and physically in the game of basketball. This program is geared for all levels as it enhances your basketball skills. Participants will be working on dribbling, passing, shooting, defense, footwork and much more. There will be a weekly Player of the Week and prizes will be given out! Ages 7-16. Instructor: James Christian

• **Location: Pan Am Park Gym, 5157 E. Centralia St., Long Beach.**

• **A \$20 material fee is due at the first class session.**

• **Please bring a basketball.**

• **No class April 20 and May 11.**

30270	Su	12:00pm-1:00pm	3/2-3/30	Off Site	\$120/5 Mtgs
30272	Su	12:00pm-1:00pm	4/13-5/18	Off Site	\$100/4 Mtgs

BEST Youth Soccer

During this weekly soccer class, kids will learn the skills of soccer by participating in activities such as: dribbling, kicking, throw-ins, goalie skills and more! The goal and focus is to maintain an energetic and highly active program that will teach, encourage and advance young players regardless of their skill level. Ages 7-10. Instructor: Beginners Edge Sports Staff

• **Please bring an age-appropriate soccer ball with your child's name on it and a water bottle.**

• **Class will meet near the playground.**

• **No class May 24.**

• **For more information visit best-sports-usa.com.**

30280	Sa	1:20pm-2:05pm	2/8-3/29	RYN	\$150/8 Mtgs
30281	Sa	1:20pm-2:05pm	4/12-6/7	RYN	\$150/8 Mtgs

Kidz Love Soccer: Soccer 1

Players will learn dribbling, passing, defense and shooting goals! Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Perfect for first time players while being fun and engaging for kids with some experience. All participants receive a Kidz Love Soccer jersey! Shin guards are required after the first meeting. Ages 5-6. Instructor: Kidz Love Soccer

• **Session 1 (2/3-3/24) - Off Site Location: Simms Park Basketball Gym, 16614 Clark Ave., Bellflower.**

• **Session 2 (4/21-6/9) - Location: Rynerson Park, class meets near the playground.**

• **No class February 17 and May 26.**

30069	M	4:15pm-5:00pm	2/3-3/24	Off Site	\$175/7 Mtgs
30065	M	4:15pm-5:00pm	4/21-6/9	RYN	\$175/7 Mtgs

Kidz Love Soccer: Soccer 2

A great introduction to competitive soccer, Skillz and Scrimmages teaches advanced skill building such as dribbling, passing and shooting in a team format, as well as an introduction to goal-tending. Kids will scrimmage and learn to play together as a team. From defense and mid-field to forward and goalie, kids get exposure to playing every position and have a blast doing it. Appropriate for players of varying skill levels, and best of all, each participant receives a Kidz Love Soccer jersey! Shin guards are required. Ages 7-10. Instructor: Kidz Love Soccer

• **Session 1 (2/3-3/24) - Off Site Location: Simms Park Basketball Gym, 16614 Clark Ave., Bellflower.**

• **Session 2 (4/21-6/9) - Location: Rynerson Park, class meets near the playground.**

• **No class February 17 and May 26.**

30068	M	3:25pm-4:10pm	2/3-3/24	Off Site	\$175/7 Mtgs
30066	M	3:25pm-4:10pm	4/21-6/9	RYN	\$175/7 Mtgs

Learn to Ice Skate (Youth)

This program is a fun introduction to ice skating. Participants will learn to skate forward and backwards, stop, hop and more! Whether interested in ice hockey, figure skating or skating around for fun, this class is a great start! Fee includes skate rental, 30-minute weekly lesson, and four public session passes. Please arrive 20 minutes early on the first day of class to fit skates. Please dress warmly, gloves are highly recommended. Ages 7-16. Instructor: The Rinks Staff

• **Location: The Rinks Lakewood Ice, 3975 Pixie Ave., Lakewood.**

• **\$18.50 annual Learn to Skate USA Membership required to join classes.**

• **To register visit <https://www.learntoskateusa.com>.**

• **No class February 12, 13 & 15.**

30179	W	5:45pm-6:15pm	2/5-2/26	Off Site	\$66/3 Mtgs
30180	W	6:20pm-6:50pm	2/5-2/26	Off Site	\$66/3 Mtgs
30181	Th	5:45pm-6:15pm	2/6-2/27	Off Site	\$66/3 Mtgs
30182	Th	6:20pm-6:50pm	2/6-2/27	Off Site	\$66/3 Mtgs
30183	Sa	10:40am-11:10am	2/8-3/1	Off Site	\$66/3 Mtgs
30184	Sa	11:15am-11:45am	2/8-3/1	Off Site	\$66/3 Mtgs
30226	W	5:45pm-6:15pm	3/5-3/26	Off Site	\$88/4 Mtgs
30229	W	6:20pm-6:50pm	3/5-3/26	Off Site	\$88/4 Mtgs
30232	Th	5:45pm-6:15pm	3/6-3/27	Off Site	\$88/4 Mtgs
30235	Th	6:20pm-6:50pm	3/6-3/27	Off Site	\$88/4 Mtgs
30238	Sa	10:40am-11:10am	3/8-3/29	Off Site	\$88/4 Mtgs
30241	Sa	11:15am-11:45am	3/8-3/29	Off Site	\$88/4 Mtgs
30227	W	5:45pm-6:15pm	4/2-4/23	Off Site	\$88/4 Mtgs
30230	W	6:20pm-6:50pm	4/2-4/23	Off Site	\$88/4 Mtgs
30233	Th	5:45pm-6:15pm	4/3-4/24	Off Site	\$88/4 Mtgs
30236	Th	6:20pm-6:50pm	4/3-4/24	Off Site	\$88/4 Mtgs
30239	Sa	10:40am-11:10am	4/5-4/26	Off Site	\$88/4 Mtgs
30242	Sa	11:15am-11:45am	4/5-4/26	Off Site	\$88/4 Mtgs
30228	W	5:45pm-6:15pm	4/30-5/21	Off Site	\$88/4 Mtgs
30231	W	6:20pm-6:50pm	4/30-5/21	Off Site	\$88/4 Mtgs
30234	Th	5:45pm-6:15pm	5/1-5/22	Off Site	\$88/4 Mtgs
30237	Th	6:20pm-6:50pm	5/1-5/22	Off Site	\$88/4 Mtgs
30240	Sa	10:40am-11:10am	5/3-5/24	Off Site	\$88/4 Mtgs
30243	Sa	11:15am-11:45am	5/3-5/24	Off Site	\$88/4 Mtgs

Skyhawks Multi-Sport

Multi-Sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of soccer and baseball, along with vital life lessons such as sportsmanship and teamwork. Ages 6-8. Instructor: Skyhawks Sports Academy

