

City of Lakewood  
Recreation and Community Services



RECREATION CATALOG

# SUMMER 2026



*Celebrating* **AMERICA'S** *250<sup>th</sup>*

*Community ★ Fun ★ Family ★ Celebration*

- ▶ Classes and Park Activities Begin Monday, June 15, 2026
- ▶ Register Now at [www.Lakewoodca.gov/ecatalog](http://www.Lakewoodca.gov/ecatalog)

# Parks Make Life Better!

The City of Lakewood's Summer Catalog features an exciting schedule of programs, classes and events to enhance the lives of community members. The six key messages listed below explain how Lakewood parks and recreation opportunities make your life better.

**GATHERING PLACES** – By providing places for learning and socializing.

**FOREVER** – Parks and community centers enrich our lives by providing memories for a lifetime.

**PLAY** – By offering safe playgrounds and play spaces.

**NATURE** – By providing beautiful landscaping and open space.

**EXERCISE** – By providing opportunities for healthy exercise.

**POSITIVE SPACES** – By offering supervised places for our community.

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**Park Hours of Operation can be found on page 4.**

It's summertime!! The City of Lakewood Recreation and Community Services Department has an exciting schedule of classes, camps and community events planned to make this an unforgettable summer!

The popular Finally It's Friday series of events returns (pgs. 30-31) and is filled with a variety of special events scheduled throughout the summer, including Movie Nights Under the Stars, FUN-Tastic Family Nights, Parents Night Out/Kids Night In and many more that are sure to please the entire family. Day Camp at Monte Verde Park will make its return this summer. Additionally, the Summer Camp section (pgs. 22-25) features many other opportunities for children of various ages to participate in weekly camps centered around different themes, including sports, dance and science.

For more information on Lakewood's recreation programs and services visit [www.lakewoodca.gov/recreation](http://www.lakewoodca.gov/recreation) or call the Recreation and Community Services Department at 562-866-9771 ext. 2408.

### SUMMER CALENDAR

Resident Registration begins:  
Thursday, May 21

Non-Resident Registration Begins:  
Monday, June 1

Most Classes Begin Week Of:  
Monday, June 15



*Scan Me*

← Scan the QR code to register for classes online!

# SUMMER CITY OF LAKEWOOD... CONCERTS IN THE PARK

**THURSDAYS**  
**June 11 - Aug. 6**  
**6:30 to 8 p.m.**  
**No concert July 2**

<p><b>JUNE 11</b></p>  <p><b>THE ANSWER</b> Classic Rock</p>	<p><b>JUNE 18</b></p>  <p><b>SMITH COUNTRY BAND</b> Country</p>	<p><b>JUNE 25</b></p>  <p><b>BLUE BREEZE</b> Funk/Soul/R&amp;B/Blues</p>	<p><b>JULY 9</b></p>  <p><b>MAKE IT LAST ALL NIGHT</b> Tom Petty Tribute</p>
<p><b>JULY 16</b></p>  <p><b>DSB</b> Journey Tribute</p>	<p><b>JULY 23</b></p>  <p><b>KNYGHTRYDER</b> 80s</p>	<p><b>JULY 30</b></p>  <p><b>FORTUNATE SONS</b> CCR Tribute</p>	<p><b>AUG. 6</b></p>  <p><b>OC Groove</b> R&amp;B/Funk/Soul</p>

## DEL VALLE PARK

**5939 Henrilee Street**  
(Woodruff Ave. at Arbor Rd.)

Woodruff service road will remain open until 5:30 p.m. for patron drop-off.

Get ready for a summer full of music and community at Concerts in the Park! Bring the whole family to Del Valle Park as it comes alive with 8 weekly concerts featuring fantastic live entertainment, including a Journey tribute band, classic rock, 80s hits and more!

Make an evening of it by bringing a picnic blanket and enjoying delicious food and refreshments available for purchase from local vendors while you relax with friends and neighbors under the summer sky. These concerts are supported by area businesses and concert patrons. Please note that dogs, alcohol, smoking and barbecues are not permitted.

## Special Thanks to our Sponsors!

### PLATINUM

Kenny's Auto Body & Towing  
EDCO  
Dave Smith RE/MAX  
Lakewood Pan American Association  
Admiral Pest Control  
Lakewood Family YMCA  
Lakewood Ace Hardware  
LBS Financial Credit Union  
H&H Nursery Inc.

Piazza McDonald's Family Restaurant  
Supervisor Janice Hahn, 4th District Los Angeles County  
Assemblymember Jose Luis Solache Jr.  
Watersafe Swim School  
Glory Days Sports Grill  
Lakewood Heating and Air Conditioning Inc.  
Long Beach Real Estate

### GOLD

Rotary Club of Lakewood  
Law Offices of Sandra Diaz  
Lakewood LIONS Club  
Forest Lawn Mortuary  
Water Replenishment District

# Community Events & Activities



## Summer Park Hours

Monday, June 15- Friday, Aug. 21

Monday - Friday • 11 - 8 p.m.

Saturday • 9 a.m. - 6 p.m.

Sunday • 11 a.m. - 6 p.m.

Holidays • 9 a.m. - 8 p.m.

Lakewood Parks are... *Safe, Clean and Fun!*

The Recreation and Community Services Department is dedicated to keeping Lakewood parks safe, clean and fun for kids to enjoy. Providing healthy spaces for youth to gather and engage in self-directed activities is a top priority. These spaces provide opportunity for you to be creative, stay active and socialize with friends.

Recreation staff monitor parks and amenities, establishing a presence that promotes safety. Staff are available to provide play equipment and supplies upon request. This includes playground equipment, board games and arts and crafts supplies. Check out equipment with a Recreation Leader and please be sure to return it when you're done enjoying the park. Check in with your local park staff to see what other fun opportunities and programs are offered.

## Public Funds at Work

*to Maintain & Improve Our City of Lakewood*



In 2020, Lakewood voters approved Measure L to provide locally controlled funding to safeguard Lakewood's financial future; for improvements to public safety; and for repairs and upgrades to city parks, community buildings and other aging infrastructure.

City staff have also worked hard to secure county, state and federal grant funds to further improve Lakewood parks and community centers. Thanks to grant funds secured for new projects from Los Angeles County Measure A and the Los Angeles County Regional Park and Open Space District, and California State Proposition 68. Additionally, your federal and state legislative offices have earmarked taxpayer funds to return to their local districts—California State Assembly Member Anthony Rendon, United States Representative Robert Garcia and United States Representative Nanette Barragan have each earmarked money for Lakewood.

### Completed Projects

- New Tot Lot playground and two new picnic shelters at San Martin Park.
- Two renovated restrooms (1-ADA Accessible) at Rynerson Park.
- Disabled parking curb cutouts at Biscailuz, Del Valle & San Martin parks.
- Two new picnic shelters at Rynerson Park.
- Lighting, electrical and carpet upgrades to the Weingart Ballroom at The Centre.
- Upgrades to game courts at Palms Park, including new basketball standards, upgraded LED lighting and new court surfacing.
- New Tot Lot playground at Biscailuz Park, and new combination Tot Lot and School Age playgrounds at Boyar Park.
- New Tot Lot and School Age combination playground at Cherry Cove Park, and new school age playground at Bloomfield Park.

### Projects on the Horizon

- Roofing, plumbing and HVAC upgrades at several Lakewood facilities, including Monte Verde Park and The Centre.
- Electrical upgrades at Biscailuz, Bloomfield and San Martin parks, the Burns Community Center and The Centre.
- Remodel and modernization of Weingart Senior Center.
- Major upgrade to Palms Park community building.

The Lakewood City Council and city staff remain committed to ensuring Measure L funds are spent as intended and as such, the Measure L Citizens Oversight Committee has been appointed to guarantee responsible stewardship of these public funds. Likewise, funds from the county, state and federal government are monitored and spent only on those projects for which they have been approved. Lakewood remains fiscally responsible with all funding sources and ensures our residents benefit directly from these granted funds.

# Community Events & Activities



LAKEWOOD  
*Equestrian*  
CENTER

Open 7 days a week.  
Please call for more details.  
562-896-2373

The Lakewood Equestrian Center is a 15-acre facility located on Carson Street just east of Studebaker Road along the San Gabriel River. It's a unique country atmosphere in the city offering the following:

- ★ Year-round Riding Lessons (ages 7 through adult)
- ★ Western, English, Jumping, Dressage, Trails
- ★ Private or Group Instruction (using your horse or theirs)
- ★ Horse Boarding – Box stalls or Pipes
- ★ Summer Riding Programs available



**Barnyard Buddies at Lakewood Equestrian Center**  
Hours: Wed. – Sun., 10 a.m. – 5 p.m. ★ 562-405-1010

Pony Rides

★  
Mommy and Me  
Pony Interaction

★  
Petting Farm

★  
Riding lessons &  
Summer camps ages (3-7)



[www.lakewoodequestriancenter.com](http://www.lakewoodequestriancenter.com)

TGiS  
thank  
goodness  
it's sofia

FOOD | WEDDINGS | EVENTS

562-804-4434

THE CENTRE | 5000 CLARK AVE  
MONTE VERDE PARK | 4626 N SHADEWAY RD

WHERE EVERY MOMENT BECOMES  
A MEMORY



## Cooling Centers *Need to cool down this summer?*

These Lakewood facilities have air conditioning  
Call for hours of operation

- Bloomfield Park: 21420 Pioneer Blvd. – (562) 865-1717
- Mayfair Park: 5720 Clark Ave. – (562) 866-4776
- Burns Community Center: 5510 Clark Ave. – (562) 925-7512\*

\*A/C available during normal operating hours.

For information on places to cool down go to  
[www.lakewoodca.gov/cooling](http://www.lakewoodca.gov/cooling) or call the  
Recreation and Community Services Department at  
(562) 866-9771, ext. 2408.

Transportation is available to those who qualify through the City's DASH  
Transit program. Call (562) 924-0149 for more information.

## Summer Family Picnics

Lakewood parks  
are a great place for a  
summer picnic  
with family and friends!



Picnic shelters are FREE for Lakewood residents to reserve:  
Saturdays from 9 a.m. - 6 p.m.  
Sundays & Holidays from Noon - 6 p.m.

Reservations can be made up to two months in advance.  
See page 46 for the list of park contact information.

# Community Events & Activities

## JUNE TEENTH

*A Day of Celebration,  
Connection and Community*

### SAVE THE DATE

**Saturday, June 20 | Monte Verde Park**

More details at [www.lakewoodca.gov](http://www.lakewoodca.gov).

## Family Camp

at Monte Verde Park

Bring the kids and enjoy a night under the stars. Take part in games, crafts, nature walks, campfire fun, and more. Camp guides will help you set up and keep the fun going. All meals and snacks are provided so you can relax and enjoy nature. No pets, BBQs, cooking equipment, or alcohol allowed.

**Sat., July 18 from 1 p.m. through Sun., July 19 until 12 p.m.**

Pre-registration is required

Activity #33410  
Check-in begins at 1 p.m.  
Fee: \$10 per person  
A materials fee of \$25 per person is payable to the instructor at event.

Register online at [www.lakewoodca.gov/ecatalog](http://www.lakewoodca.gov/ecatalog)

Supply list available online at the family camp registration page.

CalSouth **MINI-PITCH SOCCER TOURNAMENT** **FREE**

Get ready for the World Cup with two fun youth mini-pitch soccer tournaments, ending with championship games at the Finals Match Watch Party at Mayfair Park.

**JUNE 20 & JULY 11**  
9 a.m. at Palms Park

**CHAMPIONSHIP MATCH**  
July 19 at 10 a.m.  
Mayfair Park, 5720 Clark Ave.

Open for boys and girls ages 8-12  
Sign-up as a team (min 5 & max 8 players)  
15 Min Matches

Register at: [www.lakewoodca.gov/tournament](http://www.lakewoodca.gov/tournament)

Scan QR code to register:

## FINALS MATCH WATCH PARTY

**FINAL MATCH SUNDAY, JULY 19**  
**FREE Admission**

**GATES OPEN 10 A.M. TO 3 P.M.**  
**KICKOFF AT 12 P.M.**

**MAYFAIR PARK, 5720 CLARK AVE.**

Join us for food and fun on July 19<sup>th</sup> to celebrate the final Men's match of FIFA World Cup 26'

- Large 23 x 13 LED screen
- Picnic canopy
- Soccer Mini Pitch
- Family fun zone
- Vendor booths
- Food trucks

## LAKWOOD'S FEST-OF-ALL



# SATURDAY, OCTOBER 10

## AT PALMS PARK 12305 207<sup>TH</sup> ST.

FEATURING  
LAKWOOD'S MULTICULTURAL  
FOOD & MUSIC FESTIVAL  
MUSIC & DANCE  
FAMILY FUN ZONE  
CRAFT VILLAGE  
CHILDREN'S CULTURAL BOOTH

FOR MORE EVENT DETAILS, VISIT  
[WWW.LAKEWOODCA.GOV/FEST-OF-ALL](http://WWW.LAKEWOODCA.GOV/FEST-OF-ALL)

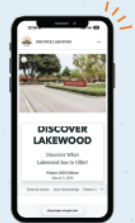
## SHOP, DINE & DO!

### Discover Lakewood

Find local restaurants, shops, services and activities across the city using the **Discover Lakewood** interactive map.

Scan the QR code to start exploring or visit:

[www.lakewoodca.gov/DiscoverLakewood](http://www.lakewoodca.gov/DiscoverLakewood)



### Lakewood Business Owners

Own or manage a storefront business in Lakewood?

Share it on the Discover Lakewood interactive map by submitting a quick **Business Update Form** (and a photo or logo).

Participating businesses may be featured in the city's eMagazine, social media or CityTV spotlights.

Learn more and complete the short form at:

[www.lakewoodca.gov/Promote](http://www.lakewoodca.gov/Promote)



## Lakewood Water



### Small Changes. Big Water Savings.

Water conservation is essential in Southern California. Even though the drought has ended, residents can help by using water efficiently. Programs like Be Water Wise offer tips, tools, and incentives to help save water.

For more information about water projects, reports and rebates, visit:

[www.lakewoodca.gov/Water](http://www.lakewoodca.gov/Water).



### Stay Connected to Your Water Account

Water customers west of the San Gabriel River can manage their utility account online.

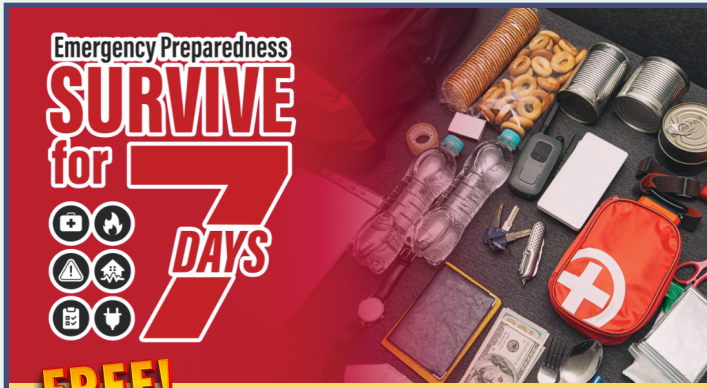
Sign up to receive:

- Leak alerts
- Bill reminders
- Paperless billing



[lakewoodca.gov/UtilityBill](http://lakewoodca.gov/UtilityBill)





**FREE!**

**TUESDAY, JULY 14 | 6-8:30 P.M.  
BURNS COMMUNITY CENTER**

Is your family prepared for a disaster? Lakewood's "Survive for 7" program teaches residents how to prepare for emergencies and why having food, water and shelter for seven days is essential. Learn how to create a plan to care for yourself, your family and your community if emergency services are delayed.

Join this free presentation led by the City of Lakewood's knowledgeable Emergency Preparedness Manager. All are welcome. No registration required.

## BE A GOOD NEIGHBOR THIS JULY 4

<p><b>Please Respect our Veterans</b></p> 	<p><b>More Pets Go Missing July 4<sup>th</sup> Than Any Other Day</b></p> 
<p><b>Do Not Use Illegal Fireworks</b></p> 	<p><b>DO NOT USE ILLEGAL FIREWORKS</b></p> 

Lakewood allows the use of "safe and sane" fireworks approved by the State Fire Marshal on July 4 only. These fireworks do not explode or go into the air and are part of a fun, safe Independence Day celebration.

Illegal fireworks—including rockets and explosives—are not allowed in California and are especially dangerous in residential neighborhoods, where they can cause fires and injuries.

They can also impact your neighbors:

- Veterans with PTSD may be more affected by sudden loud explosions than by scheduled professional fireworks displays.
- Pets can become frightened and run away—more pets go missing on July 4 than any other day.

Using illegal fireworks can result in fines exceeding \$2,000.

Help keep Lakewood safe, respectful and enjoyable for everyone.

## Public Safety Information

### Public Safety and Emergency Preparedness

**Saturday, September 26  
10:30 a.m. - 2 p.m.  
South East parking lot of  
City Hall on Del Amo Blvd**



Bring your family and friends to this interactive, educational and fun family event. Live demonstrations by emergency personnel and law enforcement, interactive emergency response vehicles, informational and interactive booths from public safety and emergency service agencies, farmers market and more!

Don't miss out on this free family friendly event! For more information, contact the Public Safety Department at 562-866-9771 x 2114 or email [crimeprevention@lakewoodca.gov](mailto:crimeprevention@lakewoodca.gov).

#### READY TO HELP PREVENT CRIME?

Crime prevention is up to all of us! Make new friends and reconnect with your neighbors by joining Lakewood's Neighborhood Watch program. Block captains and their neighbors are supported in their crime prevention efforts by Lakewood's Public Safety Department and members of Lakewood's Special Assignment Officer (SAO) team. Interested in learning more or joining? Contact the Public Safety Department. Email [crimeprevention@lakewoodca.gov](mailto:crimeprevention@lakewoodca.gov) or call 562-866-9771, ext. 2114.



Call 1-800-222-tips (8477) or send a tip at [www.LACrimeStoppers.org](http://www.LACrimeStoppers.org)

Want to get LA County Emergency updates? Sign up Now! To register visit [Alert.LACounty.gov](http://Alert.LACounty.gov)



**CITY OF LAKEWOOD**



**Partners with Our Community**  
**562-866-9771 ext.2114**



**LAKWOOD SHERIFF STATION**  
Non-Emergency Line: 562-623-3500  
For Emergencies Dial: 9-1-1

## Home Improvement Help for Eligible Homeowners

*Low income homeowners may qualify for financial assistance to improve their homes.*

### Rehabilitation Loan

Using special federal and other housing funds, the City administers a **deferred payment loan program** providing up to **\$35,000** of interest-free funding for qualifying low-income residents to repair and rehabilitate their homes. Loans are repaid when the home is sold, refinanced or title changes.

### Fix-Up, Paint-Up Grant

The City provides funds of up to **\$10,000** to help with exterior painting and minor repairs to gates, wood trim, doors and stucco.



### Accessible Modification Grant

The City offers an Accessible Modification Grant providing approximately **\$10,000** in funds to help with interior and exterior Americans with Disabilities Act (ADA) modifications, such as:

- Walk-in shower installation
- Widening doorway widths
- Grab bar installation
- Exterior ramp installation

*The Single-Family Residential Loan and Grant programs are available to low-income residents who own and occupy their single-family residential home.*

### How to Qualify:

Call City Hall at  
562-866-9771, ext. 2320

### Learn more at:

[www.lakewoodca.gov/HomeRehab](http://www.lakewoodca.gov/HomeRehab)

# PROJECT SHEPHERD

## BACKPACK PROGRAM



### TO DONATE:

Drop off new backpacks and school supplies to:

- **Burns Community Center**  
5510 Clark Avenue  
M-F, 7 a.m. to 6 p.m.
- **Lakewood City Hall**  
5050 Clark Avenue  
M-F, 7:30 a.m. to 5:30 p.m.
- **Visit our Amazon Wish List** at  
[www.lakewoodca.gov/backpackwishlist](http://www.lakewoodca.gov/backpackwishlist)

**Please bring donations no later than Monday, July 27.**

### TO REGISTER:

- Must be a Lakewood resident.
- Children, ages 3-18, (preschool through high school) qualify to receive a backpack.
- Call the Burns Community Center to register at 562-925-7512.
- Current utility bill or government reward letter with Lakewood address must be shown upon pickup to receive a backpack.



**Rotary**  
Club of Lakewood



# Older Adult Programs & Services

The Weingart Senior Center is being remodeled!  
During the remodel most of the Weingart Senior Center programming has moved to Mayfair Park.



The Weingart Senior Center will be upgraded to a fresh new look, designed for accessibility, comfort and enjoyment of its patrons. In addition to the interior refurbishments, the exterior landscaping and signage will be refreshed.

## Older Adult Programming Hours:

**Weingart Senior Center (WSC)  
at Mayfair Park, 5720 Clark Ave.  
Monday-Friday: 9 a.m.-3 p.m.**

### 34th Annual Senior Health Fair

On Friday, June 19, from 10 a.m.-12 noon, Weingart Senior Center is hosting its 34th Annual Senior Health Fair at **Mayfair Park**. The fair is free and open to the public. Health related information and free screenings will be available throughout the afternoon. For more information, please call 562-630-6141.

### Senior Country Western Line Dance

Get your feet moving and bring out the Country Western in you. Instructor Jackie will teach you a variety of line dances. Come and meet new people. No partner is necessary. For ages 50 and up. Instructor: City Staff

• No class September 7.

33605	M	12:00pm-1:00pm	7/6-7/27	MAY	\$16/4 Mtgs
33606	M	12:00pm-1:00pm	8/3-8/31	MAY	\$20/5 Mtgs
33607	M	12:00pm-1:00pm	9/14-9/28	MAY	\$12/3 Mtgs

## Senior Programs & Class Information

See Weingart Senior Center staff for a complete schedule of activities.

