

Recreation & Community Services • City of Lakewood

Community Assistance Directory



L.A. County Info Line
Dial 211

www.211la.org

A 24 hour, 7 days a week multilingual information and referral service. This agency has up-to-date information on a variety of services, from emergency food and shelter to transportation and other services.

HEALTHCARE AND AGING

Bellflower Health Center, L.A. County (562) 804-8112
10005 E. Flower St., Bellflower, 90706 dhs.lacounty.gov/bellflower
M-F 8:00 a.m.- 4 p.m. By appointment only.

Comprehensive Care Center (562) 599-2153
1333 Chestnut Ave. #205 A, Long Beach, 90813 dhs.lacounty.gov/longbeach
Office Hours: M,W-F 8:00 a.m.-4:30 p.m. Tu. 11:00 a.m.- 6:30 p.m.
Clinic hours M-F 7:30 a.m.-7:30 p.m.

Harbor - UCLA Medical Center (310) 222-2345
1000 Carson St., Torrance, 90502 dhs.lacounty.gov/harbor-ucla-medical-center
Hours: M-F 8:00 a.m.– 5:00 p.m. for general medical services;
evenings and weekends for emergency care only. ER is 24 hrs.

Los Angeles County Health Line (800) 427-8700
Phone lines open 24/7. lacountyhelps.org

Medicare Information Line (800) MEDICARE
633-4227

Pathways Volunteer Hospice (562) 531-3031
4645 Woodruff Ave., Lakewood, 90713 pathwayschb.org
In-home hospice services, grief preparation and support, care giving
and companionship program.

Senior Case Manager at Weingart Senior Center (562) 630-6141
5220 Oliva Ave., Lakewood, 90712. Appointments on Mon. & Sat.

Wesley Health Centers - Bellflower (562) 867-7999
14371 Clark Ave., Bellflower, 90706 jwchbinstitute.org/locations
M-F 8:00 a.m.-5 p.m.

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NOTE: This list reflects the information available at the time it was compiled by city staff, and is subject to change. Please call to verify before visiting the facility.

EMPLOYMENT

To apply for unemployment benefits, visit: www.edd.ca.gov

America's Job Center of CA (562) 402-9336
10900 E. 183rd St. #392, Cerritos, 90703 www.selacowdb.com
M-F 8 a.m.-5 p.m. Provides career development and placement assistance.

Pacific Gateway Career Transition Center (562) 570-3700
4811 Airport Plaza Dr. #120, Long Beach, 90815 www.pacific-gateway.org
M-F 8 a.m.-5 p.m. Agency that connects job seekers to employment opportunities. Full-service resource center and workshop location.

MENTAL HEALTH AND OTHER SERVICES

Women Experiencing Domestic Violence (*Hotline, 24 hrs*) (562) 402-4888
www.sucasadv.org

Care Solace (*Mental Health Referral System*) (866) 515-7881
www.caresolace.com/site/lakewoodca

Community Family Guidance Center (*in Cerritos*) (562) 924-5526
Children's Mental Health Services www.cfqcenter.com

Elder Abuse Hotline (877) 4 R SENIORS
477-3646

Los Angeles County Mental Health (*in Cerritos*) (800) 854-7771

Los Angeles County Social Services (866) 613-3777

Los Angeles County Substance Abuse Helpline (844) 804-7500

Los Angeles County Veterans' Services (877) 4 LA VETS
452-8387

Suicide Prevention Crisis Line, 24 hrs 988 or (800) 273-8255

FOOD AND SHELTER

Catholic Charities - Long Beach Community Services Center

123 E. 14th St., Long Beach, 90813 (213) 251-3432
T-TH, 9:30 a.m.-12:30 p.m. & 1:00 p.m.-3 p.m. catholiccharitiesla.org
Emergency food, personal care items, formula, and diapers. Proof of income and identification is needed.

Christian Outreach in Action

515 E. 3rd St., Long Beach, 90802 (562) 432-1440
coalongbeach.org/services-3
Food bank, hot meals (breakfast, lunch & dinner), legal clinic, clothing and diaper bank. Call for specific times and requirements

Disabled Resource Center

2750 E. Spring St. #100, Long Beach, 90806 (562) 427-1000
drcinc.org
M-F 8 a.m.– Noon 1-5 p.m. Referrals for emergency shelter, food & transportation, housing assistance, utility assistance and counseling.

Long Beach Multi-Service Center

1301 W. 12th St., Long Beach, 90813 (562) 570-4500
longbeach.gov/homelessness
Intake M-W & F 8 a.m.-4 p.m. & Th 8 a.m.-2 p.m. Closed 12 - 1p.m.
Showers, toilet facilities, case management, housing referrals, & job placement.

Lutheran Social Services

1611 Pine Ave., Long Beach, 90813 (562) 599-1321
lsssc.org
M-Th 10 a.m.-12 p.m. & 12:30-2 p.m. 8am-5pm appt. only
Emergency food, clothing and emergency shelter; employment preparation; literacy classes.

LA HOP

la-hop.org
Referrals for homeless support & prevention services are available to anyone who is homeless or at risk of becoming homeless.

Project Shepherd

lakewoodcity.org/projectshepherd
Burns Community Center
(LKWD Residents Only, Zip Codes 90712 & 90713) (562) 925-7512
Palms Park (LKWD Residents Only, Zip Code 90715) (562) 865-6414

Food Bank of SoCal, Long Beach

Long Beach Rescue Mission (562) 435-3577
(562) 591-1292
Los Angeles Homeless Services Authority (213) 683-3333