• **No class March 31.**

30305	M	6:10pm-6:50pm	3/10-4/7	SM	\$75/4 Mtgs
30306	M	6:10pm-6:50pm	4/28-5/19	SM	\$75/4 Mtgs

Skyhawks Soccer

Your young athlete will gain the technical skills and sport knowledge required for their next step into soccer. Areas of focus are dribbling, passing, shooting and ball control. By the end of the program, your child will have learned new life skills such as teamwork and sportsmanship, made new friends and improved their soccer skills. Ages 6-8. Instructor: Skyhawks Sports Academy

• **No class May 9.**

30302	F	6:10pm-6:50pm	3/14-4/4	MAY	\$75/4 Mtgs
30309	F	6:10pm-6:50pm	4/25-5/23	MAY	\$75/4 Mtgs

Young Champions Karate (New Students)

This program combines safety awareness with self-defense instruction. Emphasis is placed on the learning of physical and verbal skills for self defense. Students progress in rank and earn their belts! We welcome students from any style. Ages 4-15.

Instructor: Young Champions Staff

• \$35 fee for uniforms.

• No class April 11 & 18 and May 9.

30193 F 5:15pm-5:55pm 2/7-6/6 BOY \$143/15 Mtgs

Young Champions Karate (Yellow & Orange Belts)

This program combines safety awareness with self-defense instruction. Emphasis is placed on the learning of physical and verbal skills for self defense. Students progress in rank and earn their belts! We welcome students from any style. Ages 4-18.

Instructor: Young Champions Staff

• \$35 fee for uniforms.

• No class April 11 & 18 and May 9.

30195 F 6:00pm-6:40pm 2/7-6/6 BOY \$143/15 Mtgs

Young Champions Karate (Purple Belts & Above)

This program combines safety awareness with self-defense instruction. Emphasis is placed on the learning of physical and verbal skills for self defense. Students progress in rank and earn their belts! We welcome students from any style. Ages 4-18.

Instructor: Young Champions Staff

• \$35 fee for uniforms.

• No class April 11 & 18 and May 9.

30194 F 6:45pm-7:25pm 2/7-6/6 BOY \$143/15 Mtgs

Youth Evolution Basketball (Level 2)

This course is designed for children ages 5-7 years and focuses on dribbling, passing, shot technique and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge. The sport of basketball will be explored with a variety of activities and games. Participants will receive a complimentary jersey.

Instructor: Youth Evolution Basketball Staff

30074 W 4:00pm-4:45pm 3/19-4/9 SM \$89/4 Mtgs

30081 W 4:00pm-4:45pm 5/7-6/4 SM \$109/5 Mtgs

Youth Evolution Basketball (Level 3)

This course is designed for children ages 8-11 years and is aimed to improve large motor skills, spatial awareness and teamwork.

The instructor will focus on agility, as drills become more advanced and teach children how to perform under pressure of the clock and opponents. Drills are focused on complex activities that include fast breaks, coordinated offensive plays and multiple defensive structures. Children will learn explosive plays, improve their footwork, and develop their range and accuracy of shooting. Participants will receive a complimentary jersey.

Instructor: Youth Evolution Basketball Staff

30075 W 4:45pm-5:30pm 3/19-4/9 SM \$89/4 Mtgs

30080 W 4:45pm-5:30pm 5/7-6/4 SM \$109/5 Mtgs



The Lakewood Youth Hall of Fame will celebrate its 43rd annual awards banquet on Monday, February 24, 6:30 p.m. at The Centre. The Hall of Fame will honor the 2024 Athlete of the Year. Discounted student tickets are \$32 and adult tickets are \$42 if purchased by February 7. After this date, tickets will be \$38 and \$48 respectively. The deadline to purchase tickets is February 13.

In addition to the Athlete of the Year award, Performer of the Year awards will be presented for more than a dozen sports, and Special Achievement awards will be presented for academics and other significant contributions to youth sports in Lakewood.



For more information call 562-866-9771, ext. 2408

Pre-Summer Aquatics at Mayfair Pool

Youth and adaptive lessons are offered Monday - Friday every half hour between 4 p.m. and 6 p.m.

Online Pre-Summer Swim Lesson Registration

Pre-Summer Sessions Mayfair Pool Only	Lesson Dates	Priority Resident Online Registration Dates	Non-Resident Registration Dates	Online Registration Ends
Session 1	May 27 - June 6	Begins May 17 at 7 p.m.	Begins May 20 at 7 p.m.	May 23 at 7 p.m.

- Not all levels are offered every half hour.
- Minimum enrollment required each class.

- Each session includes eight days of instruction and one fun day.
- Classes are subject to cancellation and class schedule is subject to change.
- Students may be moved to the most developmentally appropriate level.

REFUND POLICY

- All refunds/withdrawals must be requested in person at the pool your child is registered or via e-mail to aquatics@lakewoodcity.org prior to the start of the second lesson.
- There is a \$5 processing fee for each participant for refunds, withdrawals and class transfers.
- Refund, withdrawal and transfer requests will be issued at the discretion of the pool manager.
- Transfer requests will not be granted after the first class meeting.

Pre-Summer Recreation Swim

Memorial Weekend - May 24-26

1-2:30 p.m. & 2:45-4:15 p.m.

at Mayfair Pool



POOL RULES

- Entry fee must be paid in order to gain access to the pool deck.
- Unaccompanied swimmers are required to be at least 48 inches tall or have a valid Minnow (Level 4) Red Cross swimming card. Youngsters not meeting this requirement must be accompanied in the pool area by an adult (18 years or older) on a one-to-one basis, and remain within arm's distance at all times.
- Swim diapers must be worn by all children four years and younger and are available for purchase at the pool.
- Approved swimsuits are required. No cut off pants, leotards, sweats, baseball shorts or shirts are allowed (rash guards only).
- A swim test is required for use for diving board. Detailed requirements are posted at each pool location.
- Swimmers with long hair must tie their hair in a ponytail.