### Artistic and Special Interest Programs:

Watercolor • Arts & Crafts

Plastic Canvas Needlepoint • Knitting • Crocheting

### Educational and Social Engagement Classes:

Lip/Speech Reading • Health Education

Wellness Seminars • Financial • Line Dance

Holiday Parties with entertainment



### Senior Watercolor Painting

This two hour watercolor painting class will use seasonal landscape photos as well as botanical material to draw inspiration. Since 2017 instructor Gloria has been teaching various painting styles including botanical, Chinese brush, landscape and watercolor in Lakewood. This class welcomes all levels, from beginner to advanced. For ages 50 and up. Instructor: City Staff

• Students will need to purchase the following supplies for class:

- Watercolor paper 140lbs cold press
- Watercolor brush size 2,8 & 10
- Watercolor paint 12 tubes (only)
- Painting plate: Large size 9 x 12
- Eraser: Kneaded rubber
- Water bucket: 4 or 6 compartment
- #2 Pencil

33608	F	10:00am-12:00pm	7/10-7/31	CTR	\$40/4 Mtgs
33609	F	10:00am-12:00pm	8/7-8/28	CTR	\$40/4 Mtgs

### Yoga Therapy For Strong Bones

Bones are dynamic living tissue that are continually building, shifting, breaking down and rebuilding in response to physical stimulus and our mental/emotional states. Yoga has a unique way of including weight bearing exercises and stressing the bones to stimulate growth and strengthen the muscles to stabilize your joint. These classes provide you with support in your efforts to safely get strong and live better in your body. For ages 50 and up.

Instructor: Lucy Cheng

33302	F	10:30am-11:40am	6/26-7/31	MAY	\$45/6 Mtgs
33303	F	10:30am-11:40am	8/14-9/18	MAY	\$45/6 Mtgs

## FREE! Fitness Class Schedule

Mondays	Cardio Salsa	9-10 a.m.
	Stretch & Meditate	10:15-11:15 a.m.
Tuesdays	Low Impact Aerobics	9-10 a.m.
	Chair Exercise	10:30-11:30 a.m.
Wednesdays	Mat Exercise	9-10 a.m.
Thursdays	Low Impact Aerobics	9-10 a.m.
	Chair Exercise	10:30-11:30 a.m.
Fridays	Mat Exercise	9-10 a.m.

# Older Adult Programs & Services

## Human Services

### DASH Transit

DASH Transit offers FREE rides to Lakewood residents (age 60 and older) who are without transportation or to residents with a physical or mental disability. Eligible residents can use DASH for any purpose within the City of Lakewood. Transportation is also provided within limited extended boundaries for medical purposes and to Cerritos College and Long Beach City College for certain educational programs. DASH vehicles accommodate multiple passengers and are wheelchair accessible. For more details about this free service, visit [www.lakewoodca.gov/DASH](http://www.lakewoodca.gov/DASH). For questions, call the DASH office at (562) 924-0149, Mon. - Fri. 7:30 a.m. - 5 p.m.



### Congregate Lunch Program

Come enjoy a wonderful meal and spend time with friends at Mayfair Park. Lunches are provided by Human Services Association for seniors 60 and older and their spouses for a voluntary contribution of \$3 per meal. Persons 59 and younger are required to pay a \$7 fee. Everyone is welcome with a reservation made 24 hours in advance.

For more information, please call:

**Weingart Senior Center Nutrition Site at Mayfair Park**  
5720 Clark Avenue, Lakewood • (562) 630-6210

### Additional Offsite Programs

**Multipurpose Senior Services Program:** Free Social and Health Care Management Program assisting older adults who are at risk of nursing home placement due to frailty or inability to manage without assistance. Services include case management, in-home care, meals, respite, adult day care, and more. Must be 65 or older and be MediCal eligible with no share of cost. Call 626-358-1185 x 508.

**Supportive Services Program:** Eligible Seniors (60+) receive free ongoing case management, assessments, client advocacy and service coordination. Eligible clients must live within city service area, call 562-806-5400 x 214.

## Meals on Wheels of Long Beach Serving Lakewood residents

Meals on Wheels of Long Beach provides services for Lakewood residents including delivery of nutritious meals to individuals who are unable to shop and cook for themselves and who live alone; allowing the chronically ill, seniors, veterans and disabled to remain independent and safe in their homes for as long as possible.

Meals on Wheels of Long Beach not only provides freshly prepared meals each day, they also provide clients with friendly visitors and a connection to a multitude of needed services that lead to improved quality of life and safety.

For more information, including registration, donations and volunteer opportunities, visit:

[www.lakewoodca.gov/mealsonwheels](http://www.lakewoodca.gov/mealsonwheels)

or call 562-439-5000



The Burns Community Center is located at 5510 Clark Avenue, Lakewood. Active adults ages 50 and over can find a slate of various class offerings to keep both mind and body sharp! For more information on Active+ programs, please call (562) 925-7512.



**Burns Community Center  
Hours of Operation  
Monday-Friday, 7 a.m. - 6 p.m.**

### Bunco Party

Come out for a fun Friday night and play Bunco at the Burns Community Center! This social dice game involves 100% luck and no skill, anyone can play. Prizes will be awarded to players with the most buncos, the most wins and the most losses. Snack while you play with treats from our nacho and dessert bar. Instructor: City Staff

33502	F	5:30pm-8:00pm	7/17	BCC	\$5/1 Mtg
33503	F	5:30pm-8:00pm	8/21	BCC	\$5/1 Mtg
33504	F	5:30pm-8:00pm	9/25	BCC	\$5/1 Mtg

### Canvas and Cupcake Party

If you are interested in a fun night out and releasing some creativity, join us for our canvas painting party! With step by step instructions you don't have to be an artist to succeed in this class. Supplies will be provided, just paint, snack on some treats, and bring home your masterpiece! Instructor: City Staff

- A \$5 materials fee is payable to the instructor at the beginning of class.
  - August 14 - "Under the Sea Turtle"
  - September 18 - "Desert Sunset"
- |       |   |               |      |     |            |
|-------|---|---------------|------|-----|------------|
| 33505 | F | 6:30pm-8:30pm | 8/14 | BCC | \$10/1 Mtg |
| 33506 | F | 6:30pm-8:30pm | 9/18 | BCC | \$10/1 Mtg |

### Chair Yoga

Chair Yoga is a modified form of traditional yoga that incorporates breathing exercises, yoga postures and meditation. It is suitable for all ages and abilities but is especially accessible for people with limited mobility, balance issues, or those that find floor-based yoga challenging. Chair Yoga offers physical benefits such as: increases flexibility, strength, balance and circulation, as well as improved focus, stress release and relaxation. If desired, you do not need to use a chair. Ages 50+. Instructor: Barbara McEnroe

- No class June 29 and September 7.
- |       |   |               |           |     |             |
|-------|---|---------------|-----------|-----|-------------|
| 33458 | M | 5:00pm-6:00pm | 6/15-7/20 | BCC | \$50/5 Mtgs |
| 33464 | M | 5:00pm-6:00pm | 8/24-9/21 | BCC | \$50/4 Mtgs |

### Lap Swim 50+

For ages 50 and over. One person per lane. Lanes are short width of swimming pool.

- No class July 5.
- |       |    |                 |           |     |             |
|-------|----|-----------------|-----------|-----|-------------|
| 33627 | Su | 11:00am-11:50am | 6/14-7/19 | MPL | \$10/5 Mtgs |
| 33628 | Su | 11:00am-11:50am | 7/26-8/23 | MPL | \$10/5 Mtgs |

## FREE! Fitness Class Schedule

Mondays	Cardio Circuit	9-10 a.m.
	Pickleball @ Mayfair Park	9-11 a.m.
Tuesdays	Walking Club	8:30-9:30 a.m.
	Stretch & Tone	10-11 a.m.
	Pickleball @ Mayfair Park	6-8 p.m.
Wednesdays	Pickleball @ Mayfair Park	9-11 a.m.
	Chair Volleyball @ Mayfair Park	10 a.m.-12 p.m.
	Pickleball @ Bolivar Park	6-8 p.m.
Thursdays	Walking Club	8:30-9:30 a.m.
	Stretch & Meditate	10-11 a.m.
	Pickleball @ Mayfair Park	6-8 p.m.
Fridays	Pickleball @ Mayfair Park	9-11 a.m.
	Chair Volleyball @ Mayfair Park	12-2 p.m.
	Pickleball @ Bolivar Park	6-8 p.m.

\* No Class Monday, Sept. 7

## BURNS BOOK CLUB FREE!

July 1, Aug. 5 and Sept. 2  
1-3 p.m.

Come have stimulating conversation with others who love to read. Please read Someone Else's Shoes by JoJo Moyes before the first class. The remaining books will be selected by the class each month.





**Burns Quilters Club FREE!**

Third Wednesday of the month, 9 a.m. - 3:30 p.m.  
**Dates: June 17, July 15, August 19 and September 16.** Come join this friendship group to socialize and work on your favorite quilting project. Participants will need to bring their own fabric and supplies. Bring your own lunch as the group works through the lunch hour.

**Texas Hold 'Em Poker Club FREE!**

Mondays and Thursdays, 12:30-2:30 p.m.  
 Join the Active+ Poker Group! New poker players are wanted to expand the group. Just bring your poker skills; chips and poker table are provided.  
 • No class July 27 & 30, Aug. 3, and Sept. 7.

**Tech Talk FREE!**

Every other Thursday, 4-5 p.m.  
**Dates: June 25, July 9 & 23, Aug. 6 & 20, Sept. 3 & 17.**  
 Do you have a gadget (smartphone, ipad etc.) that is making you crazy? Bring it in and let our technological experts show you some tricks to make life with your gadget easier.

**LEARN BASIC TECH CLASSES**

FREE! Sponsored by Los Angeles County

The goal of each course is to give residents the digital skills to confidently navigate today's technology-driven world.

**Basics Course**

(Activity #33673)  
 Tuesday, June 23 from 1-5 p.m.  
 Wednesday, June 24 from 1-5 p.m.

This interactive class will cover cybersecurity basics, smartphone basics, computer basics, internet basics, app basics, and navigating the web.



**Intermediate Course**

(Activity #33674)  
 Friday, August 21 from 9 a.m. to 1 p.m.  
 Friday, August 28 from 9 a.m. to 1 p.m.  
 This interactive class will cover intro to AI vs. Real, intermediate app, smartphone accessibility features, Google maps, and Google photo basics.

**Students must attend both 4-hour sessions. Bringing your device is encouraged, but not a requirement to take this course.**



**AARP Smart Driver Course**

July 21 & 22 - Aug. 25 & 26  
 12 - 4:15 p.m.

This two-part class will teach you the newest safety features in vehicles, strategies that can reduce your likelihood of having a crash, increase your confidence when driving, and much more. Please bring a pen.

**Fee: \$20 for AARP Members  
 \$25 for Non-AARP Members**

Please call Burns Community Center at 562-925-7512 to register, space is limited. Fee must be paid by check or money order to AARP, and will be collected at the beginning of the first class. Must attend both days. AARP Certified Instructor: Jim Jang



**Seasonal Cookie Decorating**

This class will teach you how to decorate beautiful royal icing cookies with piping, flooding and detail work. At the end of the class you'll be able to take home your delicious cookies and extra materials! Cookies and supplies needed for the class will be provided. Instructor: City Staff

- A \$10 materials fee is due to the instructor at the beginning of class.
- July 10 - Nautical Cookies
- September 11 - Apple Orchard Cookies
- Registration closes the Wednesday prior to class.

33507	F	6:30pm-8:30pm	7/10	BCC	\$10/1 Mtg
33508	F	6:30pm-8:30pm	9/11	BCC	\$10/1 Mtg

**Trivia Night**

Join us for an evening of fun and friendly competition at Trivia Night! Teams will test their knowledge and battle for the top spot answering a variety of trivia questions. Prizes will be awarded to the team with the most points at the conclusion of the night.

Snacks and drinks will be provided. Instructor: City Staff

33509	Th	6:00pm-8:00pm	7/9	BCC	\$5/1 Mtg
33510	Th	6:00pm-8:00pm	8/20	BCC	\$5/1 Mtg

**Water Aerobics 50+**

It's going to be a long hot summer! Stay healthy and active! Burn fat while doing moves that will shape and sculpt your body with zero stress to the joints! This class is for ages 50 and older.

Instructor: City Staff

- No class July 5.

33629	Su	12:00pm-12:50pm	6/14-7/19	MPL	\$30/5 Mtgs
33630	Su	12:00pm-12:50pm	7/26-8/23	MPL	\$30/5 Mtgs

# Adult Fitness, Sports & Dance

L A K E W O O D



## Fall Season

Registration dates: August 3 - 21

### Women's Volleytennis

Women's volleytennis is a fast-paced game played with a tennis-height net with a volleyball on a volleyball court. Teams play Monday nights at various parks on outdoor courts. League games start at 7 p.m.

**League Dates: September 28 - November 30**

### Adult Softball

Adult softball leagues are scheduled and organized as follows:

Men's Single Wall Bat - Friday evenings

Co-ed Single Wall Bat - Sunday afternoons

**League Dates: September 25 - December 13**

Online Registration is available for all adult sports leagues. Go to [www.lakewoodca.gov/eCatalog](http://www.lakewoodca.gov/eCatalog), click on Activities-Sports League. Teams may also register in person at the Recreation and Community Services Department at City Hall.

Registration information, including a link to the online registration page, can be found online at [www.lakewoodca.gov/AdultSports](http://www.lakewoodca.gov/AdultSports). Teams may also obtain registration information through the Recreation and Community Services Dept. by calling 562-866-9771, ext. 2408. Fees and other details are available on the website.

### Fitness Classes

For all fitness classes, please wear comfortable, breathable clothing and supportive shoes. You may want to bring a towel or exercise mat to class. Also, please consult your doctor before beginning any exercise program.



### Aqua Aerobics

Get a head start on your summer fitness with a splash! Come join the fun at the pool and stay healthy at the same time. Burn fat while doing moves that will shape and sculpt your body with zero stress to the joints! The intensity of this water aerobics class is determined by how hard you decide to work! Instructor: Kick It Up Staff

33599	T	6:40pm-7:30pm	6/23-7/28	MPL	\$54/6 Mtgs
33601	Th	6:40pm-7:30pm	6/25-7/30	MPL	\$54/6 Mtgs
33602	W	6:40pm-7:30pm	7/29-9/2	MPL	\$54/6 Mtgs

### Aqua Zumba

Grooving to the beats of salsa, flamenco and merengue music feels more like a dance party than a workout...especially when you add water! This is exactly what makes Aqua Zumba so popular. Easy on the joints and intense on the fun. This is a summer workout that can't be beat! Join the party today! Instructor: Kick It Up Staff

33600	M	6:40pm-7:30pm	6/15-7/20	MCP	\$54/6 Mtgs
33603	W	6:40pm-7:30pm	6/17-7/22	MCP	\$54/6 Mtgs
33604	M	6:40pm-7:30pm	7/27-8/31	MCP	\$54/6 Mtgs

### Basic Yoga

Yoga is designed to bring union to body, mind and spirit through flexibility, strength, full range of motion, balance, fullness of breath and relaxation. Individual needs are addressed and this style is gentle and appropriate for all ages and all levels. Instructor: Barbara McEnroe

- Please bring a yoga mat.
- No class June 29 and September 7.
- Thursday session 8/27-9/24 will meet at the Burns Community Center.

33459	M	6:00pm-7:00pm	6/15-7/20	BCC	\$65/5 Mtgs
33462	Th	6:30pm-7:30pm	6/18-7/9	MVP	\$52/4 Mtgs
33465	Th	6:30pm-7:30pm	7/16-8/6	MVP	\$52/4 Mtgs
33467	M	6:00pm-7:00pm	8/24-9/21	BCC	\$52/4 Mtgs
33466	Th	6:30pm-7:30pm	8/27-9/24	BCC	\$65/5 Mtgs

### Bellydance Fitness

Bellydance Fitness is a core strengthening, glute tightening, cardio dance party all in one! Combining the best of belly dancing with stomach and leg strengthening, this class will burn calories, blast away the fat and tone your 'core' section and legs. And it won't even feel like you're working out because you'll have so much fun! Instructor: Kick It Up Staff

• Location: Kick It Up, 8129 E. Wardlow Rd., Long Beach.

33519	T	9:30am-10:30am	7/7-8/11	Off Site	\$54/6 Mtgs
33518	F	9:30am-10:30am	7/10-8/14	Off Site	\$54/6 Mtgs

## Kundalini Yoga

Kundalini Yoga is a yoga of self-awareness. It is a spiritual practice that aims to awaken the Kundalini energy, which is said to be located at the base of the spine. It combines breathing, meditation, chanting and physical postures to promote physical, mental, emotional and spiritual well-being. Instructor: Barbara McEnroe

- Please bring a yoga mat or blanket to sit on.
- No class July 30.

33461	Th	8:30am-9:30am	6/18-7/9	BCC	\$52/4 Mtgs
33471	Th	8:30am-9:30am	7/16-8/6	BCC	\$39/3 Mtgs
33472	Th	8:30am-9:30am	8/27-9/24	BCC	\$65/5 Mtgs

## Pilates

Pilates is not just for your core. Pilates is a system that integrates movements that work your entire body. Exercises can be adapted for beginners to more advanced students. Fun and hard work, Pilates is a time-tested discipline that delivers. Please bring a mat and long belt or strap to class. Instructor: Elizabeth Markley

- No class July 1 and September 9.
- September classes meet at Mayfair Park.

33449	W	7:15pm-8:15pm	6/17-7/15	CTR	\$65/4 Mtgs
33450	W	7:15pm-8:15pm	7/22-8/12	CTR	\$65/4 Mtgs
33451	W	7:15pm-8:15pm	8/19-9/16	CTR	\$65/4 Mtgs

## Yin Yoga

A gentle, slow paced style of yoga with postures held for longer periods of time, Yin yoga works with the connective tissues of the body; the tendons, fascia and ligaments, with the aim of increasing circulation in the joints and improving flexibility. Sequences are aligned with the meridians in the body, as found in Chinese medicine and acupuncture. This healing yoga is suitable for all levels, ages and body types, as well as those with prior injuries.

Instructor: Barbara McEnroe

- Please bring a yoga mat and two firm blocks.
- No class June 29 and September 7.
- Thursday Session 8/27-9/24 will meet at the Burns Community Center.

33460	M	7:00pm-8:00pm	6/15-7/20	BCC	\$65/5 Mtgs
33463	Th	7:30pm-8:30pm	6/18-7/9	MVP	\$52/4 Mtgs
33469	Th	7:30pm-8:30pm	7/16-8/6	MVP	\$52/4 Mtgs
33468	M	7:00pm-8:00pm	8/24-9/21	BCC	\$52/4 Mtgs
33470	Th	7:30pm-8:30pm	8/27-9/24	BCC	\$65/5 Mtgs

## Zumba

Zumba is a Latin inspired dance workout, but more like a dance party than a workout! Come join the fun with music from around the world - sweat, laugh, burn calories and tone your body.

Instructor: Isabel Moses-Caldera

- Bring a towel and water.
- September classes meet at Mayfair Park.

33373	W	5:45pm-6:45pm	6/17-7/15	CTR	\$50/5 Mtgs
33374	W	5:45pm-6:45pm	7/29-8/26	CTR	\$50/5 Mtgs
33375	W	5:45pm-6:45pm	9/2-9/23	MAY	\$40/4 Mtgs

[www.Lakewoodca.gov](http://www.Lakewoodca.gov)

Click to the city's website for access to Lakewood's 24-hour city hall. You'll find recreation classes, an events calendar, online forms for city services and news about Lakewood.



# LAKWOOD PICKLEBALL

## ADULT PICKLEBALL



### Mayfair Park

*Mondays, Wednesdays & Fridays, 9-11 a.m.*

*Tuesdays & Thursdays, 6-8 p.m.*

### Bolivar Park

*Wednesdays & Fridays, 6-8 p.m.*

Players are encouraged to bring their own paddles and balls. A limited number will be available for checkout.



# Adult Fitness, Sports & Dance



## Dance Classes

### Belly Dance

Fahtiem, a World-Renowned, Award-Winning Master Instructor and performer shares her vast knowledge and expertise in Belly Dance. With this ancient art, you can look forward to increasing self-esteem, trim and tone your body with graceful movements and get a fun aerobic workout. Visit [www.fahtiem.com](http://www.fahtiem.com).