Complete pool rules available at www.Lakewoodcity.org

Aqua Aerobics *(Pre-Summer)*

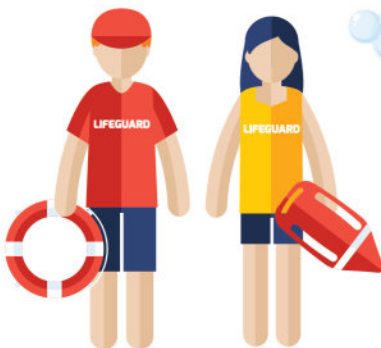
Get a head start on your summer fitness with a splash! Come join the fun at the pool and stay healthy at the same time. Burn fat while doing moves that will shape and sculpt your body with zero stress to the joints! The intensity of this water aerobics class is determined by how hard you decide to work! Instructor: Kick It Up Staff

#30196 Tu, Th 6:10pm-7:00pm Mayfair Pool \$52/6 Mtgs



Junior Lifeguard Program - June 16 - August 8

Monday - Friday - 8:30-10 a.m. - Ages 12-15



The Junior Lifeguard program is a feeder program that helps prepare youth to receive a lifeguarding certification to be a lifeguard. It focuses on developing swimming skills and teaching lifesaving skills, such as CPR, first aid, and in-water rescues. Participants may earn the privilege to assist swim instructors during swim lessons and assist staff at special events to gain a sense of what it would be like on the job. This program is geared towards ages 12-16. The goal of the program is to enhance interpersonal skills through training in public contact, teamwork, developing a sense of responsibility, and a strong work ethic.

More information and registration will be available in the Recreation & Community Services Summer Catalog.

FREE
Lifeguard
Certification

Summer Positions Available Online NOW!

Apply today to join the aquatics staff for the summer season!

**Senior Lifeguard/Swim Instructors
Lifeguard/Swim Instructors • Cashiers**

On the spot hiring event for Lifeguard/Swim Instructors

Candidates may choose to attend one of the following
In-Water Testing dates:

Saturday, April 12 - 9:30 a.m. • Sunday, April 13 - 9:30 a.m.

Scan here or visit
www.lakewoodcity.org/jobs
for more information.



Lifeguard Skills Prep Tests

Not sure if you are ready to test? Come train with current Lifeguards before testing. We will teach the required skills and provide supervised practice time needed to successfully pass the Lifeguard Skills Test. Come to one or both dates leading up to the test dates.

April 8, 9, & 10 at 6 p.m.

Location: Mayfair Pool, 5720 Clark Ave.
•Testing will consist of in-water activity for all candidates.

•Bring swimming attire, a towel and goggles.

Dance Classes

Baby Doll Dance (Age 2)

Does your little one like to dance around when they hear music? Have them learn the basic tap, ballet and creative movements in a fun way that preschoolers can understand.

Instructor: Isabel Moses-Caldera

- **Ballet & Tap shoes recommended. Please purchase slip resistant peels to stick on the bottom of tap shoes.**
- **Sibling discount available. Contact Recreation & Community Services for more information.**
- **No class February 17, April 14 and May 26.**
- **Spring recital will be held on June 13. To participate in the recital, students will need to enroll in both 8-week sessions and will also need to purchase a costume.**

30105	M	5:00pm-5:45pm	2/3-3/31	BLM	\$96/8 Mtgs
30110	M	5:00pm-5:45pm	4/7-6/9	BLM	\$96/8 Mtgs

Baby Doll Dance (Ages 3-4)

Does your little one like to dance around when they hear music? Have them learn the basic tap, ballet and creative movements in a fun way that preschoolers can understand.

Instructor: Isabel Moses-Caldera

- **Ballet & Tap shoes recommended. Please purchase slip resistant peels to stick on the bottom of tap shoes.**
- **Sibling discount available. Contact Recreation & Community Services for more information.**
- **No class February 17, April 14 and May 26.**
- **Spring recital will be held on June 13. To participate in the recital, students will need to enroll in both 8-week sessions and will also need to purchase a costume.**

30106	M	5:45pm-6:30pm	2/3-3/31	BLM	\$96/8 Mtgs
30111	M	5:45pm-6:30pm	4/7-6/9	BLM	\$96/8 Mtgs

Baby Kukui Hula

Let your little ones shake their hips in this fun introduction to Polynesian dances. Children ages 2-3 years old will learn grace and balance with hand and foot coordination.

Instructors: Ms. Willie Villa-Real and Mrs. Stephanie Fontela

- **Students will need to purchase a costume for performances, dates and cost TBA.**
- **Dance implements (poi balls) may be purchased through the instructor.**
- **No class on April 15.**
- **Classes on April 22 meet at Monte Verde Park.**

30117	T	5:15pm-6:00pm	2/4-2/25	PLMS	\$35/4 Mtgs
30124	T	5:15pm-6:00pm	3/4-3/25	PLMS	\$35/4 Mtgs
30125	T	5:15pm-6:00pm	4/1-4/29	PLMS	\$35/4 Mtgs
30126	T	5:15pm-6:00pm	5/6-5/27	PLMS	\$35/4 Mtgs

Ballet & Tap for Tots

For little tykes who like to dance. This is a fun introduction to ballet & tap, which includes beginning movements, arm and foot positions. For ages 2-3. Instructor: Sandy Aniceto

- **There will be a recital on Wednesday, April 16. Participation is optional. Extra costume fee is required.**

30460	Sa	9:00am-9:45am	2/22-4/12	BLM	\$96/8 Mtgs
-------	----	---------------	-----------	-----	-------------

Ballet/Tap Combo (Beginning)

Have fun exploring both types of dance - ballet and tap. Appropriate shoes required. Ages 3-5. Instructor: Kick It Up Staff

- **Location: Kick It Up, 8129 E. Wardlow Rd., Long Beach.**
- **Please note: parents are to remain outside of the classroom during instruction time.**

30151	T	4:00pm-4:45pm	2/4-3/18	Off Site	\$70/7 Mtgs
30152	W	4:45pm-5:30pm	2/5-3/19	Off Site	\$70/7 Mtgs
30154	F	4:45pm-5:30pm	2/7-3/21	Off Site	\$70/7 Mtgs
30159	Sa	11:15am-12:00pm	2/8-3/22	Off Site	\$70/7 Mtgs
30162	Su	9:45am-10:30am	2/9-3/23	Off Site	\$70/7 Mtgs

Ballet/Tap Combo

Help your child develop self-confidence and poise through the art of dance! Postures, grace, rhythm, arm and foot positions and basic stretches are taught through exercises specifically designed for this age group. The class will cover pre-tap and pre-ballet techniques. For ages 4-6. Instructor: Sandy Aniceto

- **There will be a recital on Wednesday, April 16. Participation is optional. Extra costume fee is required.**

30461	Sa	9:45am-10:30am	2/22-4/12	BLM	\$96/8 Mtgs
-------	----	----------------	-----------	-----	-------------

Tot Lot Registration Continues at Two Lakewood Parks



Tot Lot, a parent cooperative program for 2-5 year olds is held at Del Valle and Mayfair Parks during the fall, winter and spring. Most Tot Lots meet Monday – Friday, 9:30-11:30 a.m. in the fenced preschool area of each park. Parents are responsible for each Tot Lot's operation and members select activities and excursions.