33454	W	6:30pm-7:30pm	6/24-7/22	BLM	\$49/5 Mtgs
33455	W	6:30pm-7:30pm	8/12-9/9	BLM	\$49/5 Mtgs

### Lehua Hula (Beginning)

This class is strictly for beginners (0-1 year of experience). Come learn the basics of hula at a leisurely pace, and without the pressure of preparing for shows. We will dance to beautiful Hawaiian music using simple choreography while learning the proper forms of this graceful cultural art. A great way to get some steps in while having fun! Instructors: Ms. Willie Villa-Real and Mrs. Stephanie Fontela

- **Lovely sarongs available for purchase at class.**
- **Ohana discount available. Contact Recreation & Community Services for more information.**

33309	M	7:30pm-8:15pm	6/15-7/6	CTR	\$44/4 Mtgs
33401	M	7:30pm-8:15pm	7/13-8/3	CTR	\$44/4 Mtgs
33402	M	7:30pm-8:15pm	8/10-8/31	CTR	\$44/4 Mtgs

### Kiele Polynesian Dance (Intermediate/Advanced)

Kiele, Hawaiian for the gardenia flower, symbolizes love and romance. The dance of hula and the Aparima of Tahiti both express love and romance, as well as a fun and low-impact form of exercise. This class is appropriate for dancers who already know the basics of both dances, and are ready for some challenging choreography. Instructors: Ms. Willie Villa-Real and Mrs. Stephanie Fontela

- **Students will need to purchase a costume for performances, dates and cost TBA.**
- **Dance implements (poi balls) may be purchased through the instructor.**
- **Ohana discount available. Contact Recreation & Community Services for more information.**

33313	Th	7:45pm-8:45pm	6/18-7/9	BLM	\$48/4 Mtgs
33381	Th	7:45pm-8:45pm	7/16-8/6	BLM	\$48/4 Mtgs
33382	Th	7:45pm-8:45pm	8/13-9/10	BLM	\$60/5 Mtgs

## Tennis Classes

### Tennis Clinic - Adult Beginning

Discover the fun and fitness of tennis with our beginner-friendly adult tennis class! This class is designed for adults of all ages and fitness levels who are new to the sport or looking to refresh their basic skills. In this class, you'll learn proper grip and stance for effective shots, fundamental strokes to help master the forehand, backhand, and serve, as well as learning proper footwork and court movement while improving your agility and court coverage through dynamic drills. Players will learn the basic rules and etiquette to help understand the fundamental rules of the game and engage in enjoyable and interactive games that make learning fun and engaging. No prior experience is necessary! Experienced and patient instructors will guide you through each step, ensuring a fun and supportive learning environment. Instructor: Temujin Sykahua

- **Location: Lakewood Tennis Center, 4212 Clubhouse Dr., Lakewood.**
- **Bring a tennis racket and two unopened Wilson or Penn balls.**
- **Proper tennis shoes required.**

33325	T	5:00pm-7:00pm	6/16-7/14	Off Site	\$160/5 Mtgs
33324	Th	5:00pm-7:00pm	6/18-7/16	Off Site	\$160/5 Mtgs
33323	Sa	9:15am-10:15am	6/20-7/25	Off Site	\$110/5 Mtgs
33344	T	5:00pm-7:00pm	7/21-8/18	Off Site	\$160/5 Mtgs
33346	Th	5:00pm-7:00pm	7/23-8/20	Off Site	\$160/5 Mtgs
33342	Sa	9:15am-10:15am	8/1-8/29	Off Site	\$110/5 Mtgs
33345	T	5:00pm-7:00pm	8/25-9/22	Off Site	\$160/5 Mtgs
33347	Th	5:00pm-7:00pm	8/27-9/24	Off Site	\$160/5 Mtgs
33343	Sa	9:15am-10:15am	9/5-9/26	Off Site	\$88/4 Mtgs

### Tennis Clinic - Adult Intermediate

This challenging class is designed for adult players with some prior tennis experience who are looking to refine their skills and elevate their game. In this class, students develop advanced stroke techniques and improve forehand, backhand, serve, volley, and overhead with focused drills and instruction. Additionally players will learn advanced match strategies, including shot selection, court positioning, and point construction. Develop greater consistency and power in your strokes through demanding drills and competitive play and increase your speed and agility on the court through dynamic drills and movement exercises. Participate in friendly matches and scrimmages to apply your skills and develop your competitive edge. This class is ideal for players who have some prior tennis experience and a solid understanding of the basic strokes and are looking to improve their consistency, power, and strategic play. Join us and take your tennis game to the next level! Instructor: Temujin Sykahua

- **Location: Lakewood Tennis Center, 4212 Clubhouse Dr., Lakewood.**
- **Bring a tennis racket and two unopened Wilson or Penn balls.**
- **Proper tennis shoes required.**
- **No class September 7.**

33350	M	5:30pm-7:30pm	6/15-7/13	Off Site	\$160/5 Mtgs
33353	F	5:00pm-7:00pm	6/19-7/17	Off Site	\$160/5 Mtgs
33322	Sa	10:15am-12:15pm	6/20-7/25	Off Site	\$160/5 Mtgs
33351	M	5:30pm-7:30pm	7/20-8/17	Off Site	\$160/5 Mtgs
33354	F	5:00pm-7:00pm	7/24-8/21	Off Site	\$160/5 Mtgs
33348	Sa	10:15am-12:15pm	8/1-8/29	Off Site	\$160/5 Mtgs
33352	M	5:30pm-7:30pm	8/24-9/28	Off Site	\$160/5 Mtgs
33355	F	5:00pm-7:00pm	8/28-9/25	Off Site	\$160/5 Mtgs
33349	Sa	10:15am-12:15pm	9/5-9/26	Off Site	\$128/4 Mtgs

**Recreation Scholarships are available through Lakewood Project Shepherd. Call 562-925-7512 for more information.**



Most of us know that exercise plays an important role in weight management and good health. While 15 minutes of exercise a day is a good start, more is better. If you are just starting out, most of the Lakewood parks have a mile-long fitness route. Walking briskly, you can cover a mile in 15 minutes. Do this twice a day and you will be ahead of the game; forging a path towards incorporating fitness into your daily routine. Growing old gracefully requires keeping healthy and staying active. Let Lakewood parks help you in this quest.

**Biscailuz Park** – The perimeter of the park measures one-third of one mile.

**Bloomfield Park** – A half-mile route. See map at park for exact route.

**Bolivar Park** – The sidewalk around the perimeter of the park measures one-half mile.

**Boyar Park** – A half-mile route uses the perimeter of the park on the south side of Del Amo. See map at the park for exact location.

**Del Valle Park** – The sidewalk around the perimeter of the park measures 5/8 of one mile. Two laps is 1.25 miles.

**Mayfair Park** – A route measuring one-half mile has been designed using the south portion of the park. See map at park for exact route.

**Palms Park** – This fitness loop is 2/3 of one mile. See map at park for exact route.

**Rynerson Park** – The foot path is 1-mile long.

**San Martin Park** – The sidewalk around the park's perimeter measures .55 mile. Two laps is 1.1 miles.

**The Nature Trail** – The trail is 3 miles long (from Candlewood to Carson round trip).

## Workshops & Classes

### Community CPR Class

Through lecture and hands-on skill sessions, you will learn CPR (for adults, children and infants), first aid skills, and how to use an AED. Participants must be able to get on the floor to demonstrate correct CPR skills, as well as pass the written exam. Certification will be through the American Red Cross and is valid for two years. Instructor: City Staff

- Please arrive on time. Late participants will not be allowed to enter.
- Participants will be given a 30-minute lunch break. Bring a lunch or enjoy lunch at a local eatery.

33409 Sa 7:30am-2:00pm 8/22 BCC \$40/1 Mtg

### Conversational Adult Spanish Club

This class is a full immersive Spanish experience. This class uses an emergent curriculum, so the flow of the class will vary. Class will consist of variations of the following: introduction, ice breaker, reading together, art with artistic lingo introduced, play, dance, board games, potluck shared meal with conversation starters, communal reflections and self connection. Instructor: Xochitl Brizuela

- Please register early! Classes will only be held if minimum registration is met.
- No class July 6 and August 3.

33421 M 6:30pm-7:30pm 6/15-8/31 BOY \$260/10 Mtgs

## Arts & Crafts

### Bake Shop Basics - Buttercream Piping Techniques

Add the perfect finishing touches to your cakes and cookies with this borders and flowers class. Learn simple buttercream borders, including the shell and bead border, then learn how to make your cake blossom with buttercream rosettes, leaves, and more! No experience needed. All supplies for the class will be provided. Visit [www.plumforest.com](http://www.plumforest.com) to see photos of class samples. Ages 18 and up. Instructor: Lakyn Wynn.

- A \$15 materials fee (exact cash only) is due to the instructor at the beginning of class.
- Refunds will not be issued for same day cancelations.

33473 M 6:30pm-8:00pm 7/13 MAY \$30/1 Mtg

### Bake Shop Basics - Cookie Decorating

Learn tips and tricks for making perfectly decorated Summer themed cookies at home. By learning creative techniques from outlining, to flooding, and then adding details, you will impress yourself and others. No experience needed. Cookies and supplies for the class will be provided. Visit [www.plumforest.com](http://www.plumforest.com) to see photos of class samples. Ages 18 and up. Instructor: Lakyn Wynn.

- A \$15 materials fee (exact cash only) is due to the instructor at the beginning of class.
- Refunds will not be issued for same day cancelations.

33474 M 6:30pm-8:00pm 6/22 MAY \$30/1 Mtg

### Beginning Hand Building Ceramics

Learn various hand building techniques using low fire clay and glazes. Colors are bright and detail oriented. Students learn composition, design, construction and color theory. Ages 18 and older. Instructor: Kathryn H.

- A \$40 materials fee is due in class.

33414 F 6:30pm-8:30pm 7/10-7/24 CTR \$55/3 Mtgs  
33415 F 6:30pm-8:30pm 8/7-8/21 CTR \$55/3 Mtgs

# Adult Special Interest

## Beginning Macramé

Discover the art of macramé and unleash your inner creativity in our Beginning Macramé class. Whether you're a crafting enthusiast or a beginner, this workshop offers a welcoming environment where you can learn the essential knots and techniques to create stunning macramé pieces for your home or as heartfelt hand-made gifts. No experience needed. All supplies for the class will be provided. For ages 18 and up. Visit [www.plumforest.com](http://www.plumforest.com) to see photos of class samples. Instructor: Lakyn Wynn.

- **A \$10 materials fee (exact cash only) due to the instructor at the beginning of class.**
  - **Refunds will not be issued for same day cancelations.**
- 33486 M 6:30pm-8:00pm 8/17 MAY \$30/1 Mtg

## Cake Decorating - Building Buttercream Skills (Course 1)

Fresh inspiration and trendy cake decorating techniques are presented in this four-week class. Learn core buttercream decorating skills that will give you extraordinary results. Supplies not included. Instructor: Lakyn Wynn.

- **Class supply list available at PlumForest.com/cake-courses.**
  - **\$5 materials fee for handouts (exact cash only) due in class.**
  - **Refunds will not be issued for same day cancelations.**
  - **This course is a pre-requisite to Courses 2 & 3.**
- 33483 T 6:30pm-8:00pm 6/16-7/7 MAY \$140/4 Mtgs

## Cake Decorating - Flowers & Cake Design (Course 2)

This 4-week course builds on skills learned in Building Buttercream Skills (Course 1). Learn how to select colors, arrange flowers, and work with royal icing, which is the ideal icing for creating decorations in advance. Plus you'll learn how to make amazing flowers, such as pansies, lilies and more! By the end of this class you will be able to design a professional-looking cake! Please come prepared by bringing all items listed on the supply list. Instructor: Lakyn Wynn.

- **Class supply list available at PlumForest.com/cake-courses.**
  - **A \$5 materials fee for handouts (exact cash only) due in class.**
  - **Building Buttercream Skills is a prerequisite for this course.**
  - **Refunds will not be issued for same day cancelations.**
- 33484 T 6:30pm-8:00pm 7/14-8/4 MAY \$140/4 Mtgs

## Cake Decorating - Gum Paste & Fondant (Course 3)

This course will help you become an accomplished cake decorator! Learn to work with fondant, make gum paste decorations and much more. Please come prepared by bringing all items listed on the supply list. Instructor: Lakyn Wynn.

- **Class supply list available at PlumForest.com/cake-courses.**
  - **\$5 materials fee for handouts (exact cash only) is due in class.**
  - **Building Buttercream Skills is a prerequisite for this course.**
  - **Refunds will not be issued for same day cancelations.**
- 33485 T 6:30pm-8:30pm 8/11-8/25 MAY \$140/3 Mtgs

## Candle Making

In this class you'll learn the fundamentals of candle making, from safety and equipment to understanding different wax types. You will learn melting and pouring techniques, plus how to add fragrance and color so you can create candles that are uniquely yours. Whether you're making them to brighten your home or to give as heartfelt gifts, you'll leave with the confidence and skills to keep creating long after class. No experience needed. All supplies for the class will be provided. For ages 18 and up. Visit [www.plumforest.com](http://www.plumforest.com) to see photos of class sample. Instructor: Lakyn Wynn.

- **A \$10 materials fee (exact cash only) due in class.**
  - **Refunds will not be issued for same day cancelations.**
- 33475 M 6:30pm-8:00pm 6/15 MAY \$30/1 Mtg

## Crochet 102 - Granny Squares

You have seen these squares everywhere from sweaters to bags, hats and more. This class will build on the skills learned in Crochet 101. For those who have not taken 101, you will need to know the following before taking this class: slip knot, foundation chain, single crochet, turning chain and increase. No experience needed. All supplies for the class will be provided. Visit [www.plumforest.com](http://www.plumforest.com) to see photos of class samples. For ages 18 and up. Instructor: Lakyn Wynn.

- **A \$10 materials fee (exact cash only) due in class.**
  - **Refunds will not be issued for same day cancelations.**
- 33488 M 6:30pm-8:00pm 8/31 MAY \$30/1 Mtg

## Cutting Creatively with Cricut

Come learn some of the many project possibilities that can be created with your Cricut Explore Air or Maker. Learn the basic components such as making simple designs, setting your materials, aligning cutting mats and using your tools. Ready to make personalized projects? Learn how the Cricut Design Space software and tools help you modify images and fonts. No experience needed. Supplies not included. For ages 18 and up. Instructor: Lakyn Wynn.

- **Refunds will not be issued for same day cancelations.**
- **The supply list can be found at [www.plumforest.com/calendar](http://www.plumforest.com/calendar). Select your class date and the supply list can be found within the class description.**

- **Students must use their own mobile hotspot, no Wi-Fi available at the facility.**
- 33476 M 6:30pm-8:00pm 7/20 MAY \$30/1 Mtg

## Cutting Creatively with Silhouette

Welcome to the world of making Pinterest-perfect party décor and other personalized items! Get started with your Silhouette CAMEO and its latest design software. We will explore the machine's various features and how to work with the most popular materials: paper, vinyl, heat-transfer vinyl and sticker paper. Learn troubleshooting tips and tricks so you can make perfect cuts and designs every time. No experience needed. Supplies not included. For ages 18 and up. Instructor: Lakyn Wynn.

- **Refunds will not be issued for same day cancelations.**
- **The supply list can be found at [www.plumforest.com/calendar](http://www.plumforest.com/calendar). Select your class date and the supply list can be found within the class description.**

- 33477 M 6:30pm-8:00pm 9/14 MAY \$30/1 Mtg

## Knitting 102 - Knit a Mug Rug New!

Curious about knitting but not sure where to start? This class is the perfect first step! This project uses just one simple stitch and is worked flat, making it an easy and confidence-boosting beginner piece. This class is designed to teach essential knitting skills. No experience needed. All supplies for the class will be provided. Visit [www.plumforest.com](http://www.plumforest.com) to see photos of class sample. Ages 18 and up. Instructor: Lakyn Wynn.

- **Refunds will not be issued for same day cancelations.**
- **A \$10 materials fee (exact cash only) is due to the instructor at the beginning of class.**

- 33478 M 6:30pm-8:00pm 6/29 MAY \$30/1 Mtg

### Non-residents add the following fees for each class enrollment.

	<b>If class fee is:</b>
\$0 - \$10	no additional fee
\$11 - \$29	add additional \$5 non-resident fee
\$30 - \$59	add additional \$10 non-resident fee
\$60 and over	add additional \$15 non-resident fee

## Morning Sewing Circle

Come join us for a casual, unstructured sewing circle. This class is a gathering of sewing enthusiasts. The gathering will be what you want it to be. Bring your sewing projects to start or finish and hang out for some awesome camaraderie. This is "not" an instructional class, but if you need help on a project, there will be plenty of opinions on "HOW TO"! Please bring all the necessary materials to work on your project, including sewing machine. Irons, cutting mats and rulers provided. Instructor: Diane Wamba

- At times an extra \$10 fee will be required as well as a minimal copying fee payable to the instructor in class.
- Classes in September will meet at the Lakewood Youth Center.

33228	T	9:00am-2:00pm	6/16-7/28	CTR	\$29/7 Mtgs
33229	T	9:00am-2:00pm	8/4-9/22	CTR	\$29/8 Mtgs

## Paper Quilling

This Paper Quilling course is designed to make learning this captivating art form both fun and accessible. Quilling is a versatile art form that allows you to create intricate designs and decorations. Come learn the fundamentals along with inspiration to craft your own unique quilled decorations and gifts. No experience needed. All supplies for the class will be provided. For ages 18 and up. Visit [www.plumforest.com](http://www.plumforest.com) to see photos of class samples. Instructor: Lakyn Wynn.

- A \$10 materials fee (exact cash only) due in class.
- Refunds will not be issued for same day cancelations.

33479	M	6:30pm-8:00pm	8/10	MAY	\$30/1 Mtg
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## Party DIYs - Balloon Centerpieces

This class is ideal for anyone interested in learning the art of balloon centerpiece decoration. Whether you're a party planner, a DIY enthusiast, or simply someone looking to add a unique touch to your events, you'll leave this class with newfound skills and the confidence to create stunning balloon centerpieces. No experience needed. All supplies for the class will be provided. For ages 18 and up. Visit [www.plumforest.com](http://www.plumforest.com) to see photos of class samples. Instructor: Lakyn Wynn.

- A \$10 materials fee (exact cash only) due to the instructor at the beginning of class.
- Refunds will not be issued for same day cancelations.

33480	M	6:30pm-8:00pm	8/3	MAY	\$30/1 Mtg
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## Party DIYs - Paper Flowers

Let's make flowers! In this step-by-step class you will learn how to create paper flowers with card stock. This class is perfect for beginners or anyone who wants to learn the art of paper flower making for a party DIY. Whether you're planning a birthday bash, a bridal shower, a baby shower, or any event. No experience needed. All supplies for the class will be provided. For ages 18 and up. Visit [www.plumforest.com](http://www.plumforest.com) to see photos of class samples. Instructor: Lakyn Wynn

- A \$10 materials fee (exact cash only) is due to the instructor at the beginning of class.
- Refunds will not be issued for same day cancelations.

33487	M	6:30pm-8:00pm	8/24	MAY	\$30/1 Mtg
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## Plum Forest Paint Party

Come have some fun with us, letting your inner artistic side free! Painting has been proven to relieve stress and calm the mind. Follow along and create something you'll be proud to hang on the wall. Follow step by step or let your inner creativity run wild. No experience is needed. All supplies for the class will be provided. Visit [www.plumforest.com](http://www.plumforest.com) to see photos of class samples. For ages 18 and up. Instructor: Lakyn Wynn.

- \$15 materials fee (exact cash only) due in class.
- Refunds will not be issued for same day cancelations.
- July 6 - Tropical Theme
- September 21 - Autumn Theme

33481	M	6:30pm-8:00pm	7/6	MAY	\$20/1 Mtg
33489	M	6:30pm-8:00pm	9/21	MAY	\$20/1 Mtg

## Pottery Workshop (Beg.)

Learn to appreciate wheel-thrown or hand-built pottery by trying it yourself. Class is a workshop atmosphere, with a glaze firing each session. Over 15 glazes from which to choose. For ages 18 and up. Instructor: Barbara Hass

- A \$50 materials fee is payable to the instructor in class.

33456	T	6:45pm-9:00pm	7/7-8/4	CTR	\$75/5 Mtgs
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## Pottery Workshop (Int./Adv.)

Learn to appreciate wheel-thrown or hand-built pottery by trying it yourself. Class is a workshop atmosphere, with a glaze firing each session. Over 15 glazes from which to choose. For ages 18 and up. Instructor: Barbara Hass

- A \$50 materials fee is payable to the instructor in class.

33457	W	6:45pm-9:00pm	7/8-8/5	CTR	\$75/5 Mtgs
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## Soap Making

Come see how easy it is to create your own bath soaps for yourself or as gifts. You will learn basic soap making techniques, including scenting, coloring, embossing, herbs, wrapping and more! No experience needed. All supplies for the class will be provided. For ages 18 and up. Instructor: Lakyn Wynn.

- \$10 materials fee (exact cash only) due in class.
- Refunds will not be issued for same day cancelations.

33482	M	6:30pm-8:00pm	7/27	MAY	\$30/1 Mtg
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## Tole Painting Workshop

Refine your intermediate/advanced skills in the traditional art of tole painting. In this class you may work on individual projects of your own or group projects selected by the class. Painting surfaces can be wooden, metal or canvas. This class is designed for competent painters who wish to advance their skills and learn from other skilled painters. Instructor: Bonnie Brown

- September classes will meet at the Lakewood Youth Center.

33296	Th	10:00am-12:30pm	6/18-7/30	CTR	\$29/7 Mtgs
33297	Th	10:00am-12:30pm	8/6-9/17	CTR	\$29/7 Mtgs

## Music Instruction

### Drums for Fun (Adult)

Learn the basic techniques of drumming from a professional musician. Instruction includes proper grip positions, hand and wrist development, sight-reading, hand and foot coordination, rudimental training and drumset techniques. Students will have the opportunity to play on a drumset. The instructor provides sticks, practice pads and music sheets during group lessons. Visit [Drumvillestudios.com](http://Drumvillestudios.com). Ages 13 and up. Instructor: Lenny 'Gee' Giachello

- A \$7 materials fee for drum sticks and folder is due in class.

33270	T	8:00pm-9:00pm	6/16-7/28	BOL	\$85/7 Mtgs
33273	T	8:00pm-9:00pm	8/11-9/22	BOL	\$85/7 Mtgs

[www.Lakewoodca.gov](http://www.Lakewoodca.gov)

Click to the city's website for access to Lakewood's 24-hour city hall. You'll find recreation classes, an events calendar, online forms for city services and news about Lakewood.

# Travel Programs

## WELCOME TO THE CITY OF LAKEWOOD'S TRAVEL PROGRAM

Please follow registration procedures listed in the back of the catalog. Trip registration is through the Recreation and Community Services Department at Lakewood City Hall. **All trips depart from the Burns Community Center, 5510 Clark Ave. in Lakewood unless otherwise noted.** Participant parking is available in the southeast parking lot of Burns. All destinations are wheelchair accessible unless indicated otherwise. **Please notify us when registering if you use a wheelchair or other mobility aid.** It is recommended that participants visit each venues' website for a complete list of restrictions and policies. Departure and return times may be adjusted due to certain circumstances beyond our control. Please register early as seating is on a first come, first served basis. Registration is non-transferable. No walk-ins. **If you have questions concerning registration, call (562) 866-9771 ext. 2408 or for questions concerning trip details call (562) 924-0149.**

Refunds will be granted only if the City is notified, the trip is full, and the space can be resold by the City of Lakewood prior to the day of the trip. All three of these conditions must be met to authorize a refund. There is also a \$5 administrative fee per person.



### Lavendar Festival at 123 Farms *New!*

Immerse yourself in the sights, scents, and flavors of summer at the 22nd Annual Lavender Festival at 123 Farms. Stroll through fragrant lavender fields, capture stunning sunset photos, and watch as the farm comes alive at night with the glow of more than 100,000 twinkling lights. Enjoy live musical performances in a relaxed, open-air setting and sample a variety of lavender-inspired treats. Guests can also explore a wide range of vendors, participate in other lavender-themed activities, and enjoy a tractor ride (on your own). This enchanting evening blends natural beauty, entertainment, and seasonal flavors for a truly memorable outing. Please arrive at 2 p.m. for check in. The bus will leave promptly at 2:30 p.m. An adult must accompany children of all ages.

• **Last day to register is Monday, July 13, or until filled.**  
 33511 Sa 2:00pm-11:30pm 7/18 BCC \$57 Per person

### Griffith Observatory

The Griffith Observatory is filled with opportunities to observe, learn, and be inspired. Check out the amazing live programs in the Samuel Oschin Planetarium (nominal fee). See one of the daily or monthly programs in the Leonard Nimoy Event Horizon. Check out the many exhibits, or enjoy the views of Los Angeles and the Hollywood Sign. Enjoy something to eat or drink at the Café at the end of the Universe (on your own) or buy a fun memento at the Stellar Emporium Gift Shop. Volunteers from the Los Angeles Astronomical Society, the Los Angeles Sidewalk Astronomers, and The Planetary Society will be on hand for a public star party to assist visitors with trying out a variety of telescopes and a chance to get a look at the Sun, Moon, visible planets and other objects. These knowledgeable amateur astronomers will also talk to visitors about the sky and their equipment. Please arrive at 2 p.m. The bus will leave promptly at 2:30 p.m. An adult must accompany children of all ages.

• **Last day to register is Monday, August 10, or until filled.**  
 33513 Sa 2:00pm-11:00pm 8/15 BCC \$38 Per person



### LA Galaxy Game - Harry Potter Night *New!*

GOOOAL!!!! Join us for an exciting night of soccer as the LA Galaxy take the field at Dignity Health Sports Park to face off against the Seattle Sounders. As one of the most successful clubs in Major League Soccer (MLS) history with six MLS Cups, the Galaxy always delivers high-energy action and unforgettable moments. Adding to the fun, it's Harry Potter Night! So come dressed in your favorite wizarding attire, enjoy themed entertainment and surprises, and show off your house pride while cheering on the team. This magical matchday experience blends world-class soccer with spellbinding fun for a night you won't want to miss! Please arrive at 5 p.m. for check in. The bus will leave promptly at 5:30 p.m. An adult must accompany children of all ages.

• **Last day to register is, Friday, September 4, or until filled.**  
 33512 Sa 5:00pm-11:30pm 9/12 BCC \$87 Per person



## Adaptive Recreation

The Adaptive Recreation Program meets at Bloomfield Park, Tuesdays from 3:30 - 5:30 p.m. Adaptive Recreation is designed to provide equal recreation and leisure opportunities for people with special needs, for participants 8 years of age through adult. Activities include arts and crafts, food preparation, mini trips and sports training. Special events and excursions are offered periodically throughout the program.

### Summer Session: June 16 - Aug. 18\* Activity #33621

*\*A small registration fee of \$20 per session is required.*

#### ARP 2026 Summer Events

**ARP Night at the Movies**  
June 19, Harkins Theaters Cerritos  
3:30-8:30 p.m. • \$10  
Activity #33622

**ARP Pool Party & Summer BBQ**  
July 18, McCormick Pool  
4-8 p.m. • \$5  
Activity #33623

**ARP Summer Luau**  
Aug. 21, Bloomfield Park  
6-9 p.m. • \$5  
Activity #33624



#### Special Olympics

Lakewood partners with Special Olympics Southern California to provide a year-round athletic program for individuals with intellectual and developmental disabilities.

During the Summer, the City of Lakewood offers Bowling, followed by Softball and Soccer in the Fall. Program registration and medical clearance is required prior to participating.

#### Adaptive Recreation Pee Wee Sports Program

This free eight week program is designed to introduce children ages 4-8, with intellectual and/or physical disabilities, to an organized sports practice and game setting. Each season will include 16 one hour practices on Mondays and Wednesdays.

**Other sports offered throughout the seasons: Basketball (Winter) and Soccer (Fall and Spring).**  
Register online at [www.lakewoodca.gov/ecatalog](http://www.lakewoodca.gov/ecatalog) using activity #33625

**Monday & Wednesday Practices**  
June 15 - Aug. 5, 5-6 p.m.

**Summer Sport: Baseball**

For more information on the Adaptive Recreation or Special Olympics Programs contact Bloomfield Park at 562-865-1717.

# Summer Camps



Camp is offered Monday – Friday, June 8 – Aug. 21  
4626 Shadeway Rd., Lakewood

Camp Week	Theme Excursion Destination <small>**Weekly Excursions are subject to change</small>	9 a.m. – 4 p.m. Class # and Fee	Extended Care 7 a.m. – 9 a.m. Class # and Fee	Extended Care 4 p.m. – 6:30 p.m. Class # and Fee
Week 1 June 8-12	"Popcorn and S'mores" Movies	Class #33546 \$180	Class #33545 \$25	Class #33549 \$30
Week 2 June 15-19	"Loopy with Snoopy" Knotts Berry Farm	Class #33551 \$220	Class #33550 \$25	Class #33553 \$30
Week 3 June 22-26	"Exploring Uncharted Waters" Wild Rivers	Class #33555 \$220	Class #33554 \$25	Class #33557 \$30
Week 4 June 29-July 3	"Jump up, Jump up, & Get Down" Get Air	Class #33559 \$220	Class #33558 \$25	Class #33561 \$30
Week 5 July 6-10	"Lights, Cameras, Action!" Universal Studios	Class #33563 \$285	Class #33562 \$25	Class #33565 \$30
Week 6 July 13-17	"Happy Birthday to You!" Soak City	Class #33567 \$220	Class #33566 \$25	Class #33569 \$30
Week 7 July 20-24	"Take Me Out to the Ball Game" Angels Game	Class #33571 \$220	Class #33570 \$25	Class #33573 \$30
Week 8 July 27-31	"Happiest Week on Earth" Disneyland	Class #33575 \$285	Class #33574 \$25	Class #33577 \$30
Week 9 Aug. 3-7	"Make a Splash!" Raging Waters	Class #33579 \$220	Class #33578 \$25	Class #33581 \$30
Week 10 Aug. 10-14	"Gamers, Unite!" Boomers	Class #33583 \$220	Class #33582 \$25	Class #33585 \$30
Week 11 Aug. 17-21	"Fun in the Sun" Beach	Class #33587 \$180	Class #33586 \$25	Class #33589 \$30

Designed for children 6–12 years of age, who can participate in group settings of 1 adult to 10 children. Weekly camp at Monte Verde Park offers a special event or exciting excursion and camp activities centered around a different weekly theme.

- Non-residents, please add \$15 to weekly camp fee.
- One \$10 T-shirt per child for weekly excursions is required (Class #33547).
- A \$20 fee (per camper) will be charged for cancellation of each weekly camp.
- A \$10 fee (per camper) will be charged for each transfer.

## Monte Verde Park Summer Day Camp JUNIOR COUNSELOR PROGRAM



Looking for a memorable volunteer experience this summer? If you are 13 or 14 years old, consider being a junior counselor for the MVP Day Camp. We need mature, responsible and ambitious individuals who are eager to gain valuable leadership skills and job experience. Junior counselors will assist the camp staff in the planning, preparation and supervision of activities including crafts, games, sports and special events. **There is limited space available; therefore, prospective junior counselors and one parent or guardian must attend an orientation on Tuesday, June 2 or Wednesday, June 3 from 5 -6 p.m. at Monte Verde Park.** Each individual who signs up will be guaranteed one week as a junior counselor. The number of additional weeks for each junior counselor will be based on availability and performance. Registration is \$125 per week and includes a program T-shirt and a weekly excursion. Registration for the weeks where the excursion is to Universal Studios and Disneyland is \$160. Non-residents, please add \$15 to weekly camp fee.

**\*All teen volunteers must complete a Live Scan fingerprint and background screening process prior to volunteering in this program. A parent/guardian signed release is required to complete the Live Scan process.**



## Dance Camps

### Summer Dance Camps

Dance, sing, craft and have a blast! These week long summer camps make the morning fun! In class performance on Friday from 11-11:15 a.m. for families. Ages 4-10. Instructor: Kick It Up Staff

- **Location: Kick It Up, 8129 E. Wardlow Rd., Long Beach.**
- **Please bring water and a snack each day to camp.**
- **Jazz shoes suggested but not required.**
- **Sneakers and comfortable clothing required.**
- **July 13-17 (Ages 4-8): Lilo & Stitch Adventure**
- **July 20-24 (Ages 5-10): KPOP Slay the Stage**
- **July 27-31 (Ages 4-8): Zombeat Dance Party**

33527	M-F	9:00am-11:30am	7/13-7/17	Off Site	\$190/5 Mtgs
33538	M-F	9:00am-11:30am	7/20-7/24	Off Site	\$190/5 Mtgs
33539	M-F	9:00am-11:30am	7/27-7/31	Off Site	\$190/5 Mtgs

## Science Camps

### STEM + BrickCraft Adventure using LEGO Materials

Power on your STEM concepts and Minecraft gaming skills for a full day of LEGO fun! First, build projects inspired by cool machines while applying real-world concepts in physics, engineering, and architecture. Then, immerse yourself in the Minecraft universe as you Mine, Craft, and Build your way to fun in the Adventure mode of our unique BrickCraft gaming experience! Ages 5-7.

Instructor: Play-Well TEKnologies Staff

- **Please send a bottle of water, some nut-free snacks and lunch with your child.**
- **You may also send an optional camera for your child to take pictures of their creations.**

33406	M-F	9:00am-4:00pm	7/20-7/24	BLM	\$310/5 Mtgs
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### STEM Discovery using LEGO Materials

Unleash your creativity with tens of thousands of LEGO pieces at your fingertips! Build engineer-designed projects as you discover the world around us through our inquiry-based learning model. Projects are rotated seasonally to ensure that both new and returning students can explore the endless creative possibilities of the LEGO building system. Ages 5-7

Instructor: Play-Well TEKnologies Staff

- **Please send a bottle of water and a nut-free snack with your child.**
- **You may also send an optional camera for your child to take pictures of their creations.**

33403	M-F	9:00am-12:00pm	7/20-7/24	BLM	\$195/5 Mtgs
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### BrickCraft: A Tabletop LEGO Minecraft Adventure Game

Unleash your imagination in a tabletop Minecraft-themed roleplaying adventure! Join our enthusiastic Play-Well gamemasters and journey into a LEGO world powered by your creativity. You'll roll the dice to gather resources, craft powerful gear, and construct epic bases to stay safe. This fun game will take you on an epic quest where your creativity (and a little luck) go a long way. Do you have what it takes to accept this challenge and join your friends to defeat the Ender Dragon and restore peace in the world of Minecraft? Ages 5-7 Instructor: Play-Well TEKnologies Staff

- **Please send a bottle of water and a nut-free snack with your child.**
- **You may also send an optional camera for your child to take pictures of their creations.**

33404	M-F	1:00pm-4:00pm	7/20-7/24	BLM	\$195/5 Mtgs
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# Summer Camps

## STEM Challenge + BrickCraft Survival using LEGO Materials

Level up your STEM concepts and Minecraft gaming skills for a full day of LEGO fun! In this challenge based program, start by building engineer-designed projects and putting your creativity and problem solving in action. Then, immerse yourself in the Mine-craft universe as you Mine, Craft, and Build your way to fun in the Survival mode of our unique BrickCraft gaming experience! Ages 7-12. Instructor: Play-Well TEKologies Staff

- Please send a bottle of water, some nut-free snacks and lunch with your child.
- You may also send an optional camera for your child to take pictures of their creations.

33407 M-F 9:00am-4:00pm 7/27-7/31 BLM \$310/5 Mtgs

## STEM Innovations using LEGO Materials

Design and innovate with Play-Well TEKologies and tens of thousands of LEGO parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects and an inquiry-based learning classroom model. Projects are rotated seasonally to ensure that even returning students get a new experience. Time to see STEM in action! Ages 7-12. Instructor: Play-Well TEKologies Staff

- Please send a bottle of water and a nut-free snack with your child.
- You may send an optional camera for your child to take pictures of their creations.

33408 M-F 9:00am-12:00pm 7/27-7/31 BLM \$195/5 Mtgs

## BrickCraft: A Tabletop LEGO Minecraft Survival Game

In a world where every brick matters, how will you survive? Join our enthusiastic Play-Well gamemasters as we journey into a LEGO Minecraft world, powered by your creativity. You'll roll the dice to gather resources, construct epic bases, and battle hostile mobs. Go on a thrilling quest in this game where creative thinking and a roll of the dice can change everything. Are you ready to join your fellow adventurers and stop the Ender Dragon from turning every biome into The End? Ages 7-12. Instructor: Play-Well TEKologies Staff

- Please send a bottle of water and a nut-free snack with your child.
- You may also send an optional camera for your child to take pictures of their creations.

33405 M-F 1:00pm-4:00pm 7/27-7/31 BLM \$195/5 Mtgs

## Mad Science - Rollercoaster Robotics & Engineering

Dive into the thrilling world of physics as you explore Newton's Laws, gravity, and the forces that power the most exciting rides on Earth. Experiment with potential and kinetic energy to see how motion and momentum work together to create speed and excitement. Then, step into the role of an engineer as you design, build, and test (and take home) your very own Mad Science Odyssey—a robotic roller coaster creation! Ages 8.5-12. Instructor: Mad Science Staff

- \$30 materials fee due the first day of class.

33200 M-F 9:00am-12:00pm 6/15-6/19 BLM \$209/5 Mtgs

## Mad Science - Galaxy Defenders

Prepare to defend the galaxy with Mad Science! As you become an Astro-Scientist you will make and take home space copters and flying fizzlers, learn about planets and create your own. Discover the fun involved in rockets and experience an awesome rocket launch. Join now and help our Mad Scientists protect the Earth from Alien Invaders! Ages 5-12. Instructor: Mad Science Staff

- \$30 materials fee due the first day of class.

33202 M-F 9:00am-12:00pm 8/3-8/7 BLM \$189/5 Mtgs



## Mad Science - Crazy Chemworks

Step into the Mad Science Lab for a week of Crazy Chemworks fun! Become a real chemist as you mix, fizz, and experiment with cool reactions. Explore acids and bases, make slime, grow crystals, and reveal the secret recipe for slime. By the end of the week, Jr. Mad Scientists take home their very own chemistry set! Ages 5-12. Instructor: Mad Science Staff

- \$30 materials fee due the first day of class.

33201 M-F 9:00am-12:00pm 7/13-7/17 BLM \$189/5 Mtgs

## Sports Camps

### Beginning Golf Camp

Swing into Skyhawks Beginning Golf, powered by Payne Stewart Golf Experiences. This beginning program focuses on fun and repetition with a games-based approach that can be played on any surface. Specialized equipment is used to ensure early success for young players. Key skills like putting and chipping are taught through engaging activities. Ideal for beginners and those improving, join Skyhawks for rewarding progress with every shot! Ages 5-8. Instructor: Skyhawks Sports Academy

33293 M-F 9:00am-12:00pm 7/13-7/17 SM \$195/5 Mtgs

### BEST Sports Multi-Sport Camp

Get ready for an action-packed summer with the BEST Multi-Sport Summer Camp. This half-day camp is for ages 5-13, with campers grouped by age to ensure appropriate instruction and maximum fun. Campers rotate through multiple sports each day, including soccer, basketball, volleyball, baseball, kickball, football, Newcomb, and classic camp games, plus creative activities like soccer golf and paddle ball. We focus on learning the basics, building confidence, teamwork, and enjoyment, with light instruction and low-pressure scrimmaging. No scores, no tryouts, no pressure, just a great sports experience for all skill levels.

Instructor: Beginners Edge Sports Staff

- Bring water and a snack daily.

- For more information visit [best-sports-usa.com/welcome/](http://best-sports-usa.com/welcome/).

33612	M-F	8:30am-12:00pm	6/15-6/19	DV	\$299/5 Mtgs
33613	M-F	8:30am-12:00pm	6/22-6/26	DV	\$299/5 Mtgs
33614	M-F	8:30am-12:00pm	7/6-7/10	DV	\$299/5 Mtgs
33615	M-F	8:30am-12:00pm	7/13-7/17	DV	\$299/5 Mtgs
33616	M-F	8:30am-12:00pm	7/20-7/24	DV	\$299/5 Mtgs
33617	M-F	8:30am-12:00pm	7/27-7/31	DV	\$299/5 Mtgs
33618	M-F	8:30am-12:00pm	8/3-8/7	DV	\$299/5 Mtgs
33619	M-F	8:30am-12:00pm	8/10-8/14	DV	\$299/5 Mtgs
33620	M-F	8:30am-12:00pm	8/17-8/21	DV	\$299/5 Mtgs

## TinyTykes Challenger Soccer Camp

The TinyTykes Challenger Soccer Camp is a fun introduction to soccer influenced by the very popular year-round TinyTykes curriculum. Camp includes games, activities, and adventures to introduce and develop coordination, balance, running, stopping, turning, kicking, dribbling, throwing and catching. Soccer meets smiles, your little one is sure to enjoy their time on the pitch! Every participant receives a soccer ball and jersey! Ages 3-5.

Instructor: Challenger Sports Staff

33430 M-F 8:00am-8:45am 8/3-8/7 SM \$140/5 Mtgs

## Challenger Core Soccer Camp (Half Day)

This half day camp features complete technical player development featuring practices from around the world as part of our international camp curriculum. Children will enjoy the World Cup small-sided game element to our daily camp session as well! Every participant receives a soccer ball and jersey! Ages 6-12.

Instructor: Challenger Sports Staff

33429 M-F 9:00am-12:00pm 8/3-8/7 SM \$190/5 Mtgs

## Challenger Core Soccer Camp (Full Day)

This full day camp has a perfect balance of those "just for fun" activities, larger sided games for more tactical knowledge, and individual skill elements such as freestyle! Emphasis is placed upon improving individual dribbling, passing, control and shooting. Every participant receives a soccer ball and jersey! Ages 7-12.

Instructor: Challenger Sports Staff

• Camp includes a supervised lunch hour.

• Campers must bring a lunch.

33428 M-F 9:00am-4:00pm 8/3-8/7 SM \$240/5 Mtgs

## Skyhawks Preschool Soccer Camp

Score with Skyhawks Soccer! This program boosts young athletes by teaching key skills like dribbling, passing, shooting, and ball control. Each session focuses on enhancing core skills while instilling teamwork and sportsmanship. Participants will improve their soccer abilities and embrace the game's spirit. Ages 4-6.

Instructor: Skyhawks Sports Academy

33294 M-Th 9:00am-12:00pm 6/29-7/2 SM \$155/4 Mtgs

## Skyhawks Soccer Camp

Score with Skyhawks Soccer! This program boosts young athletes by teaching key skills like dribbling, passing, shooting, and ball control. Each session focuses on enhancing core skills while instilling teamwork and sportsmanship. Participants will improve their soccer abilities and embrace the game's spirit. Ages 7-12.

Instructor: Skyhawks Sports Academy

33295 M-Th 9:00am-12:00pm 6/29-7/2 SM \$155/4 Mtgs



## Youth Evolution Basketball Camp

Using our progressive curriculum and focusing on the whole player, this one-week basketball camp will teach your child the skills they need both on and off the court. Our coaches will focus on respect, teamwork and responsibility. We will start each day with a 'skill of the day' and progress to drills and games, making this an unforgettable camp experience for your young athlete. After a week of passing, shooting, and dribbling, your player will enjoy improved confidence in their basketball skills. Each participant will receive a complimentary jersey. Ages 6-12. Instructor: Youth Evolution Basketball Staff

33246 M-F 9:00am-12:00pm 6/22-6/26 SM \$169/5 Mtgs

33256 M-F 9:00am-12:00pm 7/6-7/10 SM \$169/5 Mtgs

33257 M-F 9:00am-12:00pm 7/27-7/31 SM \$169/5 Mtgs

## Tennis Camps

### Tennis Summer Camp - All Levels

Get Ready to Ace the Summer! Join us for an unforgettable tennis experience at X-Spin Summer Tennis Camp! Whether you're a beginner eager to learn the basics, an intermediate player looking to refine your skills, or an advanced player seeking to elevate your game, our camp offers something for everyone. Learn from experienced and certified tennis coaches who will guide you through drills, games, and personalized instruction tailored to your skill level. Beginning players will focus on fundamental strokes, footwork, and basic game play. Intermediate players will refine strokes, develop strategy, and improve consistency. Advanced players will focus on advanced techniques, match play strategies, and competitive play. All players will engage in exciting activities like relay races, team competitions, and fun games to keep you active and entertained as well as focusing on all aspects of the game, including forehand, backhand, serve, volley, and doubles play. Players will learn in a fun, safe, and encouraging environment where everyone feels welcome and will receive individual feedback and coaching to help players reach their full potential. Visit [www.X-Spin.com](http://www.X-Spin.com) for more information. Ages 5-17. Instructor: Temujin Sykahua

• Location: Lakewood Tennis Center, 4212 Clubhouse Dr., Lakewood.

• Bring a tennis racket and two unopened Wilson or Penn balls.

• Proper tennis shoes required.

33333 M,T,Th,F 3:30pm-7:00pm 6/15-6/19 Off Site \$190/4 Mtgs

33334 M,T,Th,F 3:30pm-7:00pm 6/22-6/26 Off Site \$190/4 Mtgs

33335 M,T,Th,F 3:30pm-7:00pm 6/29-7/3 Off Site \$190/4 Mtgs

33336 M,T,Th,F 3:30pm-7:00pm 7/6-7/10 Off Site \$190/4 Mtgs

33337 M,T,Th,F 3:30pm-7:00pm 7/13-7/17 Off Site \$190/4 Mtgs

33338 M,T,Th,F 3:30pm-7:00pm 7/20-7/24 Off Site \$190/4 Mtgs

33339 M,T,Th,F 3:30pm-7:00pm 7/27-7/31 Off Site \$190/4 Mtgs

33340 M,T,Th,F 3:30pm-7:00pm 8/3-8/7 Off Site \$190/4 Mtgs

33341 M,T,Th,F 3:30pm-7:00pm 8/10-8/14 Off Site \$190/4 Mtgs

## Summer Aquatics at Mayfair & McCormick Pool

Online Summer Swim Lesson Registration – [lakewoodca.gov/ecatalog](http://lakewoodca.gov/ecatalog)

Class Levels	
Parent & Me	6 months - 3 years
Tiny Tots 1-3	3-5 years
Levels 1- 6 = 6-15 years	
Tadpole 1-3	Level 1-3
Minnows	Level 4
Swordfish	Level 5
Shark	Level 6
<b>Adult Lessons = 16 &amp; older</b> 4 one-hour lessons for a two-week session M/W at Mayfair & T/Th at McCormick, 6:30-7:30 p.m.	