Tot Lot registration is accepted throughout the year (as space permits). Up-to-date immunization cards and proof of age are required at the time of registration. TB testing is mandatory for all new working adults.

Since this is an organized program, a limited number of visitors are allowed in the fenced play area during Tot Lot hours. Visitors limited to one visit per month and Tot Lot rules must be observed.

For more information, contact the Recreation and Community Services Department at 562-866-9771 ext. 2408.

Petite Pikake Hula

This class will introduce your 4-5 year old child to the beauty and grace of the Polynesian dance forms. Students will learn the basic steps as well as hand motions as they tell stories through hula. ALOHA! Instructors: Ms. Willie Villa-Real and Mrs. Stephanie Fontela

- Students will need to purchase a costume for performances, dates and cost TBA.
- Dance implements (poi balls) may be purchased through the instructor.
- No class on April 15.
- Classes on April 22 meet at Monte Verde Park.

30118	T	6:00pm-6:45pm	2/4-2/25	PLMS	\$35/4 Mtgs
30127	T	6:00pm-6:45pm	3/4-3/25	PLMS	\$35/4 Mtgs
30128	T	6:00pm-6:45pm	4/1-4/29	PLMS	\$35/4 Mtgs
30129	T	6:00pm-6:45pm	5/6-5/27	PLMS	\$35/4 Mtgs

Educational Classes

Parent & Me Spanish Through Play

This class offers music, storytime, an activity and sensory play for children ages 2-5 years old, all in Spanish. There will be movement, art, and dramatic play practices. Teacher practices student centered, constructivist, self-guided curriculum, with the main focus on social and emotional development. This is a parent and me class. Instructor: Xochitl Brizuela

- Please register early! Classes will only be held if minimum registration is met.
- No class February 17, March 31, April 14-23 and May 7 & 12.

30387	M,W	10:30am-11:30am	2/3-2/19	PLMS	\$125/5 Mtgs
30391	M,W	10:30am-11:30am	2/24-4/2	PLMS	\$275/11 Mtgs
30392	M,W	10:30am-11:30am	4/7-5/14	PLMS	\$150/6 Mtgs
30417	M,W	10:30am-11:30am	5/19-6/11	PLMS	\$175/7 Mtgs

Spanish Music & Storytime

This is a great Spanish introduction for your little ones, ages 6 and under. There will be lots of music, movement, and some cuddle storytime. This is a great way to introduce a new language or reinforce what's already being practiced at home. Gentle and easy-going class structure. This is a parent and me class. Instructor: Xochitl Brizuela

- Please register early! Classes will only be held if minimum registration is met.
- No class February 17, March 31, April 14-23 and May 7 & 12.

30386	M,W	9:00am-9:45am	2/3-2/19	PLMS	\$94/5 Mtgs
30393	M,W	9:00am-9:45am	2/24-4/2	PLMS	\$207/11 Mtgs
30394	M,W	9:00am-9:45am	4/7-5/14	PLMS	\$113/6 Mtgs
30418	M,W	9:00am-9:45am	5/19-6/11	PLMS	\$132/7 Mtgs

Gymnastics Classes

Boys Novice (Preschool)

This beginning level class will introduce boys to basic gymnastics skills and fundamentals in all six Men's Olympic events. Our coaches will focus on developing strength, flexibility and coordination in a positive environment, filled with energy. Gymnastics skills are useful in all sports and build confidence, agility, balance, strength and boost self esteem! Ages 4-6. Instructor: Tumble-N-Kids, Inc.

- No class April 15.

30318	T	3:30pm-4:30pm	2/4-3/25	PLMS	\$154/8 Mtgs
30345	T	3:30pm-4:30pm	4/8-6/3	PLMS	\$154/8 Mtgs

Gymnastic Giants

Students focus on developing gymnastic/tumbling skills, coordination, strength, balance, agility and following direction. Safely led by an experienced instructor, skills include: beginning cartwheels, forward and backward rolls, balance beams plus obstacle courses, movement/exercise games and music! Progressive skill instruction and positive reinforcement encourage confidence, pride, and good attitude while helping your child ages 3-5 become a giant success! Parent participation may be required. Instructor: Tumble-N-Kids, Inc.

- No class April 15 & 19 and May 24.

30317	T	11:30am-12:30pm	2/4-3/25	PLMS	\$154/8 Mtgs
30330	Sa	11:30am-12:30pm	2/8-3/29	PLMS	\$154/8 Mtgs
30331	Sa	12:30pm-1:30pm	2/8-3/29	PLMS	\$154/8 Mtgs
30342	T	11:30am-12:30pm	4/8-6/3	PLMS	\$154/8 Mtgs
30343	Sa	11:30am-12:30pm	4/12-6/7	PLMS	\$135/7 Mtgs
30344	Sa	12:30pm-1:30pm	4/12-6/7	PLMS	\$135/7 Mtgs

Junior Olympians

Beginner gymnast curriculum consists of introductory skills including forward rolls, jumps, basic understanding of cartwheels, handstands, and backward rolls. Beginner class includes fundamentals on bars, vault and beam with an emphasis on body shaping, conditioning and flexibility to increase body awareness, build strength and coordination, and boost self-esteem! Ages 4-6. Instructor: Tumble-N-Kids, Inc.

- No class April 17.

30321	Th	3:30pm-4:30pm	2/6-3/27	PLMS	\$154/8 Mtgs
30353	Th	3:30pm-4:30pm	4/10-6/5	PLMS	\$154/8 Mtgs

Kartwheel-N-Kids

Girls and boys ages 4-7 learn gymnastics skills including: cartwheels, rolls, jumps, handstands, bridge/backbends, beams, handspring barrel, trampoline and more. We focus on beginning tumbling skills while incorporating music, obstacle courses and fun. Progressive skill level instruction creates confidence and success. Instructor: Tumble-N-Kids, Inc.

- No class April 16.

30322	W	3:30pm-4:15pm	2/5-3/26	PLMS	\$115/8 Mtgs
30350	W	3:30pm-4:15pm	4/9-6/4	PLMS	\$115/8 Mtgs

Preschool Ninja-Nastics

Does your little ninja ever stop moving? This is the perfect class to get out some of those wiggles and help build strength, gymnastics skills and confidence. Ninja obstacle courses, jumps, wall runs and balance challenges will increase coordination and boost confidence. Boys and girls will LOVE this class and be proud of all they can accomplish! Ages 4-6. Instructor: Tumble-N-Kids, Inc.

- No class April 18.

30354	F	3:30pm-4:15pm	2/7-3/28	PLMS	\$115/8 Mtgs
30355	F	3:30pm-4:15pm	4/11-6/6	PLMS	\$115/8 Mtgs

Teeny Tumblers

Enjoy special time together in activities fun for both parent and little cruiser. Teeny Tumblers will safely build important motor skills, balance and coordination as they explore tunnels, roll and crawl down the 'big cheese', slides, balls and lots of creative age appropriate tumbling fun. Plus, music makes everything more fun! Parent participation required. For boys and girls ages 12-24 months. Instructor: Tumble-N-Kids, Inc.

- No class April 15 & 19 and May 24.

30315	T	9:45am-10:30am	2/4-3/25	PLMS	\$115/8 Mtgs
30328	Sa	9:30am-10:15am	2/8-3/29	PLMS	\$115/8 Mtgs
30336	T	9:45am-10:30am	4/8-6/3	PLMS	\$115/8 Mtgs
30337	Sa	9:30am-10:15am	4/12-6/7	PLMS	\$100/7 Mtgs

Preschool Programs

Tootsie Rollers

Let's MOVE! Music, tumbling challenges, introducing simple directions and routines will help your child develop listening and social interaction skills. Tumble Bugs and partners will participate in circle time, obstacle courses, dance to songs, tumble, roll, jump, balance, walk like animals and finish with parachute activities! For ages 1-2.5 years. This is a great class for siblings! Parent participation required. Instructor: Tumble-N-Kids, Inc.

• No class April 16.

30320	W	10:00am-10:45am	2/5-3/26	PLMS	\$115/8 Mtgs
30349	W	10:00am-10:45am	4/9-6/4	PLMS	\$115/8 Mtgs

Tumble Stars

Girls and boys ages 2-4 are introduced to safe, age-appropriate tumbling skills: 'Position of the Day' rolls, balance beams, beginning cartwheels - 'monkey jumps!' Led by an experienced instructor using music, games, props, and creative play, kids develop body control, focus, strength, coordination and balance. Progressive skill instruction helps children happily zoom to confidence, pride and skill success! Parent participation is required.

Instructor: Tumble-N-Kids, Inc.

• No class April 15-19 and May 24.

• Tuesday & Saturday class ages 2-3.

• Wednesday class ages 2.5-4.

30316	T	10:30am-11:30am	2/4-3/25	PLMS	\$154/8 Mtgs
30340	W	11:00am-12:00pm	2/5-3/26	PLMS	\$154/8 Mtgs
30329	Sa	10:15am-11:15am	2/8-3/29	PLMS	\$154/8 Mtgs
30338	T	10:30am-11:30am	4/8-6/3	PLMS	\$154/8 Mtgs
30341	W	11:00am-12:00pm	4/9-6/4	PLMS	\$154/8 Mtgs
30339	Sa	10:15am-11:15am	4/12-6/7	PLMS	\$135/7 Mtgs

Sports Instruction

3-Sport Multi Sport (Preschool)

During this course, participants will learn the fundamentals of three fantastic sports: soccer, baseball/softball and track. Participants will learn how to kick and control a soccer ball, how to hit, catch, throw and run the bases, and running, jumping and building strength and endurance in track and field. The goal and focus is to maintain an energetic and highly active program that will teach, encourage and advance your young players regardless of their skill level. Ages 2-5. Instructor: Beginners Edge Sports Staff

• Please bring an age-appropriate soccer ball for the first week of class. A hitting tee and plastic bat are needed later in the session.

• Class will meet near the playground.

• 9 a.m. ages 2-3 / 10:40 a.m. ages 3-5.

• No class May 24.

• For more information visit best-sports-usa.com.

30275	Sa	9:00am-9:45am	2/8-3/29	RYN	\$150/8 Mtgs
30277	Sa	10:40am-11:25am	2/8-3/29	RYN	\$150/8 Mtgs
30286	Sa	9:00am-9:45am	4/12-6/7	RYN	\$150/8 Mtgs
30284	Sa	10:40am-11:25am	4/12-6/7	RYN	\$150/8 Mtgs

Parent & Me Baby Ballers

Introduce your child ages 3-4 to the best sport on the planet! With parent participation and encouragement, the baby baller will learn the fundamental steps necessary to understand the sport of basketball. Instructor guidance helps facilitate developing movement skills using engaging games and activities with appropriately sized basketball hoops, providing an unforgettable experience. Participants will receive a complimentary jersey.

Instructor: Youth Evolution Basketball Staff

30077	W	6:15pm-6:45pm	3/19-4/9	SM	\$89/4 Mtgs
30078	W	6:15pm-6:45pm	5/7-6/4	SM	\$109/5 Mtgs

BEST Preschool Soccer

During this weekly soccer class, kids will learn the skills of soccer by participating in activities such as: dribbling, kicking, throw-ins, goalie skills and more! The goal and focus is to maintain an energetic and highly active program that will teach, encourage and advance young players regardless of their skill level.

Ages 16 months-6 years. Instructor: Beginners Edge Sports Staff

• Please bring an age-appropriate soccer ball with your child's name on it and a water bottle.

• 9:50 a.m. ages 16 months-2 yrs. / 11:40 a.m. ages 3-6.

• Class will meet near the playground.

• No class May 24.

• For more information visit best-sports-usa.com.

30276	Sa	9:50am-10:35am	2/8-3/29	RYN	\$150/8 Mtgs
30278	Sa	11:40am-12:25pm	2/8-3/29	RYN	\$150/8 Mtgs
30285	Sa	9:50am-10:35am	4/12-6/7	RYN	\$150/8 Mtgs
30283	Sa	11:40am-12:25pm	4/12-6/7	RYN	\$150/8 Mtgs

D-Up Basketball Tiny Ballers

D-Up Tiny Ballers is an introduction to the fundamentals of basketball and will focus on basic dribbling, passing, shooting and hand-eye coordination. Children will play games while learning the game of basketball. A Player of the Week will be chosen weekly and prizes will be given out! Ages 3-6. Instructor: James Christian

• Location: Pan Am Park Gym, 5157 E. Centralia St., Long Beach.

• A \$20 material fee is due at the first class session.

• Please bring a basketball.

• No class April 20 and May 11.

30269	Su	11:00am-11:45am	3/2-3/30	Off Site	\$120/5 Mtgs
30271	Su	11:00am-11:45am	4/13-5/18	Off Site	\$100/4 Mtgs

Kidz Love Soccer: Parent & Me Soccer

The fun happens on the field, so don't just watch from the sidelines! Here is your chance to join in your toddler's introduction to the world's most popular sport. You'll participate in fun, age-appropriate activities, and help your child to develop their motor and socialization skills. A variety of soccer activities are played each week. All participants receive a Kidz Love Soccer jersey! Ages 2-3.5. Parent participation is required. Instructor: Kidz Love Soccer Staff

• Session 1 (2/3-3/24) - Off Site Location: Simms Park Basketball Gym, 16614 Clark Ave., Bellflower.