### Fee Schedule

No bills larger than \$20 accepted.

Swim Lessons	Resident Rates	Non-Resident Rates
M-F	\$26	\$38
**Saturday	\$19	\$31
*Semi Private	\$67	\$79
Adaptive	\$41	\$53
Adult	\$26	\$38
*Private Lessons	\$75	\$87
*Semi Private and Private lessons offered during post Summer ONLY. **Saturdays: 5 classes.		

### Youth and Adaptive lessons offered Monday - Friday every morning and afternoon.

- Not all classes are offered every half hour.
- Minimum enrollment required for each class.
- Each session includes 9 days of instruction and 1 Fun Day.
- Students may be moved to the most developmentally appropriate level.
- Classes are subject to cancellation and class schedule is subject to change.

Special Classes
Diving • Ages 6-17 Must have passed a Minnow class or higher.
Adaptive • Ages 3+ Swim lessons for those with special needs, such as hearing, visual, or developmental disabilities.
*Semi Private Tiny Tots 1-3 (post summer only) • Ages 3-5 *Semi Private Tadpole 1-3 • Level 1-3 Max. 3 students per class. Limited classes offered.
*Private Swim Lessons (post summer only) • Ages 3 & older One instructor and one student Monday - Thursday: 8 classes of 20 min. instruction.

### Aquatics Refund Policy

- All refunds/withdrawals must be requested prior to the start of the second lesson. Call the pool office or email requests to [aquatics@lakewoodca.gov](mailto:aquatics@lakewoodca.gov).
- There is a \$5 administrative fee for each participant for refunds, withdrawals and class transfers.
- Refund, withdrawal and transfer requests will be issued at the discretion of the Pool Manager.
- Transfer requests will not be granted after the first class meeting.

### Registration Dates

Summer Sessions	Lesson Dates	Resident Online Registration Dates	Non-Resident Registration Dates	Online Registration Ends
Pre-Summer (Mayfair Pool)	May 26 - June 5	May 16 at 7pm	May 19 at 7pm	May 23 at 7pm
<b>Saturday 1</b> (No Class 7/4)	<b>June 13 - July 18</b>	<b>June 6 at 7pm</b>	<b>June 9 at 7pm</b>	<b>June 13 at 12pm</b>
Session 1	June 15 - June 26	June 6 at 7pm	June 9 at 7pm	June 13 at 7pm
Session 2	June 29 - July 10	June 20 at 7pm	June 23 at 7pm	June 27 at 7pm
Session 3	July 13 - July 24	Friday, July 3 at 7pm	July 7 at 7pm	July 11 at 7pm
<b>Saturday 2</b>	<b>July 25 - Aug. 22</b>	<b>July 18 at 7pm</b>	<b>July 21 at 7pm</b>	<b>July 25 at 12pm</b>
Session 4	July 27 - Aug. 7	July 18 at 7pm	July 21 at 7pm	July 25 at 7pm
Session 5	Aug. 10 - Aug. 21	August 1 at 7pm	August 4 at 7pm	August 8 at 7pm
Post Summer Private Lessons	M & W Aug. 24 - Sept. 21* or T & Th Aug. 25 - Sept. 17 *No class Sept. 7	August 15 at 7pm	August 18 at 7pm	August 22 at 7pm

Pool Schedule			
Activity	Mayfair Pool (562) 804-4256	McCormick Pool (562) 421-3343	Fee Schedule
<b>Daily Recreation Swim</b> Session 1 : 1 - 2:30 p.m. Session 2 : 2:45 - 4:15 p.m.	<b>Memorial Weekend Only:</b> May 23 - 25  <b>Daily:</b> June 13 - August 23  <b>Weekends Only:</b> Aug. 29 - Sept. 27	<b>Daily:</b> June 13 - August 23  <b>Labor Day Weekend:</b> Sept. 5 - 7	<b>Lakewood Resident Fee:</b> Ages 17 & Under: \$1 Ages 18 & Older: \$1.50  <b>Non-Resident Fee:</b> Ages 17 & Under: \$2 Ages 18 & Older: \$3  CASH ONLY
<b>Adult Lap Swim</b> For ages 16 and over. Note: Multiple classes will be operating at the same time, therefore lap swim may go short course (width) of the pool rather than long course (length) of the pool.	<b>June 13 - August 31:</b> Monday/Wednesday: 6:30 - 7:30 p.m. Saturdays: 12 - 12:50 p.m. *No lanes July 4 & 11 <b>Sept 5 - Sept 26:</b> Saturdays: 12 - 12:50 p.m.	<b>June 16 - August 20:</b> Tuesday/Thursday: 6:30 - 7:30 p.m.	<b>Lakewood Resident Fee:</b> Adult Lap Swim: \$2  <b>Non-Resident Fee:</b> Adult Lap Swim: \$3
50+ Pool Schedule at Mayfair Pool			
<b>50+ Lap Swim</b> For ages 50 and over.  <b>June 14 - July 19:</b> *No Class July 5 Sundays: 11 - 11:50 a.m.  <b>July 26 - August 23</b> Sundays: 11 - 11:50 a.m.	<b>Lakewood Resident Fee:</b> \$10/5 Days  <b>Non-Resident Fee:</b> \$15/5 Days  <b>Pre-Registration Required</b> *Note: Multiple classes will be operating at the same time, therefore lap swim may go short course (width) of the pool rather than long course (length) of the pool.	<b>50+ Recreation Swim</b> <b>June 17 - Aug. 19</b> Wednesdays: 12 - 12:50 p.m.  <b>Lakewood Resident Fee:</b> <b>Non-Resident Fee:</b> \$1.50                                      \$3  CASH ONLY	
See page 14 for Aqua Aerobics and Aqua Zumba class information.			

## Pool Rules

- Unaccompanied swimmers are required to be at least 48 inches tall or have a valid Minnow (Level 4) Red Cross swimming card. Youngsters not meeting this requirement MUST be accompanied in the water by an adult (18 years or older) on a one-to-one basis and remain within arm's reach at all times.
  - Swim diapers must be worn by all children four years and younger and are available for purchase at the pool.
  - Entry fee must be paid in order to gain access to the pool deck.
  - At Mayfair Pool, all entry and exit of the facility must be done through the Swim Pavilion.
  - Approved swimsuits are required. No cut off pants, leotards, sweats, basketball shorts or shirts are allowed (rash guards only). Suits and towels are not provided.
  - Only those in proper swimwear may remain on the pool deck. All others must stay in the bleachers or grass area.
  - Swimmers with long hair must tie their hair in a ponytail.
  - A swim test is required for use of deep end area. Detailed requirements are posted at each pool location.
  - No toys, inflatables, water wings, or life jackets (except Coast Guard approved) allowed in pool.
- \*\*As part of ongoing training, City of Lakewood pool personnel may participate in emergency drills during recreational swimming, lap swim, swim lessons and rentals.

## Save A Life

**FREE!**

**Save A Life**  
**Saturday, July 11**  
**11 a.m. – 12:30 p.m.**  
**at Mayfair Pool**

This **FREE** event is designed to emphasize water safety for children and parents this summer. Help keep kids safe in and around the pool by learning about the **Water Watcher Program**. All attendees will receive a **FREE Water Watcher** tag along with other safety information prepared by trained professionals. No advance registration is required to attend.

Activities offered:

- Free 30 minute swim lessons are offered at 11 a.m., 11:30 a.m. and 12 p.m. Online pre-registration is recommended and begins June 6. Registration may be taken at the event if space permits. Pool Rules are enforced (see page 27).
- Water Safety/CPR Demonstrations
- Activity Stations with games and prizes
- Life Jacket Fittings
- Free admission to Recreation Swim Session 1 from 1-2:30 p.m. on July 11 only.

All ages are encouraged to attend.

## Dive In Movie Night at Mayfair Pool

featuring **Lilo & Stitch (2025) (Rated PG)**

**July 24** | Mayfair Pool | 5720 Clark Ave.

Pool opens at 7:30 p.m. Movie begins at 8:15 p.m.

Fee: \$3 per Lakewood Resident\*, \$5 per Non-Resident.

\*Adult ID and proof of residency required. Participants must abide by all pool rules. See page 27.



### Aquatics Amenities

#### Lockers Available

Coin-operated security lockers are available at Mayfair Pool for storage for \$0.25 per entry. Use one of the pool lockers or bring you own lock to secure the locker.

#### Pool Parties

Host your next celebration at one of our two pools! The pool will be closed exclusively for your event. Call (562) 866-9771, ext. 2408 for pricing and information.

## Family Nights at McCormick Pool

**Fridays • 6:45–8:15 p.m.**

Fee: \$3 per Lakewood resident

\$5 per non-resident

\*Adult ID and proof of residency required.

### June 19 - Family Day Special

Kick off the summer season with the whole family. All attendees will be entered into a drawing for a special raffle prize.

### June 26 - Sundae Fun Day

Get to the pool as fast as you can for a free ice cream sundae! The first 100 swimmers will receive a free treat.

### July 3 - Splish Splash Red, White and Blue Bash

Join us for our Red, White and Blue swim party. Attendees will be entered into a drawing for a special Independence Day prize.

### July 10 - Lets Keep Swimming

Join Dory and her friends for a just keep swimming "Finding Dory" swim night.

### July 17 - School Supply Splash

Support Project Shepherd and help children receive the items they need to succeed in school. Bring **NEW** school supplies and receive **FREE** admission.

### July 31 - Mermaid Magic

Join us and our mermaid friends to enjoy the magic of the mermaid world. Mermaid games, treats and photo booth.

### August 7 - Hawaiian Luau

Aloha....Join us for our family friendly Luau. Dress up in your best Hawaiian swim attire and get a free treat.

### August 14 - Pirate Shipwreck Swim

Ahoy there, come see the treasure of our shipwreck pirate ship at McCormick Pool. First 100 Pirates will receive a treasure from the treasure chest.

### August 21 - Dive In Movie Night

featuring **The Super Mario Galaxy Movie (Rated PG)**


Pool opens at 7:30 p.m. Movie begins at 8:15 p.m.

Fee: \$3 per Lakewood Resident\*, \$5 per Non-Resident.



## Wading Pools

Open June 13 to August 23, 11 a.m. - 4 p.m.  
Ages 3-7

Mayfair Park	Daily
Palms Park 	Daily
San Martin Park	Mon/Wed/Fri/Sat/Sun
Del Valle Park	Mon/Wed/Fri/Sat/Sun
Boyar Park	Tue/Th/Sat/Sun
Bloomfield Park	Tue/Th/Sat/Sun

\*Pools will also be in operation for the Labor Day holiday weekend, Sept. 5 - 7.

### Wading Pool Wednesdays

Cool off into the sunset! The wading pools at Del Valle, Mayfair, Palms and San Martin parks will be open from 5 p.m.-7:30 p.m., June 17 - August 19.



## Junior Lifeguard Program - June 15 - August 7

The Lakewood Junior Lifeguard Program provides youth the opportunity to improve swimming skills, receive a basic understanding of water rescues and become certified in CPR and First Aid. The program is geared towards ages 12-16. The goals of the Junior Lifeguard program include enhancing interpersonal skills through training in public contact and teamwork, developing a sense of responsibility, and a strong work ethic. The program provides continuing education in water safety, hazards in aquatic environments, and basic water rescue. Junior Lifeguard candidates should be able to perform the front crawl, breaststroke and backstroke. Daily classes consist of workouts and classroom study. Participants may earn the privilege to assist swim instructors during swim lessons and assist staff at special events. Registration is limited, early registration is encouraged.

In an effort to provide participants with a wide variety of training, this course will take place at Mayfair and McCormick Pools and will include both in-water and classroom learning.

Eligible candidates successfully completing the Junior Lifeguard Program will be invited to participate in an official American Red Cross Lifeguard Certification course offered by City of Lakewood Aquatics Staff.

**Monday - Friday • 8:30 - 10 a.m. • Class #33626**

\$80 per student (plus \$15 for non-residents)

Fee waivers available for low-income families through the Project Shepherd Program.

Fee includes: T-Shirt, Beach Field Trip, and Water Park Excursion

Red Cross CPR/First Aid/AED Certification (Optional) - Friday, August 8, 8 a.m.-2 p.m.

\$40 per student - Fees are payable by cash or check on the date of certification.

\*Must be 15 years of age to certify.



Week	Dates	Location
1	June 15 - 19	McCormick Pool
2	June 22 - 26	McCormick Pool
3	June 29 - July 3	McCormick Pool
4	July 6 - 10 (Beach Excursion: July 9)	McCormick Pool
5	July 13 - 17	Mayfair Pool
6	July 20 - 24	Mayfair Pool
7	July 27 - 31 (Water Park Excursion: July 30)	Mayfair Pool
8	August 3 - 7	Mayfair Pool

**\*All teen volunteers must complete a Live Scan fingerprint and background screening process prior to volunteering in this program. A parent/guardian signed release is required to complete the Live Scan process**

# FINALLY IT'S FRIDAY

## FUN-Tastic Family Night

**FFN**

featuring **Reptile Mania**

**June 19** | The Centre | 5000 Clark Ave. | Activity #33452 | 6:30-8 p.m.

Get ready for a wild reptile adventure. Kids will see snakes, lizards, frogs, and tortoises up close, cheer on fun challenge activities, and enjoy hands on animal encounters for an unforgettable summer experience.

- Seating will be on a first come basis.
- Doors open at 6 p.m.
- Bean and cheese burritos, rice, salad, lemonade and desserts will be served prior to the show.
- Last day to register is [June 12](#) or until filled
- \$20 per person/ \$15 Children ages 1-3/ Children under 1 free



## July Movie Marathon

### Movie Night Under the Stars **FREE!**

featuring **Zootopia 2 (Rated PG)**



**July 10** | Palms Park | 12305 207th St.

Event area opens at 7 p.m. Movie begins at 8:15 p.m.  
Bring your own lawn chairs and blankets. Pre-show trivia!

### Movie Night Under the Stars **FREE!**

featuring **GOAT (Rated PG)**



**July 17** | Monte Verde Park | 4626 N. Shadeway Rd.

Event area opens at 7 p.m. Movie begins at 8:15 p.m.  
Bring your own lawn chairs and blankets. Pre-show trivia!

### Dive In Movie Night at Mayfair Pool

featuring **Lilo & Stitch (2025) (Rated PG)**



**July 24** | Mayfair Pool | 5720 Clark Ave.

Pool opens at 7:30 p.m. Movie begins at 8:15 p.m.  
Fee: \$3 per Lakewood Resident\*  
\$5 per Non-Resident

\*Adult ID and proof of residency required. Participants must abide by all pool rules. See page 27.

### Movie Night Under the Stars **FREE!**

featuring **A Minecraft Movie (Rated PG)**



**July 31** | Biscailuz Park | 2601 Dollar St.

Event area opens at 7 p.m. Movie begins at 8:15 p.m.  
Bring your own lawn chairs and blankets. Pre-show trivia!



## Parents Night Out, Kids Night In

**Aug. 7** | Lakewood Youth Center | 4658 Woodruff Ave.

Activity #33453 | 6-10 p.m.

Parents, need a night out? Bring the kids to us. The highly qualified Youth Center staff will supervise your children while you enjoy an evening out. Kids will have pizza, snacks, games, and more.

- This event is for ages 3 and older (children must be potty trained).
- Pre-registration is required.
- Fee: \$5/child

## Dive In Movie Night at McCormick Pool

featuring **The Super Mario Galaxy Movie** (Rated PG)

**Aug. 21** | McCormick Pool | 3300 Del Amo Blvd.

Pool opens at 7:30 p.m. Movie begins at 8:15 p.m.

Fee: \$3 per Lakewood Resident\*

\$5 per Non-Resident

\*Adult ID and proof of residency required. Participants must abide by all pool rules. See page 27.



## PLAY at PALMS

Community BBQ

**Aug. 14** | Palms Park | 12305 207th St. | 6-8:30 p.m.

Enjoy free food (while supplies last), fun games, contests, and attractions. Vendors and giveaways on site. Fun for the whole family!

PLAY  
at Palms

FREE!

## FUN-Tastic Family Night

FFN

featuring **Medieval Knight Adventure Show**

**Aug. 28** | The Centre | 5000 Clark Ave. | Activity #33611 | 6:30-8 p.m.

Step back in time for a medieval adventure. Train like a knight with bravery challenges, teamwork trials, themed games, and a live sword fight demonstration. Learn what it takes to defend the kingdom through courage, skill, and honor while enjoying a fun, hands on experience.

- Seating will be on a first come basis.
- Doors open at 6 p.m.
- BBQ chicken skewers, mac and cheese, lemonade and desserts will be served prior to the show.
- Last day to register is August 21 or until filled
- \$20 per person/ \$15 Children ages 1-3/ Children under 1 free



## Teen Centers (2 Sites)

Open for teens in grades 6-12

### ★ LAKEWOOD YOUTH CENTER (LYC)

4658 Woodruff Ave.  
Monday-Friday • 3-7 p.m. • 562-429-7472

### ◆ TEEN RESOURCE CENTER (TRC)

21420 Pioneer Blvd.  
Monday-Friday • 2:30-7 p.m. • 562-865-1717

[www.lakewoodca.gov/teens](http://www.lakewoodca.gov/teens)



## SUMMER KICK-OFF

FREE! ★ ◆

Friday, June 12 • 4-7 p.m.

Kick-off summer with a party at the LYC and TRC! Food, sno-cones, laser tag, music and more!



# FUN

## JOIN A TEEN CLUB! ★ ◆

Stop by any day of the week from 4-6 p.m. to discover all that the Youth Center and Teen Resource Center has to offer. Join a club or drop in for an afternoon of fun!

### MONDAYS – TEEN BOOK CLUB

Gather to discuss, dissect and delve into the pages of our latest literary adventures.

### TUESDAYS – TEEN ART CLUB

Explore art by expressing your creativity through unique projects.

### WEDNESDAYS – SUMMER KICKBACKS

Play Kickball or wiffle ball and compete in games and contests.

### THURSDAYS – TEEN FILM CLUB

Watch, discuss and analyze films while exploring different genres.

### FRIDAYS – FUSION FRIDAYS

Join us for Fridays full of food, arts & crafts, games and movies!





## Teen Adventure

Teens will explore local activities with experienced recreation staff! Bring a sack lunch, water, a swimsuit, and a towel, and meet at the address listed below.

*\*Pre-registration is required.*

**Kayak and Beach Day - \$14**

**Saturday, Aug. 1 • 9 a.m. - 12 p.m.**

**Activity #33591**

Meet at the Kayak Rental Hut:  
5411 E. Ocean Blvd., Long Beach 90803



## Super Summer Saturdays

Enjoy a day of fun starting at 11 a.m. with a variety of different FREE activities.

*\*Registration for some activities is required.*

**JUNE 13 - PAINT AND SIP\* ★**

Participants will create their own artistic masterpiece while enjoying lemonade and treats at LYC. **Activity #33592**

**JUNE 20 - STAFF VS. TEENS BASKETBALL ●**

Participants will play a fun basketball game between staff and teens at TRC.

**JULY 11 - STAFF VS. TEENS KICKBALL ★**

Participants will kick up the fun with a kickball game between staff and teens at LYC.

**JULY 18 - LEGO DAYS\* ●**

Participants will build their creativity with a fun Lego day at TRC. **Activity #33594**

**JULY 25 - STAFF VS. TEENS ★  
WATER GAMES**

Participants will join in fun water games between staff and teens at LYC.

**AUG. 8 - PAINT AND SIP\* ●**

Participants will create their own artistic masterpiece while enjoying lemonade and treats at TRC. **Activity #33593**

**AUG. 15 - LEGO DAYS\* ★**

Participants will build their creativity with a fun Lego day at LYC. **Activity #33595**

**AUG. 22 - END OF SUMMER PARTY ★ ●**

Participants will join the ultimate summer send-off party full of games, treats and fun at LYC and TRC.



# Youth Special Interest



The Junior Rec Leader Program provides teens ages 13 - 15 the opportunity to gain work experience volunteering at parks and with special events throughout the City. The six-week program provides training in customer service, park maintenance, program marketing and special events. Participants will assist with daily programs, tasks and events at various parks. Registration is required and space is limited.

**Program dates:**  
June 22 – Aug. 10

**Registration fee includes:**  
Shirt, Name Tag, End of Year Party

Participants will be expected to commit to weekly meetings and daily assignments:

**Weekly Meetings:**  
Mondays from 11 a.m. – 2 p.m.  
Lakewood Youth Center

**Daily Assignments:**  
Tuesday – Friday  
from 11 a.m. – 2 p.m. or 2 p.m. – 5 p.m.

Important Dates:

**Parent Information Meeting:**  
Wednesday, June 17 at 6 p.m.  
Lakewood Youth Center

**Kick-off Training:**  
Friday, June 19 from 11 a.m. – 2 p.m.  
Lakewood Youth Center

**End of Year Party:**  
Monday, Aug. 10 from 11 a.m. – 2 p.m.  
Lakewood Youth Center

**\$25 - Activity #33590**

Park assignment locations may vary. Vacation dates can be honored with advanced notice. Must assist with minimum of one special event; opportunities for more if desired.

All teen volunteers must complete a Live Scan fingerprint and background screening process prior to volunteering in this program. A parent/guardian signed release is required to complete Live Scan process.



## Arts & Crafts

### Creative Clay

Create great pots on the wheel and other projects by hand building. Children ages 5-16 will have a great time discovering their talents in this fun and messy class. These items make excellent gifts.

Instructor: April Berg

- **A \$35 materials fee is payable to the instructor in class.**
- **4:30 p.m. class ages 5-11.**
- **6 p.m. class ages 12-16.**
- **No class July 6.**

33412	M	4:30pm-5:30pm	6/15-7/20	CTR	\$35/5 Mtgs
33413	M	6:00pm-7:00pm	6/15-7/20	CTR	\$35/5 Mtgs

Non-residents add the following fees for each class enrollment.