• Session 2 (4/21-6/9) - Location: Rynerson Park, class meets near the playground.

• No class February 17 and May 26.

30071	M	5:45pm-6:15pm	2/3-3/24	Off Site	\$175/7 Mtgs
30064	M	5:45pm-6:15pm	4/21-6/9	RYN	\$175/7 Mtgs

Kidz Love Soccer: Tot/Pre Soccer

Little tykes will enjoy running and kicking just like the big kids! Children will have fun and learn the basic techniques of the game while building self-esteem. Children learn to follow instructions in a nurturing, age appropriate environment. All participants receive a Kidz Love Soccer jersey! Shin guards are required after the first meeting. Ages 3.5-5 years. Instructor: Kidz Love Soccer Staff

• Session 1 (2/3-3/24) - Off Site Location: Simms Park Basketball Gym, 16614 Clark Ave., Bellflower.

• Session 2 (4/21-6/9) - Location: Rynerson Park, class meets near the playground.

• No class February 17 and May 26.

30067	M	5:05pm-5:40pm	2/3-3/24	Off Site	\$175/7 Mtgs
30070	M	5:05pm-5:40pm	4/21-6/9	RYN	\$175/7 Mtgs

Learn to Ice Skate (Tot)

This program is a fun introduction to ice skating. Participants will learn to skate forward and backwards, stop, hop and more! Whether interested in ice hockey, figure skating or skating around for fun, this class is a great start! Fee includes skate rental, 30-minute weekly lesson, and four public session passes. Please arrive 20 minutes early on the first day of class to fit skates. Please dress warmly, gloves are highly recommended. Ages 3-6. Instructor: The Rinks Staff

- **Location: The Rinks Lakewood Ice, 3975 Pixie Ave., Lakewood.**
- **\$18.50 annual Learn to Skate USA Membership required to join classes.**
- **To register visit <https://www.learntoskateusa.com>.**
- **No class February 12, 13 & 15.**

30173	W	5:45pm-6:15pm	2/5-2/26	Off Site	\$66/3 Mtgs
30174	W	6:20pm-6:50pm	2/5-2/26	Off Site	\$66/3 Mtgs
30175	Th	5:45pm-6:15pm	2/6-2/27	Off Site	\$66/3 Mtgs
30176	Th	6:20pm-6:50pm	2/6-2/27	Off Site	\$66/3 Mtgs
30177	Sa	10:40am-11:10am	2/8-3/1	Off Site	\$66/3 Mtgs
30178	Sa	11:15am-11:45am	2/8-3/1	Off Site	\$66/3 Mtgs
30208	W	5:45pm-6:15pm	3/5-3/26	Off Site	\$88/4 Mtgs
30212	W	6:20pm-6:50pm	3/5-3/26	Off Site	\$88/4 Mtgs
30211	Th	5:45pm-6:15pm	3/6-3/27	Off Site	\$88/4 Mtgs
30217	Th	6:20pm-6:50pm	3/6-3/27	Off Site	\$88/4 Mtgs
30220	Sa	10:40am-11:10am	3/8-3/29	Off Site	\$88/4 Mtgs
30223	Sa	11:15am-11:45am	3/8-3/29	Off Site	\$88/4 Mtgs
30209	W	5:45pm-6:15pm	4/2-4/23	Off Site	\$88/4 Mtgs
30213	W	6:20pm-6:50pm	4/2-4/23	Off Site	\$88/4 Mtgs
30215	Th	5:45pm-6:15pm	4/3-4/24	Off Site	\$88/4 Mtgs
30218	Th	6:20pm-6:50pm	4/3-4/24	Off Site	\$88/4 Mtgs
30221	Sa	10:40am-11:10am	4/5-4/26	Off Site	\$88/4 Mtgs
30224	Sa	11:15am-11:45am	4/5-4/26	Off Site	\$88/4 Mtgs
30210	W	5:45pm-6:15pm	4/30-5/21	Off Site	\$88/4 Mtgs
30214	W	6:20pm-6:50pm	4/30-5/21	Off Site	\$88/4 Mtgs
30216	Th	5:45pm-6:15pm	5/1-5/22	Off Site	\$88/4 Mtgs
30219	Th	6:20pm-6:50pm	5/1-5/22	Off Site	\$88/4 Mtgs
30222	Sa	10:40am-11:10am	5/3-5/24	Off Site	\$88/4 Mtgs
30225	Sa	11:15am-11:45am	5/3-5/24	Off Site	\$88/4 Mtgs

Skyhawks Multi-SportTots

Introduce your little superstar to sports. This baseball and soccer class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Parent participation required for 2-3.5 age group. Ages 2-5.

Instructor: Skyhawks Sports Academy

- **4:30 p.m. classes ages 2-3.5. Parent participation required.**
- **5:20 p.m. classes ages 3.5-5.**
- **No class March 31.**

30303	M	4:30pm-5:10pm	3/10-4/7	SM	\$75/4 Mtgs
30304	M	5:20pm-6:00pm	3/10-4/7	SM	\$75/4 Mtgs
30308	M	4:30pm-5:10pm	4/28-5/19	SM	\$75/4 Mtgs
30307	M	5:20pm-6:00pm	4/28-5/19	SM	\$75/4 Mtgs

Skyhawks SoccerTots

This soccer-themed class focuses on developing motor skills and self-confidence for the younger kids, while the older kids focus more on developing core soccer skills, personal focus and an element of light competition. Ages 2-5. Instructor: Skyhawks Sports Academy

- **4:30 p.m. classes ages 2-3.5.**
- **5:20 p.m. classes ages 3.5-5.**
- **No class May 9.**

30300	F	4:30pm-5:10pm	3/14-4/4	MAY	\$75/4 Mtgs
30301	F	5:20pm-6:00pm	3/14-4/4	MAY	\$75/4 Mtgs
30311	F	4:30pm-5:10pm	4/25-5/23	MAY	\$75/4 Mtgs
30310	F	5:20pm-6:00pm	4/25-5/23	MAY	\$75/4 Mtgs

Teeny Tots Tennis

This Teeny Tots Tennis program is designed to introduce young children to the exciting world of tennis in a fun and engaging way. Through age-appropriate drills and games, children will develop fundamental tennis skills, including learning proper grip techniques for holding a tennis racket, practicing forehand and backhand basic strokes with modified rackets and balls, as well as learning the basics of volleying a tennis ball. Join us for a fantastic introduction to the sport of tennis! Ages 4-7. Instructor: X-Spin Staff

- **Location: Lakewood Tennis Center, 4212 Clubhouse Dr., Lakewood.**

- **Bring tennis racket and two unopened cans of heavy duty balls.**
- **Proper tennis shoes required - no basketball or running shoes.**

30259	T	4:00pm-5:00pm	2/4-3/4	Off Site	\$95/5 Mtgs
30260	T	4:00pm-5:00pm	3/11-4/8	Off Site	\$95/5 Mtgs
30261	T	4:00pm-5:00pm	4/15-5/13	Off Site	\$95/5 Mtgs
30262	T	4:00pm-5:00pm	5/20-6/10	Off Site	\$78/4 Mtgs

TinyTykes Soccer

TinyTykes is an exciting program that teaches basic soccer skills while focusing on motor skill development, balance, coordination, concentration, listening skills and teamwork of players. Challenger's professional coaches will take your young player on a journey to imaginary destinations of dinosaurs, princesses, dragons and more, through soccer, music, storytelling and games. Ages 2-5.

Instructor: Challenger Sports Staff

30273	F	9:15am-10:00am	4/4-5/23	SM	\$120/8 Mtgs
30274	F	10:15am-11:00am	4/4-5/23	SM	\$120/8 Mtgs

Youth Evolution Basketball (Level 1)

This course is designed for children ages 4-5 years to learn the fundamental concepts of basketball, movement skills and build overall motor skills. The program focuses on technique through the use of activities that build on each other, helping children to gradually increase their basketball basic skills. Participants will receive a complimentary jersey. Instructor: Youth Evolution Basketball Staff

30076	W	5:35pm-6:10pm	3/19-4/9	SM	\$89/4 Mtgs
30079	W	5:35pm-6:10pm	5/7-6/4	SM	\$109/5 Mtgs

Fine Arts Instruction

Little Limelight

This unique Musical Theatre class for children ages 4-6 will focus on singing, dancing and acting. Learn choreography to age appropriate Broadway songs, build confidence while singing in front of others, and let your imagination run free through foundational drama games and storytelling. Instructor: Kick It Up Staff

- **Location: Kick It Up, 8129 E. Wardlow Rd., Long Beach.**
- **Please note: parents are to remain outside of the classroom during instruction time.**

30155	Sa	8:45am-9:30am	2/8-3/22	Off Site	\$70/7 Mtgs
-------	----	---------------	----------	----------	-------------

Are you a LOCAL MOM?

Connect with others through **MOMCODE Lakewood Circle.**

For more information email us at

momcodelakewoodcircle@gmail.com

Registration Information

SPRING CALENDAR

Resident Registration Begins:
Thursday, January 16

Non-Resident Registration Begins:
Monday, January 27

Most Classes Begin Week Of:
Monday, February 3

Non-residents add the following fees for each class enrollment.

IF CLASS FEE IS:

\$0 - \$10	NO ADDITIONAL FEE
\$11 - \$29	ADD ADDITIONAL \$5 NON-RESIDENT FEE
\$30 - \$59	ADD ADDITIONAL \$10 NON-RESIDENT FEE
\$60 & OVER	ADD ADDITIONAL \$15 NON-RESIDENT FEE

Any qualified individual with a disability that would exclude that individual from participating in or attending the above event/program should contact the Recreation Office, 5050 Clark Avenue, Lakewood, CA, at 562-866-9771, ext. 2408 at least 48 hours prior to the event/program to ensure that reasonable arrangements can be made to provide accessibility to the event/program or other reasonable auxiliary aids or services may be provided.

4 EASY WAYS TO REGISTER



ONLINE

You're first in line to register for your favorite classes with eCatalog: lakewoodcity.org/ecatalog
Credit cards only



PHONE-IN

562-866-9771, ext. 2408
Credit cards only



MAIL-IN

Fill out and sign the LIFE registration form and mail to: City of Lakewood, P.O. Box 158, Lakewood, CA, 90714.
Check or money order only — Do not send cash!



WALK-IN

Lakewood City Hall
From 7:30 a.m. - 5:30 p.m., M-Th and alternating Fridays at Lakewood City Hall.
All payment forms accepted
Class Location
Walk-in registration at class location is based on availability.
Only checks are accepted

WE STRONGLY RECOMMEND ADVANCE REGISTRATION DUE TO CLASS SIZE LIMITATIONS AND TO ENSURE A MINIMUM NUMBER OF CLASS PARTICIPANTS.

REFUND POLICY

Refunds are accepted if requested before the second class meeting or one business day prior to one-day classes. There is a \$5 administrative fee for refunds. Travel and Day Camp programs have additional refund policies. Refunds will not include material fees. A full refund will be made in the event an activity is cancelled by the City prior to the starting date.

TRANSACTION FEE

A non-refundable \$2.32 transaction fee will be charged per receipt.

SATISFACTION GUARANTEED

If you are not completely satisfied with your class, notify us immediately and we will arrange for you to: repeat the class at no charge, transfer you to another class or receive a refund.

TRANSFER POLICY

Class transfers must be made before the second class meeting. Any additional class payment must be received at this time.

Only one (1) transfer per class participant is permitted.

City of Lakewood Parks & Facilities Guide

<ul style="list-style-type: none"> Biscailuz Park (BIS) 2601 Dollar St. 562-634-3348 Bloomfield Park/TRC (BLM) 21420 Pioneer Blvd. 562-865-1717 Bolivar Park (BOL) 3300 Del Amo Blvd. 562-421-3881 Boyar Park (BOY) 6701 Del Amo Blvd. 562-925-6912 Burns Community Center (BCC) 5510 Clark Ave. 562-925-7512 Candleverde Park 6302 Candlewood St. 	<ul style="list-style-type: none"> Cherry Cove Park 2136 Denmead St. The Centre (CTR) 5000 Clark Ave. 562-804-4434 City Hall 5050 Clark Ave. 562-866-9771 x 2408 Community Gardens Candlewood St. & Palo Verde Ave. Del Valle Park (DV) 5939 Henrilee St. 562-429-0545 Home Run Dog Park Del Amo & Studebaker 562-866-9771 x 2408 	<ul style="list-style-type: none"> Hoover Middle School (HVR) Gym 3501 Country Club Dr. 562-421-1213 Iacoboni Library 4990 Clark Ave. 562-866-1777 Lakewood Equestrian Center 11369 Carson St. 562-281-9024 Lakewood Tennis Center 4212 Clubhouse Dr. 562-496-3530 Lakewood Youth Center (LYC) 4658 Woodruff Ave. 562-429-7472 	<ul style="list-style-type: none"> Mayfair Park (MAY) 5720 Clark Ave. 562-866-4776 Mayfair Pool (MPL) 5720 Clark Ave. 562-804-4256 McCormick Pool (MCP) 3300 Del Amo Blvd. 562-421-3343 Monte Verde Park (MVP) 4626 N. Shadeway Rd. 562-429-0598 Nye Library 6600 Del Amo Blvd. 562-421-8497 	<ul style="list-style-type: none"> Palms Park (PLMS) 12305 207th St. 562-865-6414 Rynerson Park (RYN) Del Amo & Studebaker 562-925-6912 San Martin Park (SM) 5231 Ocana Ave. 562-867-1090 Weingart Senior Center (WSC) 5220 Oliva Ave. 562-630-6141 The Nature Trail 4626 Shadeway Rd.
--	---	---	---	---