If class fee is:

\$0 - \$10	no additional fee
\$11 - \$29	add additional \$5 non-resident fee
\$30 - \$59	add additional \$10 non-resident fee
\$60 and over	add additional \$15 non-resident fee

## Educational Classes

### Effective Communication & Self Care for Kids

In this class students will read children's books, discuss and talk about different view points. Students will learn and practice how to listen intentionally and respond, versus react. We will work to empower each other personally, and to work together as a community. Additionally, opportunities to role play and take on lived examples of what it means to work together, ask and give help will be provided. Students will practice self-connection, self-awareness and self care. Ages 6-17. Instructor: Xochitl Brizuela

- **Please register early! Classes will only be held if minimum registration is met.**

33420	W	5:30pm-6:30pm	6/17-7/29	BOY	\$266/7 Mtgs
33425	W	5:30pm-6:30pm	8/5-9/9	BOY	\$234/6 Mtgs

### Study Skills & Test Taking Techniques

This course will evaluate students study and testing habits while teaching them effective note taking skills, study techniques and smart approaches to test taking. For children ages 11-16.

Instructor: Readwrite Educational Solutions Staff

- **\$25 materials fee payable to the instructor at the first class meeting.**

33384	F	11:15am-12:45pm	7/10-7/31	BOY	\$90/4 Mtgs
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## LIAC LAKEWOOD TEEN ACTION COMMITTEE

Middle School and High School students can join Lakewood's Teen Volunteer Program and earn community service hours. Meet teens from other schools, gain work experience through volunteering at parks and at special events, learn life skills and plan events for teens. Call the Lakewood Youth Center at 562-429-7472 for more information.



### Math Development (Grades 2-6)

Students' skill gaps are identified through comprehensive testing. Trained teachers structure and implement a program to reinforce identified skills in primary facts (addition, subtraction, multiplication, division), fraction operations, prime numbers, factoring concepts, decimals, algebra, geometry skills and increased confidence. For children ages 6.5-11.

Instructor: Readwrite Educational Solutions Staff

• \$20 materials fee payable to the instructor at the first class meeting.

33385	M,W	11:00am-11:55am	6/15-7/1	BOY	\$109/6 Mtgs
33394	M,W	11:00am-11:55am	7/8-7/27	BOY	\$109/6 Mtgs
33395	M,W	11:00am-11:55am	8/3-8/19	BOY	\$109/6 Mtgs
33396	M,W	5:30pm-6:25pm	9/14-9/30	BOY	\$109/6 Mtgs

### Reading Development (Grades K-2)

Individualized to your student's needs. Improves comprehension, vocabulary, spelling and fluency. Specially trained teachers test, structure and implement your child's program. For children ages 4.5-7.5. Instructor: Readwrite Educational Solutions Staff.

• \$20 materials fee payable to the instructor at the first class meeting.

33387	M,W	9:00am-9:55am	6/15-7/1	BOY	\$109/6 Mtgs
33388	M,W	9:00am-9:55am	7/8-7/27	BOY	\$109/6 Mtgs
33389	M,W	9:00am-9:55am	8/3-8/19	BOY	\$109/6 Mtgs
33390	M,W	3:30pm-4:25pm	9/14-9/30	BOY	\$109/6 Mtgs

### Reading Development (Grades 3-6)

Individualized to your student's needs. Improves comprehension, vocabulary, spelling and fluency. Specially trained teachers test, structure and implement your child's program. For children ages 7.5-11. Instructor: Readwrite Educational Solutions Staff

• \$20 materials fee payable to the instructor at the first class meeting.

33386	M,W	10:00am-10:55am	6/15-7/1	BOY	\$109/6 Mtgs
33391	M,W	10:00am-10:55am	7/8-7/27	BOY	\$109/6 Mtgs
33392	M,W	10:00am-10:55am	8/3-8/19	BOY	\$109/6 Mtgs
33393	M,W	4:30pm-5:25pm	9/14-9/30	BOY	\$109/6 Mtgs

### Speed Reading & Vocabulary Building

Improve comprehension skills while learning the meaning and spelling of words. This comprehensive course will help students pinpoint and correct reading road blocks and increase vocabulary for reading and spelling. For children ages 11-16.

Instructor: Readwrite Educational Solutions Staff

• \$40 materials fee payable to the instructor at the first class meeting.

33383	F	9:00am-11:00am	7/10-7/31	BOY	\$105/4 Mtgs
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### Fine Arts Instruction

#### Drums for Fun (Youth)

Youth ages 6-12 can learn the basic techniques of drumming from a professional musician. Instruction includes proper grip positions, hand and wrist development, sight reading, hand and foot coordination, rudimental training and drumset techniques. Students will have the opportunity to play on a drumset. The instructor provides sticks, practice pads and music sheets during group lessons. Visit [Drumvillestudios.com](http://Drumvillestudios.com). Instructor: Lenny 'Gee' Giachello

• A \$7 materials fee for drum sticks and folder is due in class.

33271	T	7:00pm-8:00pm	6/16-7/28	BOL	\$85/7 Mtgs
33272	T	7:00pm-8:00pm	8/11-9/22	BOL	\$85/7 Mtgs

#### Musical Theatre (Beginning)

Your child will get their chance to shine while learning the basics of singing, acting and dancing! Students will enjoy learning such things as basic vocal technique, improvisation, Broadway musical songs, how to perform for an audience, as well as character development. Add in some fun acting games and choreography to boot and your child will be singing and dancing all day long! Ages 5-8. Instructor: Kick It Up Staff

• Location: Kick It Up, 8129 E. Wardlow Rd., Long Beach.

• Please note: parents are to remain outside of the classroom during instruction time.

33523	T	4:00pm-4:45pm	7/7-8/11	Off Site	\$90/6 Mtgs
33522	Sa	11:30am-12:15pm	7/11-8/15	Off Site	\$90/6 Mtgs

#### Musical Theatre (Intermediate)

Your child will get their chance to shine while learning the basics of singing, acting and dancing! Students will enjoy learning such things as basic vocal technique, improvisation, Broadway musical songs, how to perform for an audience, as well as character development. Add in some fun acting games and choreography to boot and your child will be singing and dancing all day long! Ages 8-14. Instructor: Kick It Up Staff

• Location: Kick It Up, 8129 E. Wardlow Rd., Long Beach.

• Please note: parents are to remain outside of the classroom during instruction time.

• Ages 8-11: Tuesdays at 5:45 p.m. or Saturdays 10:30 a.m.

• Ages 11-14: Tuesdays at 6:45 p.m. or Saturdays at 9:30 a.m.

33524	T	5:45pm-6:45pm	7/7-8/11	Off Site	\$90/6 Mtgs
33528	T	6:45pm-7:45pm	7/7-8/11	Off Site	\$90/6 Mtgs
33526	Sa	9:30am-10:30am	7/11-8/15	Off Site	\$90/6 Mtgs
33525	Sa	10:30am-11:30am	7/11-8/15	Off Site	\$90/6 Mtgs

# Teen & Youth Dance



## Beginning Lokelani Hula

Learn about the Polynesian cultures through dance in this introductory class for ages 6-10 years. Students will learn the basics of hula, Tahitian, and Maori poi balls. Exercise, the art of dance, and having FUN - all rolled into one!

Instructors: Ms. Willie Villa-Real and Mrs. Stephanie Fontela

- Students will need to purchase a costume for performances, dates and cost TBA.
- Dance implements (poi balls) may be purchased through the instructor.
- Ohana discount available. Contact Recreation & Community Services for more information.

33308	M	6:45pm-7:30pm	6/15-7/6	CTR	\$44/4 Mtgs
33399	M	6:45pm-7:30pm	7/13-8/3	CTR	\$44/4 Mtgs
33400	M	6:45pm-7:30pm	8/10-8/31	CTR	\$44/4 Mtgs

## Hip Hop (Beginning)

Move and groove to the latest music and maybe some tunes from the past too. Hip Hop is great for having a fun dance party and building rhythm and coordination. Ages 5-8. Instructor: Kick It Up Staff

- Location: Kick It Up, 8129 E. Wardlow Rd., Long Beach.
- Please note: parents are to remain outside of the classroom during instruction time.

33520	M	4:00pm-5:00pm	7/6-8/10	Off Site	\$90/6 Mtgs
33532	T	5:45pm-6:45pm	7/7-8/11	Off Site	\$90/6 Mtgs
33533	W	3:45pm-4:45pm	7/8-8/12	Off Site	\$90/6 Mtgs

## Performing Ilima Hula

This intermediate Polynesian dance group will be performing at various community events. Students will learn dances from Hawaii, New Zealand, Tahiti, and more. Ages 8-12.

Instructors: Ms. Willie Villa-Real and Mrs. Stephanie Fontela

- Students will need to purchase a costume for performances, dates and cost TBA.
- Dance implements (poi balls) may be purchased through the instructor.
- Ohana discount available. Contact Recreation & Community Services for more information.

33310	Th	5:15pm-6:00pm	6/18-7/9	BLM	\$44/4 Mtgs
33316	Th	5:15pm-6:00pm	7/16-8/6	BLM	\$44/4 Mtgs
33317	Th	5:15pm-6:00pm	8/13-9/10	BLM	\$55/5 Mtgs

## Performing Melia Hula

This advanced Polynesian dance group will be performing at a number of community events. Students will learn dances from Hawaii, New Zealand, Tahiti, and Samoa, using various dance implements. Ages 11-17. Instructors: Ms. Willie Villa-Real and Mrs. Stephanie Fontela

- Students will need to purchase a costume for performances, dates and cost TBA.
- Dance implements (poi balls) may be purchased through the instructor.
- Ohana discount available. Contact Recreation & Community Services for more information.

33312	Th	6:45pm-7:45pm	6/18-7/9	BLM	\$48/4 Mtgs
33379	Th	6:45pm-7:45pm	7/16-8/6	BLM	\$48/4 Mtgs
33380	Th	6:45pm-7:45pm	8/13-9/10	BLM	\$60/5 Mtgs

## Performing Okika Hula

This intermediate/advanced Polynesian dance group will be performing at a number of community events. Students will learn dances from Hawaii, New Zealand, Tahiti and more, using various dance implements. Ages 10-14.

Instructors: Ms. Willie Villa-Real and Mrs. Stephanie Fontela

- Students will need to purchase a costume for performances, dates and cost TBA.
- Dance implements (poi balls) may be purchased through the instructor.
- Ohana discount available. Contact Recreation & Community Services for more information.

33311	Th	6:00pm-6:45pm	6/18-7/9	BLM	\$44/4 Mtgs
33377	Th	6:00pm-6:45pm	7/16-8/6	BLM	\$44/4 Mtgs
33378	Th	6:00pm-6:45pm	8/13-9/10	BLM	\$55/5 Mtgs

## One Day Dance Workshop

Join us for a day of fun at this one day dance workshop! Parent show and tell will take place during the last five minutes of class. Ages 4-10. Instructor: Kick It Up Staff

- Location: Kick It Up, 8129 E. Wardlow Rd., Long Beach.
- Please note: parents are to remain outside of the classroom during instruction time.
- Please bring water and a snack.
- Jazz shoes suggested but not required.
- Sneakers and comfortable clothing required.
- July 7 (Ages 5-8): Labubu Dance Day
- July 9 (Ages 7-10): KPop Sing-A-Long
- August 3 (Ages 4-6): Frozen Friends
- August 5 (Ages 4-6): Tumble Time
- August 11 (Ages 7-10): Wicked Sing-A-Long

33540	T	9:00am-10:30am	7/7	Off Site	\$30/1 Mtg
33541	Th	9:00am-10:30am	7/9	Off Site	\$30/1 Mtg
33542	M	9:00am-10:30am	8/3	Off Site	\$30/1 Mtg
33543	W	9:00am-10:30am	8/5	Off Site	\$30/1 Mtg
33544	T	9:00am-10:30am	8/11	Off Site	\$30/1 Mtg

**Recreation Scholarships are available through  
Lakewood Project Shepherd.  
Call 562-925-7512 for more information.**



## FLAG FOOTBALL

Competitive divisions are offered for ages 8-17. Participants will learn the fundamentals of the sport from volunteer coaches. Each team will play 12 regular season games. The Rookie and Smurf divisions, for ages 4-5 & 6-7 are non-competitive, instructional leagues. Rookie/Smurf teams will use a Nerf football with modified rules to gain an introduction to the sport, and will play eight games.

## VOLLEYTENNIS/ VOLLEYBALL

Volleytennis is a fast-moving game played like volleyball with a modified format for ages 8-9. Volleyball is offered for ages 10-17. Teams will play 12 regular season games. Volleytennis and Volleyball games will be played at Lakewood parks.

### Flag Football and Volleytennis/Volleyball Registration and League Information

- Online LYS registration will take place July 25-Aug. 8. To register visit [www.lakewoodca.gov/ecatalog](http://www.lakewoodca.gov/ecatalog).
- No registration fee for Lakewood residents. Non-resident registration fee of \$20 is payable online at time of registration. Players will be required to provide birth certificates at the park prior to the start of play.
- Teams practice and play games weeknights and Saturdays. Practices begin the week of Aug. 31. League play will start Sept. 19 and conclude Nov. 7. City Championships will conclude by Nov. 14.

### Volunteer Coaches Needed

Adult volunteers are needed to coach flag football, volleytennis and volleyball. Teams begin practices Aug. 31, regular season dates are Sept. 19 - Nov. 7. Sign up at any Lakewood park.

\* All volunteers must complete a Live Scan fingerprint and background screening process prior to volunteering in this program. A parent/guardian signed release is required to complete the Live Scan process for volunteers under 18 years of age.

# Teen & Youth Fitness and Sports

## Gymnastics Classes

### Boys Tumbling

This beginning level class will introduce boys to basic gymnastics skills and fundamentals in floor tumbling, bar and beam. Our coaches will focus on developing strength, flexibility and coordination in a positive environment, filled with energy. Gymnastics skills are useful in all sports and build confidence, agility, balance, strength and boost self esteem! Ages 7-12. Instructor: Tumble-N-Kids, Inc.

• This class takes place at Biscailuz Park.

33631	Th	5:00pm-6:00pm	6/18-7/30	BIS	\$140/7 Mtgs
33664	Th	5:00pm-6:00pm	8/13-9/24	BIS	\$140/7 Mtgs

### Gymnastics: Level 1

Beginner gymnast curriculum consists of introductory skills including forward rolls, backward rolls, cartwheels, headstands, handstands and more advanced progressions as they master gymnastics basics. Beginner class includes fundamentals on floor tumbling, bar and beam with an emphasis on body shaping, conditioning and flexibility to increase body awareness, build strength, coordination, and boost self-esteem! Ages 5-8. Instructor: Tumble-N-Kids, Inc.

• Please note that this class takes place at Biscailuz Park.

• No class September 7.

33637	M	4:00pm-5:00pm	6/15-7/27	BIS	\$140/7 Mtgs
33638	W	4:00pm-5:00pm	6/17-7/29	BIS	\$140/7 Mtgs
33667	M	4:00pm-5:00pm	8/10-9/21	BIS	\$120/6 Mtgs
33668	W	4:00pm-5:00pm	8/12-9/23	BIS	\$140/7 Mtgs

### Gymnastics: Level 2

Advanced gymnastics curriculum consists of more difficult skills including round-offs, back walkovers, aerial cartwheel drills, back handspring basics along with skills taught on bar and beam. Strength, conditioning and flexibility practice help gymnasts in developing new skills. Ages 5-13. Instructor: Tumble-N-Kids, Inc.

• Please note this class takes place at Biscailuz Park.

• Monday & Thursday classes for ages 8.5-13.

• Tuesday & Friday classes for ages 5-8.

• No class July 3 and September 7.

33639	M	5:00pm-6:00pm	6/15-7/27	BIS	\$140/7 Mtgs
33640	T	4:00pm-5:00pm	6/16-7/28	BIS	\$140/7 Mtgs
33641	Th	4:00pm-5:00pm	6/18-7/30	BIS	\$140/7 Mtgs
33642	F	4:00pm-5:00pm	6/26-7/31	BIS	\$100/5 Mtgs
33669	M	5:00pm-6:00pm	8/10-9/21	BIS	\$120/6 Mtgs
33670	T	4:00pm-5:00pm	8/11-9/22	BIS	\$140/7 Mtgs
33671	Th	4:00pm-5:00pm	8/13-9/24	BIS	\$140/7 Mtgs
33672	F	4:00pm-5:00pm	8/14-9/25	BIS	\$140/7 Mtgs

### Gymnastics: Academy 3

Gymnasts with advanced skills will focus on more difficult skills on floor, bars and beam. Take your skills to the top level with our experienced coaches instructing you to maximize your individual talents. Ages 7-13. Instructor: Tumble-N-Kids, Inc.

33636	W	5:00pm-6:00pm	6/17-7/29	BIS	\$140/7 Mtgs
33665	W	5:00pm-6:00pm	8/12-9/23	BIS	\$140/7 Mtgs



## Sports Instruction

### Adaptive Recreation Pee Wee Sports Program

This free eight week-program is designed to introduce children ages 4-8, with developmental and/or intellectual disabilities, to an organized sports practice and game setting. The summer season will focus on the sport of baseball. Instructor: City Staff

33625	M,W	5:00pm-6:00pm	6/15-8/5	BLM	Free
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### Beginning Karate

This class is designed for youth who are interested in learning self defense. Additionally students will learn hand eye coordination and improve their motor functions. Ages 5-15.

Instructor: Sensei Bryce Watanabe

• \$18 materials fee for first time students.

• No class June 25.

• September classes meet at Mayfair Park.

• Discount available if registering for both Tuesday and Thursday class sessions. Contact the Recreation and Community Services Department for details.

33210	T	4:30pm-5:15pm	6/16-7/14	CTR	\$47/5 Mtgs
33211	Th	4:30pm-5:15pm	6/18-7/16	CTR	\$38/4 Mtgs
33218	T	4:30pm-5:15pm	7/28-8/18	CTR	\$38/4 Mtgs
33220	Th	4:30pm-5:15pm	7/30-8/20	CTR	\$38/4 Mtgs
33219	T	4:30pm-5:15pm	9/1-9/22	MAY	\$38/4 Mtgs
33221	Th	4:30pm-5:15pm	9/3-9/24	MAY	\$38/4 Mtgs

### Intermediate Karate

This class is for kids who have taken the Beginner Karate class. Students will continue to learn more kata and a small amount of kumite. There will be a larger focus on discipline and concentration. Ages 5 and older. Instructor: Sensei Bryce Watanabe

• No class June 25.

• September classes meet at Mayfair Park.

• Discount available if registering for both Tuesday and Thursday class sessions. Contact the Recreation and Community Services Department for details.

33214	T	5:15pm-6:00pm	6/16-7/14	CTR	\$47/5 Mtgs
33215	Th	5:15pm-6:00pm	6/18-7/16	CTR	\$38/4 Mtgs
33238	T	5:15pm-6:00pm	7/28-8/18	CTR	\$38/4 Mtgs
33240	Th	5:15pm-6:00pm	7/30-8/20	CTR	\$38/4 Mtgs
33239	T	5:15pm-6:00pm	9/1-9/22	MAY	\$38/4 Mtgs
33241	Th	5:15pm-6:00pm	9/3-9/24	MAY	\$38/4 Mtgs

### Advanced Karate

This class is for those who have previously taken the Intermediate Karate class, or new adults who are interested in learning self defense. Ages 10 to adult. Instructor: Sensei Bryce Watanabe

• No class June 25.

• September classes meet at Mayfair Park.

• Discount available if registering for both Tuesday and Thursday class sessions. Contact the Recreation and Community Services Department for details.

33216	T	6:00pm-7:00pm	6/16-7/14	CTR	\$47/5 Mtgs
33217	Th	6:00pm-7:00pm	6/18-7/16	CTR	\$38/4 Mtgs
33230	T	6:00pm-7:00pm	7/28-8/18	CTR	\$38/4 Mtgs
33232	Th	6:00pm-7:00pm	7/30-8/20	CTR	\$38/4 Mtgs
33231	T	6:00pm-7:00pm	9/1-9/22	MAY	\$38/4 Mtgs
33233	Th	6:00pm-7:00pm	9/3-9/24	MAY	\$38/4 Mtgs

**Recreation Scholarships are available through  
Lakewood Project Shepherd.  
Call 562-925-7512 for more information.**

# Teen & Youth Fitness and Sports



## Family Karate

This class is for families who would like to learn karate together, work on their physical and team-building skills, and have fun building up a sweat with their families. This class runs alongside the Advanced Level Karate class to allow those participants the opportunity to teach other classmates providing a collaborative class experience. Ages 5 to adult. Instructor: Sensei Bryce Watanabe

- No class June 25.
- September classes meet at Mayfair Park.
- Discount available if registering for both Tuesday and Thursday class sessions. Contact the Recreation and Community Services Department for details.

33212	T	6:00pm-7:00pm	6/16-7/14	CTR	\$47/5 Mtgs
33213	Th	6:00pm-7:00pm	6/18-7/16	CTR	\$38/4 Mtgs
33234	T	6:00pm-7:00pm	7/28-8/18	CTR	\$38/4 Mtgs
33236	Th	6:00pm-7:00pm	7/30-8/20	CTR	\$38/4 Mtgs
33235	T	6:00pm-7:00pm	9/1-9/22	MAY	\$38/4 Mtgs
33237	Th	6:00pm-7:00pm	9/3-9/24	MAY	\$38/4 Mtgs

## D-Up Basketball Ballers

D-Up Ballers will challenge participants mentally and physically in the game of basketball. This program is geared for all levels as it enhances your basketball skills. Participants will be working on dribbling, passing, shooting, defense, footwork and much more. There will be a weekly Player of the Week and prizes will be given out! Ages 7-16. Instructor: James Christian

- Location: Pan Am Park Gym, 5157 E. Centralia St., Long Beach.
- A \$20 material fee is due at the first class session.
- Please bring a basketball and water to class.
- All participants will be invited to attend an NBA game during the NBA season. More details will be provided by the instructor.

33207	Su	12:00pm-1:00pm	6/7-7/5	Off Site	\$125/5 Mtgs
33208	Su	12:00pm-1:00pm	7/19-8/16	Off Site	\$125/5 Mtgs



## BEST Youth Soccer

During this weekly soccer class, kids will learn the skills of soccer by participating in activities such as: dribbling, kicking, throw-ins, goalie skills and more! The goal and focus is to maintain an energetic and highly active program that will teach, encourage and advance young players regardless of their skill level. Ages 6-9.

Instructor: Beginners Edge Sports Staff

- Please bring an age-appropriate soccer ball with your child's name on it and a water bottle.
- Class will meet near the parking lot.
- No class July 4 and September 5.
- For more information visit [best-sports-usa.com/welcome/](http://best-sports-usa.com/welcome/).

33278	Sa	12:30pm-1:15pm	6/20-8/1	RYN	\$112/6 Mtgs
33286	Sa	12:30pm-1:15pm	8/15-9/19	RYN	\$93/5 Mtgs

## Kidz Love Soccer: Soccer 1

Players will learn dribbling, passing, defense and shooting goals! Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Perfect for first-time players while being fun and engaging for kids with some experience. All participants receive a Kidz Love Soccer jersey! Shin guards are required after the first meeting. Ages 5-6. Instructor: Kidz Love Soccer

33319	M	4:20pm-5:05pm	6/22-8/3	RYN	\$175/7 Mtgs
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## Kidz Love Soccer: Soccer 2

A great introduction to competitive soccer, Skillz and Scrimmages teaches advanced skill building such as dribbling, passing and shooting in a team format, as well as an introduction to goal-tending. Kids will scrimmage and learn to play together as a team. From defense and mid-field to forward and goalie, kids get exposure to playing every position and have a blast doing it. Appropriate for players of varying skill levels, and best of all, each participant receives a Kidz Love Soccer jersey! Shin guards are required. Ages 7-10. Instructor: Kidz Love Soccer

33318	M	3:30pm-4:15pm	6/22-8/3	RYN	\$175/7 Mtgs
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## Skyhawks Soccer

Your young athlete will gain the technical skills and sport knowledge required for their next step into soccer. Areas of focus are dribbling, passing, shooting and ball control. By the end of the program, your child will have learned new life skills such as teamwork and sportsmanship, made new friends and improved their soccer skills. Ages 6-8. Instructor: Skyhawks Sports Academy

- No class July 3.

33290	F	6:10pm-6:50pm	6/26-7/31	MAY	\$95/5 Mtgs
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# Teen & Youth Fitness and Sports

## Learn to Ice Skate (Youth)

This program is a fun introduction to ice skating. Participants will learn to skate forward and backwards, stop, hop and more! Whether interested in ice hockey, figure skating or skating around for fun, this class is a great start! Fee includes skate rental, 30-minute weekly lesson, and three public session passes. Please arrive 20 minutes early on the first day of class to fit skates. Please dress warmly, gloves are highly recommended. Ages 7-16. Instructor: The Rinks Staff

• **Location: The Rinks Lakewood Ice, 3975 Pixie Ave., Lakewood.**  
 • **\$20 annual Learn to Skate USA Membership required to join classes.**

• **To register visit <https://www.learntoskateusa.com>.**

• **No class July 1-4 and September 2-5.**

33493	W	6:20pm-6:50pm	6/24-8/5	Off Site	\$132/6 Mtgs
33494	Th	6:20pm-6:50pm	6/25-8/6	Off Site	\$132/6 Mtgs
33495	Sa	11:15am-11:45am	6/27-8/8	Off Site	\$132/6 Mtgs
33499	W	6:20pm-6:50pm	8/26-9/23	Off Site	\$88/4 Mtgs
33500	Th	6:20pm-6:50pm	8/27-9/24	Off Site	\$88/4 Mtgs
33501	Sa	11:15am-11:45am	8/29-9/26	Off Site	\$88/4 Mtgs

## Young Champions Karate (New Students)

This program combines safety awareness with self-defense instruction. Emphasis is placed on the learning of physical and verbal skills for self-defense. Students progress in rank and earn their belts! We welcome students from any style. Ages 4-15.

Instructor: Young Champions Staff

• **\$35 fee for uniforms.**

• **No class July 3.**

33203	F	5:15pm-5:55pm	6/26-9/25	BOY	\$138/13 Mtgs
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## Young Champions Karate (Yellow Belts & Above)

This program combines safety awareness with self-defense instruction. Emphasis is placed on the learning of physical and verbal skills for self-defense. Students progress in rank and earn their belts! We welcome students from any style. Ages 4-18.

Instructor: Young Champions Staff

• **\$35 fee for uniforms.**

• **No class July 3.**

33205	F	6:00pm-6:40pm	6/26-9/25	BOY	\$138/13 Mtgs
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## Youth Evolution Basketball (Level 2)

This course is designed for children ages 5-7 years and focuses on dribbling, passing, shot technique and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge. The sport of basketball will be explored with a variety of activities and games.

Instructor: Youth Evolution Basketball Staff

33242	W	4:30pm-5:15pm	6/24-7/15	SM	\$84/4 Mtgs
33250	W	4:30pm-5:15pm	7/29-8/19	SM	\$84/4 Mtgs
33251	W	4:30pm-5:15pm	9/2-9/23	SM	\$84/4 Mtgs



# MINI-PITCH SOCCER TOURNAMENT

FREE

Get ready for the World Cup with two fun youth mini-pitch soccer tournaments, ending with championship games at the Finals Match Watch Party at Mayfair Park.

## JUNE 20 & JULY 11

9 a.m. at Palms Park



### CHAMPIONSHIP MATCH

July 19 at 10 a.m.

Mayfair Park, 5720 Clark Ave.

Open for boys and girls ages 8-12

Sign-up as a team (min 5 & max 8 players)

15 Min Matches

Register at: [www.lakewoodca.gov/tournament](http://www.lakewoodca.gov/tournament)

Scan QR code to register:



# Teen & Youth Fitness and Sports

## Youth Evolution Basketball (Level 3)

This course is designed for children ages 8-11 years and is aimed to improve large motor skills, spatial awareness and teamwork. The instructor will focus on agility, as drills become more advanced and teach children how to perform under pressure of the clock and opponents. Drills are focused on complex activities that include fast breaks, coordinated offensive plays and multiple defensive structures. Children will learn explosive plays, improve their footwork, and develop their range and accuracy of shooting.

Instructor: Youth Evolution Basketball Staff

33243	W	3:45pm-4:30pm	6/24-7/15	SM	\$84/4 Mtgs
33248	W	3:45pm-4:30pm	7/29-8/19	SM	\$84/4 Mtgs
33249	W	3:45pm-4:30pm	9/2-9/23	SM	\$84/4 Mtgs

## Tennis Classes

### Junior Advanced Tennis

This Junior Advanced Tennis class is designed for dedicated players ages 13-18 who have a strong foundation in the fundamentals and are looking to compete at a high level. The curriculum goes beyond basic strokes, focusing on refining technique, developing strategic thinking, and building the mental toughness required for tournament play. Instructor: Temujin Sykahua

- **Location:** Lakewood Tennis Center, 4212 Clubhouse Dr., Lakewood.
- **Prerequisites:** Participants should be able to consistently hit with topspin, serve with power and accuracy, and have some tournament experience.
- **Coach evaluation or prior participation in our intermediate program is required.**
- **Bring a tennis racket and two unopened Wilson or Penn balls.**
- **Proper tennis shoes required.**
- **No class September 7.**

33370	M	5:30pm-7:30pm	6/15-7/13	Off Site	\$155/5 Mtgs
33332	F	5:00pm-7:00pm	6/19-7/17	Off Site	\$155/5 Mtgs
33331	Sa	10:15am-12:15pm	6/20-7/25	Off Site	\$155/5 Mtgs
33371	M	5:30pm-7:30pm	7/20-8/17	Off Site	\$155/5 Mtgs
33368	F	5:00pm-7:00pm	7/24-8/21	Off Site	\$155/5 Mtgs
33366	Sa	10:15am-12:15pm	8/1-8/29	Off Site	\$155/5 Mtgs
33372	M	5:30pm-7:30pm	8/24-9/28	Off Site	\$155/5 Mtgs
33369	F	5:00pm-7:00pm	8/28-9/25	Off Site	\$155/5 Mtgs
33367	Sa	10:15am-12:15pm	9/5-9/26	Off Site	\$124/4 Mtgs

### Junior Beginning Tennis

Introduce your child to the exciting world of tennis! Our fun and engaging junior tennis classes are designed to teach young players the fundamentals of the game in a safe and supportive environment. In this class, your child will learn basic strokes while developing proper grip and learn to hit forehands, backhands, and serves. Footwork and court movement will be taught to help improve agility and coordination through fun drills and games. Players will develop good sportsmanship skills and learn to play fair with others while building confidence on and off the court through positive reinforcement and encouragement. Classes are designed to be fun and engaging for all skill levels. Experienced and patient instructors create a positive learning environment where children can learn, grow, and have fun while developing a lifelong love for tennis. Ages 5-17.

Instructor: Temujin Sykahua

- **Location:** Lakewood Tennis Center, 4212 Clubhouse Dr., Lakewood.

- **Bring a tennis racket and two unopened Wilson or Penn balls.**
- **Proper tennis shoes required.**

33330	Sa	9:15am-10:15am	6/20-7/25	Off Site	\$105/5 Mtgs
33364	Sa	9:15am-10:15am	8/1-8/29	Off Site	\$105/5 Mtgs
33365	Sa	9:15am-10:15am	9/5-9/26	Off Site	\$84/4 Mtgs



### Junior Tennis Clinic (All Levels)

This challenging clinic is designed for junior players with some prior tennis experience who are looking to refine their skills and elevate their game. In this clinic your child will develop advanced stroke techniques and improve their forehand, backhand, serve, volley, and overhead with focused drills and instruction. Players will learn advanced match strategies, including shot selection, court positioning, and point construction while developing greater consistency and power in their strokes through demanding drills and competitive play. Additionally, friendly matches and scrimmages will be played allowing players to apply their skills and develop their competitive edge while increasing their speed and agility on the court. Ages 5-17. Instructor: Temujin Sykahua

- **Location:** Lakewood Tennis Center, 4212 Clubhouse Dr., Lakewood.

- **Bring a tennis racket and two unopened Wilson or Penn balls.**
- **Proper tennis shoes required.**

- **No class September 7.**

33329	M	5:30pm-7:30pm	6/15-7/13	Off Site	\$155/5 Mtgs
33328	T	5:00pm-7:00pm	6/16-7/14	Off Site	\$155/5 Mtgs
33327	Th	5:00pm-7:00pm	6/18-7/16	Off Site	\$155/5 Mtgs
33326	F	5:00pm-7:00pm	6/19-7/17	Off Site	\$155/5 Mtgs
33356	M	5:30pm-7:30pm	7/20-8/17	Off Site	\$155/5 Mtgs
33358	T	5:00pm-7:00pm	7/21-8/18	Off Site	\$155/5 Mtgs
33360	Th	5:00pm-7:00pm	7/23-8/20	Off Site	\$155/5 Mtgs
33362	F	5:00pm-7:00pm	7/24-8/21	Off Site	\$155/5 Mtgs
33357	M	5:30pm-7:30pm	8/24-9/28	Off Site	\$155/5 Mtgs
33359	T	5:00pm-7:00pm	8/25-9/22	Off Site	\$155/5 Mtgs
33361	Th	5:00pm-7:00pm	8/27-9/24	Off Site	\$155/5 Mtgs
33363	F	5:00pm-7:00pm	8/28-9/25	Off Site	\$155/5 Mtgs



# Preschool Programs

## Dance Classes

### Baby Kukui Hula

Let your little ones shake their hips in this fun introduction to Polynesian dances. Children ages 2-3 years old will learn grace and balance with hand and foot coordination.

Instructors: Ms. Willie Villa-Real and Mrs. Stephanie Fontela

• **Students will need to purchase a costume for performances, dates and cost TBA.**

• **Dance implements (poi balls) may be purchased through the instructor.**

• **Ohana discount available. Contact Recreation & Community Services for more information.**

33306	M	5:15pm-6:00pm	6/15-7/6	CTR	\$44/4 Mtgs
33314	M	5:15pm-6:00pm	7/13-8/3	CTR	\$44/4 Mtgs
33315	M	5:15pm-6:00pm	8/10-8/31	CTR	\$44/4 Mtgs

### Petite Pikake Hula

This class will introduce your 4-5 year old child to the beauty and grace of the Polynesian dance forms. Students will learn the basic steps as well as hand motions as they tell stories through hula. ALOHA!

Instructors: Ms. Willie Villa-Real and Mrs. Stephanie Fontela

• **Students will need to purchase a costume for performances, dates and cost TBA.**

• **Dance implements (poi balls) may be purchased through the instructor.**

• **Ohana discount available. Contact Recreation & Community Services for more information.**

33307	M	6:00pm-6:45pm	6/15-7/6	CTR	\$44/4 Mtgs
33397	M	6:00pm-6:45pm	7/13-8/3	CTR	\$44/4 Mtgs
33398	M	6:00pm-6:45pm	8/10-8/31	CTR	\$44/4 Mtgs

### Ballet & Tap for Tots

For little tykes who like to dance. This is a fun introduction to ballet & tap, which includes beginning movements, arm and foot positions. For ages 2-3. Instructor: Sandy Aniceto

• **No class August 22.**

33426	Sa	9:00am-9:45am	7/11-9/5	BOY	\$96/8 Mtgs
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### Ballet/Tap Combo

Help your child develop self-confidence and poise through the art of dance! Postures, grace, rhythm, arm and foot positions and basic stretches are taught through exercises specifically designed for this age group. The class will cover pre-tap and pre-ballet techniques. For ages 4-6. Instructor: Sandy Aniceto

• **No class August 22.**

33427	Sa	9:45am-10:30am	7/11-9/5	BOY	\$96/8 Mtgs
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### Sparkle Squad *New!*

Move and groove to the latest music and maybe some tunes from the past too. Hip Hop is great for having a fun dance party and building rhythm and coordination. Ages 4-6. Instructor: Kick It Up Staff

• **Location: Kick It Up, 8129 E. Wardlow Rd., Long Beach.**

• **Please note: parents are to remain outside of the classroom during instruction time.**

33534	M	4:00pm-4:45pm	7/6-8/10	Off Site	\$90/6 Mtgs
33535	W	4:00pm-4:45pm	7/8-8/12	Off Site	\$90/6 Mtgs
33536	Th	4:45pm-5:30pm	7/9-8/13	Off Site	\$90/6 Mtgs

## Tutus & Bowties *New!*

Have fun exploring both types of dance - ballet and tap. Appropriate shoes required. Ages 3-5. Instructor: Kick It Up Staff

• **Location: Kick It Up, 8129 E. Wardlow Rd., Long Beach.**

• **Please note: parents are to remain outside of the classroom during instruction time.**

33515	M	4:00pm-4:45pm	7/6-8/10	Off Site	\$90/6 Mtgs
33529	M	4:45pm-5:30pm	7/6-8/10	Off Site	\$90/6 Mtgs
33514	T	4:00pm-4:45pm	7/7-8/11	Off Site	\$90/6 Mtgs
33530	W	4:00pm-4:45pm	7/8-8/12	Off Site	\$90/6 Mtgs
33531	W	4:45pm-5:30pm	7/8-8/12	Off Site	\$90/6 Mtgs
33516	Sa	11:30am-12:15pm	7/11-8/15	Off Site	\$90/6 Mtgs

## Gymnastics Classes

### Teeny Tumblers

Enjoy special time together in activities fun for both parent and little cruiser. Teeny Tumblers will safely build important motor skills, balance and coordination as they explore tunnels, roll and crawl down the 'big cheese', slides, balls and lots of creative age appropriate tumbling fun. Plus, music makes everything more fun! Parent participation required. For boys and girls ages 12-24 months. Instructor: Tumble-N-Kids, Inc.

• **Please note this class takes place at Biscailuz Park.**

• **No class July 3 & 4 and September 5.**

33646	Sa	9:30am-10:15am	6/13-8/1	BIS	\$105/7 Mtgs
33644	W	10:00am-10:45am	6/17-7/29	BIS	\$105/7 Mtgs
33645	F	10:00am-10:45am	6/26-7/31	BIS	\$75/5 Mtgs
33652	W	10:00am-10:45am	8/12-9/23	BIS	\$105/7 Mtgs
33653	F	10:00am-10:45am	8/14-9/25	BIS	\$105/7 Mtgs
33654	Sa	9:30am-10:15am	8/15-9/26	BIS	\$90/6 Mtgs

### Tumble Stars

Girls and boys ages 2-3 are introduced to safe, age-appropriate tumbling skills: 'Position of the Day' rolls, balance beams, and beginning cartwheels. Led by an experienced instructor using music, games, props, and creative play, kids develop body control, focus, strength, coordination and balance. Progressive skill instruction helps children happily zoom to confidence, pride and skill success! Parent participation is required. Instructor: Tumble-N-Kids, Inc.

• **Please note this class takes place at Biscailuz Park.**

• **No class July 4 and September 5.**

33650	Sa	10:15am-11:15am	6/13-8/1	BIS	\$140/7 Mtgs
33647	T	10:00am-11:00am	6/16-7/28	BIS	\$140/7 Mtgs
33649	Th	10:00am-11:00am	6/18-7/30	BIS	\$140/7 Mtgs
33655	T	10:00am-11:00am	8/11-9/22	BIS	\$140/7 Mtgs
33657	Th	10:00am-11:00am	8/13-9/24	BIS	\$140/7 Mtgs
33658	Sa	10:15am-11:15am	8/15-9/26	BIS	\$120/6 Mtgs



# Preschool Programs



## Young Boys Tumbling

This beginning level class will introduce boys to basic gymnastics skills and fundamentals in floor tumbling, bar and beam. Our coaches will focus on developing strength, flexibility and coordination in a positive environment, filled with energy. Gymnastics skills are useful in all sports and build confidence, agility, balance, strength and boost self esteem! Ages 5-7. Instructor: Tumble-N-Kids, Inc.

• Please note this class takes place at Biscailuz Park.

33651	T	5:00pm-6:00pm	6/16-7/28	BIS	\$140/7 Mtgs
33663	T	5:00pm-6:00pm	8/11-9/22	BIS	\$140/7 Mtgs

## Gymnastic Giants

Students focus on developing gymnastic/tumbling skills, coordination, strength, balance, agility and following direction. Safely led by an experienced instructor, skills include: beginning cartwheels, forward and backward rolls, balance beams plus obstacle courses, movement/exercise games and music! Progressive skill instruction and positive reinforcement encourage confidence, pride, and good attitude while helping your child ages 3-5 become a giant success! Parent participation is required. Instructor: Tumble-N-Kids, Inc.

• Please note this class takes place at Biscailuz Park.

• No class July 3 & 4 and September 5.

33635	Sa	11:15am-12:15pm	6/13-8/1	BIS	\$140/7 Mtgs
33632	T	11:00am-12:00pm	6/16-7/28	BIS	\$140/7 Mtgs
33633	Th	11:00am-12:00pm	6/18-7/30	BIS	\$140/7 Mtgs
33634	F	5:00pm-6:00pm	6/26-7/31	BIS	\$100/5 Mtgs
33659	T	11:00am-12:00pm	8/11-9/22	BIS	\$140/7 Mtgs
33660	Th	11:00am-12:00pm	8/13-9/24	BIS	\$140/7 Mtgs
33661	F	5:00pm-6:00pm	8/14-9/25	BIS	\$140/7 Mtgs
33662	Sa	11:15am-12:15pm	8/15-9/26	BIS	\$120/6 Mtgs

## Junior Olympians

Beginner gymnast curriculum consists of introductory skills including forward rolls, backward rolls, cartwheels, headstands, handstands, and more advanced progressions as they master gymnastics basics. Beginner class includes fundamentals on floor, bar and beam with an emphasis on body shaping, conditioning and flexibility to increase body awareness, build strength, coordination, and boost self-esteem! Ages 4-5.

Instructor: Tumble-N-Kids, Inc.

• Please note that this class takes place at Biscailuz Park.

• No class July 3.

33675	W	10:45am-11:45am	6/17-7/29	BIS	\$140/7 Mtgs
33643	F	11:00am-12:00pm	6/26-7/31	BIS	\$100/5 Mtgs
33676	W	10:45am-11:45am	8/12-9/23	BIS	\$140/7 Mtgs
33666	F	11:00am-12:00pm	8/14-9/25	BIS	\$140/7 Mtgs

## Sports Instruction

### 3-Sport Multi Sport (Preschool)

During this course, participants will learn the fundamentals of three fantastic sports: soccer, baseball/softball and track. Participants will learn how to kick and control a soccer ball, how to hit, catch, throw and run the bases, and running, jumping and building strength and endurance in track and field. The goal and focus is to maintain an energetic and highly active program that will teach, encourage and advance your young players regardless of their skill level. Ages 2-5. Instructor: Beginners Edge Sports Staff

• Please bring an age-appropriate soccer ball for the first week of class.

• A hitting tee and plastic bat are needed later in the session.

• Class will meet near the parking lot.

• 9 a.m. ages 2-3 / 10:40 a.m. ages 3-5.

• No class July 4 and September 5.

• For more information visit [best-sports-usa.com/welcome/](http://best-sports-usa.com/welcome/).

33274	Sa	9:00am-9:45am	6/20-8/1	RYN	\$112/6 Mtgs
33276	Sa	10:40am-11:25am	6/20-8/1	RYN	\$112/6 Mtgs
33282	Sa	9:00am-9:45am	8/15-9/19	RYN	\$93/5 Mtgs
33283	Sa	10:40am-11:25am	8/15-9/19	RYN	\$93/5 Mtgs

### BEST Little Sluggers Baseball

This class is a fun introduction to the basics of baseball! Toddlers will explore throwing, catching, and hitting through playful activities and games designed to encourage movement and coordination.

It's all about fun and learning in a supportive environment created by Beginners Edge Sports Training. Tell your friends and enroll together! Ages 2-3. Instructor: Beginners Edge Sports Staff

• Please bring a hitting tee and bat.

• Class will meet near the parking lot.

• No class July 5 and September 6.

• For more information visit [best-sports-usa.com/welcome/](http://best-sports-usa.com/welcome/).