Call (562) 866-9771 ext. 2408 for more information
www.lakewoodcity.org/recreation

LIFE Form

(Lakewood Individual & Family Enrollment) Form



CITY OF LAKEWOOD RECREATION & COMMUNITY SERVICES

If you've filled out the Lakewood LIFE Form in the past, please complete **Steps 1 and 3**. Please complete all steps if you have never filled out a LIFE form.

Check this box if you have a change of address, phone number or name. Be sure to also complete **Step 2** with your up-to-date information.

Step 1 First, give us your email address. Email: _____

Step 2 Next, decide who the **Main Contact** is for your family. This is normally the person who is responsible for signing up family members and paying for activities. (Note: Any refund processed for this account will be payable to the Main Contact.)

Main Contact Last Name	First Name	MI	Cell Phone () _____
Street Address	Apt. No.	Home Phone () _____	
City	Zip Code	Birth Date (mm/dd/yy)	

Step 3 Participant Information Please list separately each participant and the activity information requested.

Activity #	Last Name	First Name	Activity Name	Sex M/F	Birth Date mm/dd/yy	Start Date	Fee
1.							
2.							
3.							
4.							
Non-residents add the following fees for each class enrollment, if class fee is: \$0-\$10 no additional fee \$30-\$59 add additional \$10 non-resident fee \$11-\$29 add additional \$5 non-resident fee \$60 and over add additional \$15 non-resident fee						Total of activity fees	
						Total non-resident fees	
						Transaction Fee	\$2.32
						Total Paid	

WAIVER, RELEASE, HOLD HARMLESS AND AGREEMENT NOT TO SUE

I, the undersigned, fully understand that my and/or my child(ren)'s participation in the activity(ies), hereinafter referred to as "EVENT/CLASS" exposes me and/or my child(ren) to the risk of personal injury, death, communicable diseases, illnesses, viruses, or property damage. I hereby acknowledge my and/or my child(ren)'s voluntary participation in EVENT/CLASS and agree to assume any such risks.

I hereby release, discharge and agree not to sue the City of Lakewood, hereinafter referred to as "CITY", its officers, employees and agents for any injury, death or damage to or loss of personal property arising out of, or in connection with, my and/or my child(ren)'s voluntary participation in EVENT/CLASS from whatever cause, including the active or passive negligence of CITY, its officers, employees and agents or any other participants in EVENT/CLASS. The parties to this agreement understand that this document is not intended to release any party from any act or omission of gross negligence, as the term is used in applicable case law and/or statutory provision.

In consideration for being permitted to participate in EVENT/CLASS, I hereby agree, for myself, my heirs, administrators, executors and assigns, that I shall indemnify and hold harmless CITY, its officers, employees and agents from any and all claims, demands, actions or suits arising out of or in connection with my and/or my child(ren)'s voluntary participation in EVENT/CLASS.

I understand and agree that EVENT/CLASS may be recorded for viewing and/or listening by others during EVENT/CLASS and at a future date. I consent to CITY's use of audio and video recordings and photographs of me and/or my child(ren) during EVENT/CLASS and that CITY may use audio and video segments or photographs of me and/or my child(ren) for any purpose, including but not limited to news, advertising and promotional purposes, without compensation to me and/or my child(ren). I hereby release and hold harmless CITY from any claims relating to the use of my and/or my child(ren)'s likeness and image.

I HAVE CAREFULLY READ THIS RELEASE, HOLD HARMLESS AND AGREEMENT NOT TO SUE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT IT IS A FULL RELEASE OF ALL LIABILITY AND SIGN IT ON MY OWN FREE WILL.

Date Signature Required

Print Name _____ Method of Payment Check Money Order Cash

Return to: City of Lakewood, P.O. Box 158, Lakewood, CA 90714 • 562 866-9771, ext. 2408 • lakewoodcity.org/recreation

If you are a qualified individual with a disability and need an accommodation to participate in this activity or program, please contact the Recreation and Community Services Department at (562) 866-9771 ext. 2408 at least 48 hours in advance.



Lakewood.

PRESORTED STANDARD
U.S. POSTAGE
PAID
CITY OF LAKEWOOD

5050 Clark Avenue
Lakewood, CA 90712

**** ECRWSSEDDM ****

RESIDENTIAL CUSTOMER

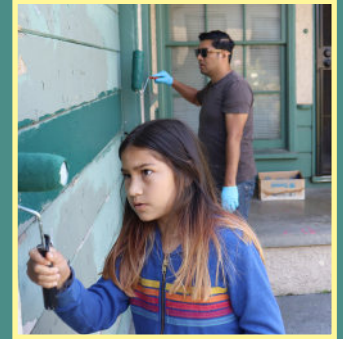
This catalog is 100% recyclable — please recycle

Project Sites Needed *for Lakewood Volunteer Day!*

Do you or someone you know need assistance cleaning up the exterior of your home? Project sites are needed for Lakewood Volunteer Day on Saturday, April 12th.

- Project site must be located in Lakewood.
- Special consideration will be given to residents who are not physically able to do yard work, or cannot afford to complete the work themselves.

Refer a site at www.lakewoodcity.org/volunteerdaysite. For more information call the Burns Community Center at 562-925-7512.



CITY OF LAKEWOOD

PanAm

Fiesta

FUN FOR THE WHOLE FAMILY!

MAY 8 - 11

MAYFAIR PARK | 5720 CLARK AVE. (CLARK AND SOUTH ST.)

ENTERTAINMENT ○ CRAFT SHOW ○ FOOD ○ RIDES

Thursday, May 8th

5 - 9 p.m.

Family Ride Night

Friday, May 9th

5 - 10 p.m.

Rides, Food, Entertainment

Saturday, May 10th

12 - 10 p.m.

*Rides, Food, Entertainment,
Craft Show, Children's Cultural Booth*

Sunday, May 11th

12 - 9 p.m.

*Carnival Rides
and Concessions*

Presale ride tickets at reduced prices available starting April 28 at Lakewood City Hall in the Recreation and Community Services Department