33279	Su	12:00pm-12:45pm	6/21-8/2	RYN	\$112/6 Mtgs
33287	Su	12:00pm-12:45pm	8/16-9/20	RYN	\$93/5 Mtgs

### BEST Junior Sluggers Baseball

In this 45-minute class, young players will begin learning baseball fundamentals like hitting, catching, and throwing, all through fun drills and activities. The class includes infield/outfield scrimmaging, encouraging skill development, teamwork, and confidence, created by Beginners Edge Sports Training. Tell your friends and enroll together! Ages 3-6. Instructor: Beginners Edge Sports Staff

• Please bring a hitting tee and bat.

• Class will meet near the parking lot.

• 12:50 p.m. ages 3-4 / 1:40 p.m. ages 4-6.

• No class July 5 and September 6.

• For more information visit [best-sports-usa.com/welcome/](http://best-sports-usa.com/welcome/).

33280	Su	12:50pm-1:35pm	6/21-8/2	RYN	\$112/6 Mtgs
33281	Su	1:40pm-2:25pm	6/21-8/2	RYN	\$112/6 Mtgs
33288	Su	12:50pm-1:35pm	8/16-9/20	RYN	\$93/5 Mtgs
33289	Su	1:40pm-2:25pm	8/16-9/20	RYN	\$93/5 Mtgs

# Preschool Programs



## BEST Preschool Soccer

During this weekly soccer class, kids will learn the skills of soccer by participating in activities such as: dribbling, kicking, throw-ins, goalie skills and more! The goal and focus is to maintain an energetic and highly active program that will teach, encourage and advance young players regardless of their skill level. Ages 16 months-5 years. Instructor: Beginners Edge Sports Staff

• **Please bring an age-appropriate soccer ball with your child's name on it and a water bottle.**

• **9:50 a.m. ages 16 months-2 yrs. / 11:40 a.m. ages 3-5.**

• **Class will meet near the parking lot.**

• **No class July 4 and September 5.**

• **For more information visit [best-sports-usa.com/welcome/](http://best-sports-usa.com/welcome/).**

33275 Sa 9:50am-10:35am 6/20-8/1 RYN \$112/6 Mtgs

33277 Sa 11:40am-12:25pm 6/20-8/1 RYN \$112/6 Mtgs

33284 Sa 9:50am-10:35am 8/15-9/19 RYN \$93/5 Mtgs

33285 Sa 11:40am-12:25pm 8/15-9/19 RYN \$93/5 Mtgs

## D-Up Basketball Tiny Ballers

D-Up Tiny Ballers is an introduction to the fundamentals of basketball and will focus on basic dribbling, passing, shooting and hand-eye coordination. Children will play games while learning the game of basketball. A Player of the Week will be chosen weekly and prizes will be given out! Ages 3-6. Instructor: James Christian

• **Location: Pan Am Park Gym, 5157 E. Centralia St., Long Beach.**

• **A \$20 material fee is due at the first class session.**

• **Please bring a basketball and water to each class.**

• **All participants will be invited to attend an NBA game during the NBA season. More details will be provided by the instructor.**

33206 Su 11:00am-11:45am 6/7-7/5 Off Site \$125/5 Mtgs

33209 Su 11:00am-11:45am 7/19-8/16 Off Site \$125/5 Mtgs

## Kidz Love Soccer: Parent & Me Soccer

The fun happens on the field, so don't just watch from the sidelines! Here is your chance to join in your toddler's introduction to the world's most popular sport. You'll participate in fun, age-appropriate activities, and help your child to develop their motor and socialization skills. A variety of soccer activities are played each week. All participants receive a Kidz Love Soccer jersey! Ages 2-3.5. Parent participation is required. Instructor: Kidz Love Soccer Staff

33321 M 5:50pm-6:20pm 6/22-8/3 RYN \$175/7 Mtgs

## Kidz Love Soccer: Tot/Pre Soccer

Little tykes will enjoy running and kicking just like the big kids! Children will have fun and learn the basic techniques of the game while building self-esteem. Children learn to follow instructions in a nurturing, age appropriate environment. All participants receive a Kidz Love Soccer jersey! Shin guards are required after the first meeting. Ages 3.5-5 years. Instructor: Kidz Love Soccer Staff

33320 M 5:10pm-5:45pm 6/22-8/3 RYN \$175/7 Mtgs

## Learn to Ice Skate (Tot)

This program is a fun introduction to ice skating. Participants will learn to skate forward and backwards, stop, hop and more! Whether interested in ice hockey, figure skating or skating around for fun, this class is a great start! Fee includes skate rental, 30-minute weekly lesson, and three public session passes. Please arrive 20 minutes early on the first day of class to fit skates. Please dress warmly, gloves are highly recommended. Ages 3-6. Instructor: The Rinks Staff

• **Location: The Rinks Lakewood Ice, 3975 Pixie Ave., Lakewood.**

• **\$20 annual Learn to Skate USA Membership required to join classes.**

• **To register visit <https://www.learnatoskateusa.com>.**

• **No class July 1-4 and September 2-5.**

33490 W 5:45pm-6:15pm 6/24-8/5 Off Site \$132/6 Mtgs

33491 Th 5:45pm-6:15pm 6/25-8/6 Off Site \$132/6 Mtgs

33492 Sa 10:40am-11:10am 6/27-8/8 Off Site \$132/6 Mtgs

33496 W 5:45pm-6:15pm 8/26-9/23 Off Site \$88/4 Mtgs

33497 Th 5:45pm-6:15pm 8/27-9/24 Off Site \$88/4 Mtgs

33498 Sa 10:40am-11:10am 8/29-9/26 Off Site \$88/4 Mtgs

## Parent & Me Baby Ballers

Introduce your child ages 3-4 to the best sport on the planet! With parent participation and encouragement, the baby baller will learn the fundamental steps necessary to understand the sport of basketball. Instructor guidance helps facilitate developing movement skills using engaging games and activities with appropriately sized basketball hoops, providing an unforgettable experience.

Instructor: Youth Evolution Basketball Staff

33245 W 6:00pm-6:30pm 6/24-7/15 SM \$84/4 Mtgs

33254 W 6:00pm-6:30pm 7/29-8/19 SM \$84/4 Mtgs

33255 W 6:00pm-6:30pm 9/2-9/23 SM \$84/4 Mtgs

## Youth Evolution Basketball (Level 1)

This course is designed for children ages 4-5 years to learn the fundamental concepts of basketball, movement skills and build overall motor skills. The program focuses on technique through the use of activities that build on each other, helping children to gradually increase their basketball basic skills.

Instructor: Youth Evolution Basketball Staff

33244 W 5:20pm-5:55pm 6/24-7/15 SM \$84/4 Mtgs

33252 W 5:20pm-5:55pm 7/29-8/19 SM \$84/4 Mtgs

33253 W 5:20pm-5:55pm 9/2-9/23 SM \$84/4 Mtgs

## Pee Wee Karate **New!**

This class is designed for children ages 3-5 who are interested in learning karate while also having a good outlet to release some energy. They will learn hand and eye coordination as well as behavioral skills. Instructor: Sensei Bryce Watanabe

• **\$8 materials fee due in class.**

• **No class June 25.**

• **September classes meet at Mayfair Park.**

• **Discount available if registering for both Tuesday and Thursday class sessions. Contact the Recreation and Community Services Department for details.**

33222 T 4:00pm-4:30pm 6/16-7/14 CTR \$35/5 Mtgs

33225 Th 4:00pm-4:30pm 6/18-7/16 CTR \$28/4 Mtgs

33223 T 4:00pm-4:30pm 7/28-8/18 CTR \$28/4 Mtgs

33226 Th 4:00pm-4:30pm 7/30-8/20 CTR \$28/4 Mtgs

33224 T 4:00pm-4:30pm 9/1-9/22 MAY \$28/4 Mtgs

33227 Th 4:00pm-4:30pm 9/3-9/24 MAY \$28/4 Mtgs

## Skyhawks SoccerTots

Kickstart a passion for soccer with SoccerTots, an active, game-based introduction for young athletes. This program enhances motor skills and self-confidence with engaging activities that focus on developing core soccer skills introducing friendly competition. Parent participation is required with children 3.5 years and younger. Instructor: Skyhawks Sports Academy

- **4:30 p.m. class ages 2-3.5. Parent participation required.**
- **5:20 p.m. classes ages 3.5-5.**
- **No class July 3.**

33291	F	4:30pm-5:10pm	6/26-7/31	MAY	\$95/5 Mtgs
33292	F	5:20pm-6:00pm	6/26-7/31	MAY	\$95/5 Mtgs

## Educational Classes

### Parent & Baby Spanish Through Play

Come explore the Spanish language with your little one! This class offers music, storytime, sensory play and exploration, for children ages infant-3 years old, all in Spanish. It's a great way to introduce a new language or reinforce what's already being practiced at home. There will be movement, art, and dramatic play practices. Gentle and easy going class structure. This is a parent and me class.

Instructor: Xochitl Brizuela

- **Please register early! Classes will only be held if minimum registration is met.**

33419	T	10:30am-11:30am	6/16-8/4	BOY	\$200/8 Mtgs
33424	T	10:30am-11:30am	8/11-9/22	BOY	\$182/7 Mtgs

### Parent & Me Spanish Through Play

Come explore the Spanish language with your little one! This class offers music, storytime, sensory play and exploration, for children ages 3-6 years old, all in Spanish. This is a full immersion Spanish experience. Best suited for children past the oral stage of development. It's a great way to introduce a new language or reinforce what's already being practiced at home. Gentle and easy going class structure. This is a parent and me class.

Instructor: Xochitl Brizuela

- **Please register early! Classes will only be held if minimum registration is met.**

33418	T	9:30am-10:30am	6/16-8/4	BOY	\$200/8 Mtgs
33423	T	9:30am-10:30am	8/11-9/22	BOY	\$182/7 Mtgs

### Spanish Music & Storytime

Come explore the Spanish language with your little one! This is a great Spanish introduction for your little ones, ages 6 and under. There will be lots of music, movement, and some cuddle storytime. This is a great way to introduce a new language or reinforce what's already being practiced at home. Gentle and easygoing class structure. This is a parent and me class. Instructor: Xochitl Brizuela

- **Please register early! Classes will only be held if minimum registration is met.**

33417	T	9:00am-9:30am	6/16-8/4	BOY	\$200/8 Mtgs
33422	T	9:00am-9:30am	8/11-9/22	BOY	\$182/7 Mtgs

### Finished with this Brochure?

**Don't throw it away! Pass it along to a friend.  
We rely upon our friends to help us spread the word  
about our programs.**

## Fine Arts Instruction

### Little Limelight

This unique Musical Theatre class for children ages 4-5 will focus on singing, dancing and acting. Learn choreography to age appropriate Broadway songs, build confidence while singing in front of others, and let your imagination run free through foundational drama games and storytelling. Instructor: Kick It Up Staff

- **Location: Kick It Up, 8129 E. Wardlow Rd., Long Beach.**

• **Please note: parents are to remain outside of the classroom during instruction time.**

33537	T	4:45pm-5:30pm	7/7-8/11	Off Site	\$90/6 Mtgs
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**TOT LOT REGISTRATION HELD  
JULY 31 & AUGUST 7  
AT TWO LAKEWOOD PARKS**



Tot Lot, a parent cooperative program for 2-5 year olds, is held at Del Valle and Mayfair Parks during the fall, winter and spring. Tot Lots meet Monday - Friday, 9:30 - 11:30 a.m. in the fenced preschool play area of each park. Parents are responsible for each Tot Lot's operation and work a rotating schedule to supervise the play area and planned activities.

**Registration will be held on Fridays, July 31 & Aug. 7 at Del Valle and Mayfair Parks. Registration time will be between 9:30 and 11:30 a.m. for both parks.**

Up-to-date immunization cards, including mandatory TB tests (for adults) and proof of age are required at the time of registration.

A limited number of visitors are allowed in the play area during organized Tot Lot activities, limited to one visit per month. Visitors must follow Tot Lot rules. For more information, contact a city park where Tot Lot is scheduled or call (562) 866-9771, ext. 2408.

# Registration Information

## 4 EASY WAYS TO REGISTER



### ONLINE

You're first in line to register for your favorite classes with eCatalog: [www.lakewoodca.gov/ecatalog](http://www.lakewoodca.gov/ecatalog)  
**Credit cards only**



### PHONE

562-866-9771, ext. 2408  
**Credit cards only**



### MAIL

Fill out and sign the LIFE registration form and mail to: City of Lakewood, P.O. Box 158, Lakewood, CA, 90714.  
**Check or money order only — Do not send cash!**



### WALK-IN

#### Lakewood City Hall

From 7:30 a.m. - 5:30 p.m., M-Th and alternating Fridays at Lakewood City Hall.  
**All payment forms accepted**  
**Class Location**  
 Walk-in registration at class location is based on availability.  
**Only checks are accepted**

The City of Lakewood is committed to providing equal access to all programs and services. If you need an accommodation to participate, including assistance with registration, forms, or materials in an alternate format, please **contact the Recreation and Community Services Department at 562-866-9771, ext. 2408 or [accessrecreation@lakewoodca.gov](mailto:accessrecreation@lakewoodca.gov). Or contact the City's ADA Coordinator at 562-866-9771 or [ADACoordinator@lakewoodca.gov](mailto:ADACoordinator@lakewoodca.gov). Requests should be made as early as possible to ensure availability.**

## SUMMER CALENDAR

**Resident Registration begins:**  
**Thursday, May 21**

**Non-Resident Registration Begins:**  
**Monday, June 1**

**Most Classes Begin Week Of:**  
**Monday, June 15**

### Non-residents add the following fees for each class enrollment.

IF CLASS FEE IS:

\$0 - \$10	NO ADDITIONAL FEE
\$11 - \$29	ADD ADDITIONAL \$5 NON-RESIDENT FEE
\$30 - \$59	ADD ADDITIONAL \$10 NON-RESIDENT FEE
\$60 & OVER	ADD ADDITIONAL \$15 NON-RESIDENT FEE

### REFUND POLICY

Refunds are accepted if requested before the second class meeting or one business day prior to one-day classes. There is a \$5 administrative fee for refunds. Travel and Day Camp programs have additional refund policies. Refunds will not include material fees. A full refund will be made in the event an activity is cancelled by the City prior to the starting date.

### TRANSACTION FEE

A non-refundable \$2.44 transaction fee will be charged per receipt.

### SATISFACTION GUARANTEED

If you are not completely satisfied with your class, notify us immediately and we will arrange for you to: repeat the class at no charge, transfer you to another class or receive a refund.

### TRANSFER POLICY

Class transfers must be made before the second class meeting. Any additional class payment must be received at this time.

**Only one (1) transfer per class participant is permitted.**

**WE STRONGLY RECOMMEND ADVANCE REGISTRATION DUE TO CLASS SIZE LIMITATIONS AND TO ENSURE A MINIMUM NUMBER OF CLASS PARTICIPANTS.**

## City of Lakewood Parks & Facilities Guide

- Biscailuz Park (BIS)**  
2601 Dollar St.  
562-634-3348
- Bloomfield Park/TRC (BLM)**  
21420 Pioneer Blvd.  
562-865-1717
- Bolivar Park (BOL)**  
3300 Del Amo Blvd.  
562-421-3881
- Boyar Park (BOY)**  
6701 Del Amo Blvd.  
562-925-6912
- Burns Community Center (BCC)**  
5510 Clark Ave.  
562-925-7512
- Candleverde Park**  
6302 Candlewood St.

- Cherry Cove Park**  
5159 Meadow Wood Ave.
- The Centre (CTR)**  
5000 Clark Ave.  
562-804-4434
- City Hall**  
5050 Clark Ave.  
562-866-9771 x 2408
- Community Gardens**  
Candlewood St. & Palo Verde Ave.
- Del Valle Park (DV)**  
5939 Henrilee St.  
562-429-0545
- Home Run Dog Park**  
Del Amo & Studebaker  
562-866-9771 x 2408

- Hoover Middle School (HVR)**  
Gym  
3501 Country Club Dr.  
562-421-1213
- Iacoboni Library**  
4990 Clark Ave.  
562-866-1777
- Lakewood Equestrian Center**  
11369 Carson St.  
562-896-2373
- Lakewood Tennis Center**  
4212 Clubhouse Dr.  
562-496-3530
- Lakewood Youth Center (LYC)**  
4658 Woodruff Ave.  
562-429-7472

- Mayfair Park (MAY)**  
5720 Clark Ave.  
562-866-4776
- Mayfair Pool (MPL)**  
5720 Clark Ave.  
562-804-4256
- McCormick Pool (MCP)**  
3300 Del Amo Blvd.  
562-421-3343
- Monte Verde Park (MVP)**  
4626 N. Shadeway Rd.  
562-429-0598
- Nye Library**  
6600 Del Amo Blvd.  
562-421-8497

- Palms Park (PLMS)**  
12305 207th St.  
562-865-6414
- Rynerson Park (RYN)**  
Del Amo & Studebaker  
562-925-6912
- San Martin Park (SM)**  
5231 Ocana Ave.  
562-867-1090
- Weingart Senior Center (WSC)**  
5220 Oliva Ave.  
562-630-6141
- The Nature Trail**  
4626 Shadeway Rd.

Call (562) 866-9771, ext. 2408 for more information  
[www.lakewoodca.gov/recreation](http://www.lakewoodca.gov/recreation)

# LIFE Form

## (Lakewood Individual & Family Enrollment) Form



CITY OF LAKEWOOD RECREATION & COMMUNITY SERVICES

If you've filled out the Lakewood LIFE Form in the past, please complete **Steps 1 and 3**. Please complete all steps if you have never filled out a LIFE form.

Check this box if you have a change of address, phone number or name. Be sure to also complete **Step 2** with your up-to-date information.

**Step 1** First, give us your email address. Email: \_\_\_\_\_

**Step 2** Next, decide who the **Main Contact** is for your family. This is normally the person who is responsible for signing up family members and paying for activities. (Note: Any refund processed for this account will be payable to the Main Contact.)

_____	_____	_____	(____) _____
Main Contact Last Name	First Name	MI	Cell Phone
_____	_____	_____	(____) _____
Street Address	Apt. No.	Home Phone	
_____	_____	_____	
City	Zip Code	Birth Date (mm/dd/yy)	

**Step 3** Participant Information Please list separately each participant and the activity information requested.

Activity #	Last Name	First Name	Activity Name	Sex M/F	Birth Date mm/dd/yy	Start Date	Fee
1.							
2.							
3.							
4.							
<b>Non-residents add the following fees for each class enrollment, if class fee is:</b> \$0-\$10 no additional fee      \$30-\$59 add additional \$10 non-resident fee \$11-\$29 add additional \$5 non-resident fee      \$60 and over add additional \$15 non-resident fee						Total of activity fees	
						Total non-resident fees	
						Transaction Fee	<b>\$2.44</b>
						Total Paid	

**WAIVER, RELEASE, HOLD HARMLESS AND AGREEMENT NOT TO SUE**

I, the undersigned, fully understand that my and/or my child(ren)'s participation in the activity(ies), hereinafter referred to as "EVENT/CLASS" exposes me and/or my child(ren) to the risk of personal injury, death, communicable diseases, illnesses, viruses, or property damage. I hereby acknowledge my and/or my child(ren)'s voluntary participation in EVENT/CLASS and agree to assume any such risks.

I hereby release, discharge and agree not to sue the City of Lakewood, hereinafter referred to as "CITY", its officers, employees and agents for any injury, death or damage to or loss of personal property arising out of, or in connection with, my and/or my child(ren)'s voluntary participation in EVENT/CLASS from whatever cause, including the active or passive negligence of CITY, its officers, employees and agents or any other participants in EVENT/CLASS. The parties to this agreement understand that this document is not intended to release any party from any act or omission of gross negligence, as the term is used in applicable case law and/or statutory provision.

In consideration for being permitted to participate in EVENT/CLASS, I hereby agree, for myself, my heirs, administrators, executors and assigns, that I shall indemnify and hold harmless CITY, its officers, employees and agents from any and all claims, demands, actions or suits arising out of or in connection with my and/or my child(ren)'s voluntary participation in EVENT/CLASS.

I understand and agree that EVENT/CLASS may be recorded for viewing and/or listening by others during EVENT/CLASS and at a future date. I consent to CITY's use of audio and video recordings and photographs of me and/or my child(ren) during EVENT/CLASS and that CITY may use audio and video segments or photographs of me and/or my child(ren) for any purpose, including but not limited to news, advertising and promotional purposes, without compensation to me and/or my child(ren). I hereby release and hold harmless CITY from any claims relating to the use of my and/or my child(ren)'s likeness and image.

I HAVE CAREFULLY READ THIS RELEASE, HOLD HARMLESS AND AGREEMENT NOT TO SUE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT IT IS A FULL RELEASE OF ALL LIABILITY AND SIGN IT ON MY OWN FREE WILL.

\_\_\_\_\_ Date

\_\_\_\_\_ Signature Required

Print Name \_\_\_\_\_ Method of Payment  Check  Money Order  Cash  Debit/Credit Card

**Return to: City of Lakewood, P.O. Box 158, Lakewood, CA 90714 • 562 866-9771, ext. 2408 • lakewoodca.gov/recreation**

If you need an accommodation to participate, including assistance with registration, forms, or materials in an alternate format, please contact the Recreation and Community Services Department at 562-866-9771, ext. 2408 or email [accessrecreation@lakewoodca.gov](mailto:accessrecreation@lakewoodca.gov).



Lakewood.

5050 Clark Avenue  
Lakewood, CA 90712

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CITY OF LAKEWOOD

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**BLOCK PARTY**  
Lakewood Civic Center

**Saturday, June 27**  
**4-9 p.m.**  
**Civic Center Plaza**  
5050 Clark Ave.

**LIVE ENTERTAINMENT**  
**Pop Vinyl**  
*Takes Center Stage - 5-9 p.m.*

**"ON THE BLOCK" Food Court**  
(Featuring Local Restaurants and Food Trucks)

**Family Fun Zone**  
(Games & Inflatable Attractions)

**Spectacular Fireworks Show**  
(Begins at 9:15 p.m.)

For more information, visit [www.lakewoodca.gov/blockparty](http://www.lakewoodca.gov/blockparty).